

BEYOND THE BLACKBOARD



DISTRICT 24 – SCARBOROUGH AND EAST YORK



Volume 31 Number 3

FALL 2012

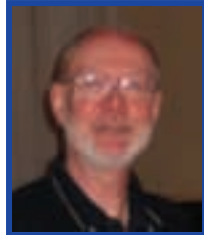
www.rtoerotorontodistricts.org

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▲ at our Fall Luncheon ▼



PRESIDENT'S MESSAGE **GEORGE DENNY**



We are certainly enjoying some beautiful autumn weather, taking pleasure in crisp mornings, perfect for a beginning of the day walk. The sun comes out bright, beautiful, and still hot. The leaves have turned into exciting yellows, oranges, reds, and artistic combinations of these fall colours and are now beginning to fall. A hint of frost is in the air. What an exciting time of the year - no bugs, warm days, no humidity. We are blessed to be retired and to live in this great country.

Three very enjoyable events have taken place in September and October. The B4K 15th annual golf tournament was very successful on September 11th. Many thanks to Lothar Maier and his team for organizing this worthwhile day. Thanks are due as well to the numerous sponsors and contributors of money and gifts. A total of \$7500.00 was distributed among four schools: TDSB East York: Crescent Town; TDSB Scarborough: West Hill Collegiate; TCDSB: St. Edmond Campion; and TDSB/Community - Extra Funding: Chester Le. Further information and photos will be found inside this newsletter under Lothar's Golf Report.

The annual Champagne Brunch took place on September 19th at the beautiful Cathedral Bluffs Yacht Club. A number of recent retirees were in attendance and introduced to RTO/ERO and to members of District 24. Helpful information, including details of RTO/ERO's indispensable health plans available to RTO/ERO members, was provided. Thanks are extended to Joanne Murphy who brought greetings from the provincial office and to Elaine Aprile and her "crew" who organized this event.

The Fall luncheon on Thursday, October 25th at Q-SSIS Banquet Hall was very well attended. The craft and gold sales were extremely successful. The lunch served by Q-SSIS staff was delicious and plentiful. Norbert Boudreau, First Vice-president of RTO/ERO, brought greetings from provincial office. He spoke about RTO/ERO's Charitable Foundation and its importance; RTO/ERO's valuable insurance plans; and RTO/ERO's recent survey on communications. (Norbert's talk is reprinted elsewhere in this newsletter.) This annual event has been planned for many years by Judy-Anne Tumber. She, her husband, and Marilyn Hodge, worked very hard to ensure that the day would be successful. It certainly was! Thank you, Judy-Anne.

Be sure to check out the other interesting events elsewhere in this newsletter as well as a coupon to be filled out to register.

On a personal note, my wife and I recently returned from a Mediterranean cruise to the Holy Land. A brief telling of our trip will be found on page 20.

~ continued on page 9

THIS IS DISTRICT 24...

CHAMPAGNE BRUNCH

It was a sunny midweek day, and where were we? Not at school dealing with that day's challenges, but at a beautiful waterfront setting with friends and new acquaintances. What better way to celebrate the next phase in our lives!

On Wednesday, September 19th, 56 new retirees met at Cathedral Bluffs Yacht Club for a delicious champagne brunch, courtesy of RTO District 24. The setting could not have been nicer and underscored how much our lives had changed from the same time last year.

During the proceedings, there were welcoming speeches from George Denny (President, RTO District 24) and Joan Murphy (Past President of Provincial RTO). Also included was helpful information about health coverage plans and the opportunities available for involvement in a variety of RTO activities.

There was no doubt that everyone left the event well satisfied. The weather for the remainder of the day continued to be perfect. We had been treated to a fine brunch; useful information was imparted; and everyone was given a handsome tote bag, celebrating District 24's 40th anniversary as part of RTO.

Our thanks to Elaine Aprile and the committee for organizing this fine event, introducing the new retirees to RTO. ☘

~ Douglas Bull, new D24 member

AND A WORD FROM THE PROVINCIAL PAST-PRESIDENT OF RTO/ERO

Good Afternoon,

In September I had the opportunity to attend the New Retirees' Breakfast and Reception sponsored by your District. It was a wonderful way to celebrate with those who had just retired. I was most appreciative of the opportunity to speak about the many reasons for joining RTO/ERO. As you recall, I spoke about the Charitable Foundation and how important it is for us as we travel down the path of life. I mentioned that we are dependant on individual contributions and we are asking that you give what you can afford. After the meeting finished, one of the new retirees, Wendy Hooker, came to me and gave me a cheque for the Foundation. She said that she knew how important the area of Geriatrics is and wanted to help. It is my hope that this donation will encourage others to give.

Thank you for allowing ME to share this with you. ☘

~ Joanne Murphy,
Provincial Past-President
RTO/ERO



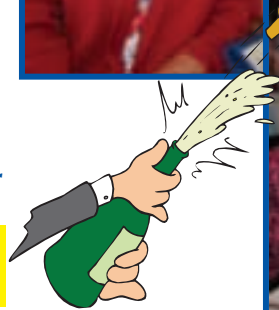
← Cathedral Bluffs
Yacht Club,
September 19, 2012



Provincial Past-President,
Joan Murphy ➤



← new members of
RTO, District 24?
▼



~ Photos: Hal McCullough
~ more photos on our website

90TH AND OVER BIRTHDAY FUNDS...

This year's recipient of funds from our birthday celebrants went to:

MILITARY TRAIL P.S.

PRINCIPAL:
Kenneth Morden
CO-ORDINATORS:
Debbie Sutton and
Susan Campbell

Further information
Will be found in the
Goodwill Report on
page 3.





The following members have celebrated a special birthday between July and December 2012.

101ST BIRTHDAY CELEBRANTS:

MILDRED WIDEMAN

ENID COULTER

100TH BIRTHDAY CELEBRANT:

ELISE BRYDON

90TH BIRTHDAY CELEBRANTS:

HERBERT A. HARVEY

KATHLEEN HOLMES

JOHN LARKE

THELMA LINE

JEANE LLOYD

PEARL MACLEOD

FRANCIS SMITH

ALFRED (FRED) TAPPEN



GOODWILL (CARDS) REPORT



Each year, every 90th, 100th and older birthday celebrant is honoured with a special card and a donation to Breakfast for Kids given in his or her name.

This year's recipient of the birthday funds was the Breakfast and Morning meal programme at Military Trail

Public School, a TDSB school in the Morningside and 401 area of Scarborough. They run a breakfast programme for 60 students and a morning meal programme for 600 students. A cheque for \$800.00 was delivered to the Military Trail Public School programme on Monday, November 5, 2012. Needless to say, they were very grateful to receive this donation and expressed their sincere appreciation to District 24 - Scarborough and East York. (Photo on page 2.)

When I am notified, Get Well, Thinking of You or Sympathy cards are sent to members or their families. Please inform me if you know of anyone who should receive a card. ☘

~ Marilyn Hodge - Goodwill (Cards)

416.284.9984 OR e-mail: mjhodge@sympatico.ca

For e-mail, please use the subject: RTO Goodwill

BRIDGE CLUB

The District 24 Bridge group continues to play on Tuesdays, 12:30-3:30, at Ellesmere Community Centre, 20 Canadian Road (across from Costco). New players are always welcome! We have an enjoyable afternoon hoping for good cards, learning something every time, and visiting with our bridge buddies. You can drop in occasionally, or come every week; and there's no need to bring a partner.

We're glad Jim Long is back with us now, having been under the weather for a bit.

Some people think bridge players are a little too serious about the game. Not true at all, right? Well, listen to this one:

☺ The bride came down the aisle, and when she reached the altar, she saw the groom with a deck of bridge cards in his tuxedo pocket. She said, "Darling, what are your bridge cards doing here?" He looked her right in the eye and said, "This isn't going to take all day, is it?"

For more information, contact Terry or Dale Smith at: 416.438.0430 OR Brian Dorward at: 416.291.1514.

Our final day of play before Christmas is set for Tuesday, December 18, and will include a pot-luck lunch (which gets better and better every event!). We will be starting at 11:45AM on that day only.

After the holidays we resume play on Tuesday, January 8, 2013. ☘



SEPTEMBER 26, 2012 – SHAW FESTIVAL: MISALLIANCE



The sky was overcast as we headed to the theatre in Niagara-On-The-Lake. We parked at Ristorante Giardino and we had time to spend our money at the many shops. After a delicious lunch, we walked to the theatre for the show.



What incredible acting we saw! I don't know how these men and women can learn and communicate in such accents. Before we knew it the first act was over and there was a short intermission. The second act was hilarious and



had us laughing continuously.

We want to thank Marilyn Tregwin for facilitating the trip and RTO for the bag and pen.

Thanks are also extended to Judy-Anne for all her efforts. She plans all the trips and now with one coupon for the year, she collects all the money, makes arrangements for lunches and our tickets and she makes sure that each of us has a confirmation.

Another great day with RTO district 24! ✂

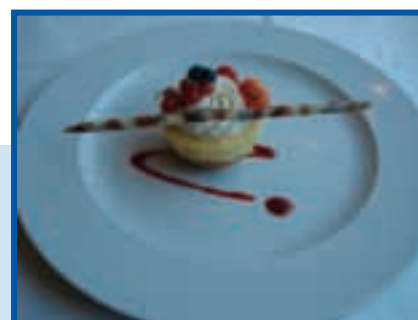
~ Linda Jarvis

~ photos by Marilyn Tregwin and Bob Cook; additional photos on our website

AUGUST 23, 2012 - PARRY SOUND: 30,000 ISLANDS BOAT CRUISE



JUNE 26, 2012 - SHAW FESTIVAL: RAGTIME



WELCOME TO DISTRICT 24

To all our new members, we offer you a warm welcome! Whether you are a new retiree or have moved from another district, we hope that you find District 24 ~ Scarborough and East York a comfortable and happy fit.



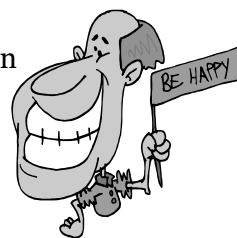
Our District motto is: "Where Old and New Friends Meet". We count you among our friends.

~ to: 31.10.12

Paul Addie
Eleanor A. Addison
Jo-Anne Alexander
Margaret Alexander
Bruce Arthur
Anne Atkins
Sharyn Baehr
James R. Bakes
Jae A. Blue
Theresa Boland
Douglas Boswell
June Bourdon
Joanne Brasil
Patricia Brown
Douglas Bull
Jerrold Caplan
Douglas Carter
Janet Carter
Richard H. Cartier
George Chabrol
Paula Chambers
Mary C. Chandler
Max W. Charleston
Louise Cholette-Rees
Wayne Clatworthy
Mary-Lou Collins
Jacqueline Conway
Ruth Cook
Danica Corless
Herrick Couch
Theresa Devlin
Rosalind V. Deyholos
Karin Doumouras
Dianne H. Dufton
Deanna Earle
Karen Engelmann
Gary Foulds
Michele Fryer
Susan Grabek
Joan Grabowski
Roseann Gray
Joanne Greenwood



Gail Hagerman
Susan Harbin
Phyllis Hardie
Christopher D. Harding
Constance Henderson
Helen Hitchcock
Glenn Holmes
Wendy Hooker
Sheila P. Hosein
Ronald Hughes
Allan Humphrey
Maria Imbriglio
Bonnie Jenkins
Genevieve Johns
Carolyn Johnston
Vesna Karapetrova
Irene Karman
Kamlesh Katyal
Glenna Keleher
Olga Kemeny
Karam Kheir
Grazyna Kolowicz
John Laing
Vivian Laiwint
Donald Leslie
Yetta Lewis
Helen Love
Wendy Lowrie
Harry Lyons
Lex Mackenzie
Denise McKay
Glenna McMacken
Carolyn McMahon
Deborah McQueston
Laurel McVean
Robert McWatters
Jennifer Man
Mario Manserra
Joanne Martino
Palma Mastroinni
Thomas Maunder
Margaret Meikle



Karen Menzies
Rosemary Merrall
Johanna Miller
Jennifer Mills
J. Peter Murphy
Diane Naiker
Leticia E. Nicolas
Bridget O. Outschoom
Mary Rose Papamarko
Robert Pascht
Gloria Paskaris
Douglas G. Passmore
Kenneth Preece
Jeanne Pullerits
Pamela Reid
Ronald Remigio
Louis Rendulich
Margaret Ristich
Marianne Rose
Patricia Roughley
Edward Shovlin
Robert Siegel
Dan Smolka
Suzanne Spicer
June Stavropoulos
E. Caroline Stevens
Philip Stevens
Marilyn Stonehouse
Alfred Stoppel
Margot Taylor
Kathleen Thomson
Helen Tomassini
Gordon Treleaven
Shauna Van Hoof
Waltraud (Trudy) Vogel
Mary Wahrer
Susan Watson
Nancy Watson-McCracken
Carol Webber Wakefield
Robert Wevers
Carol Williams
Joan Williams



Sign up for our 'monthly'
E-NEWS. Details are on page 8.

District 24 now has **2622** members!

HEALTH REPORT



In June I attended the annual Health Services and Insurance Committee workshop for District Health Representatives. Themed "A Healthy Plan for a Healthy You", we were presented with an in-depth analysis of RTO/ERO's Health Plans, including a Q & A session with Johnson Inc. Consultants. We heard an engaging presentation by guest speaker Dr. Elaine Dembe, a celebrated chiropractor and author

of two best-selling books, *Passionate Longevity - The 10 Secrets to Growing Younger* (an interesting read), and *Use The Good Dishes™ - Finding Joy in Everyday Life*. We also watched the video *23 and ½ hours: What is the Single Best Thing We Can Do for our Health?* I previously informed you about this video via our newsletter and our E-NEWS. Allianz Global Assistance representatives reviewed what members should do before they travel, and Shoppers Drug Mart representatives outlined highlights of their arrangements with RTO (as reported in detail in the summer issue of *Renaissance*).

FOR THOSE OF YOU WHO ARE NEW TO OUR INSURANCE PLANS:



Each year Benefit Statements and Income Tax Letters are mailed to every RTO member who is enrolled in one or more of RTO's insurance plans. The mailing for the 2012 taxation year will be sent to over 50,000 participants during the first two weeks of February 2013. The mailing will be staggered over the two week period to allow the Plan Benefit Service and Plan Benefit Claims staff to manage the flow of incoming calls.

The Benefit Statement outlines the insurance plans available to members, the coverage they've chosen and the monthly deduction amounts, effective January 2012. The income tax letters are sent to all participants in RTO's Group Insurance Benefits. The first section of the letter summarizes the premium payments made in the 2012 taxation year broken down by benefit. The second section details the claims paid, by benefit, and is subtitled by person. For any further inquiries call Johnson Inc. Premium and Service at: 416.920.7248 OR 1.877.406.9007 OR Claims at: 905.764.4888 OR 1.800.638.4753.

DATE OF DEPARTURE — FROM YOUR PROVINCE OF RESIDENCE:

RTO's Out-of-Province/Canada benefit provides travel coverage automatically for those who participate in the Extended Health Care Plan. The benefit includes coverage for trips of up to 62 days in duration. For those travelling on longer trips, additional coverage is available for

purchase under the Supplemental Travel Plan. Travellers can be caught off guard, not realizing that their trip begins the day they leave their province of residence. This oversight could be detrimental and leave travellers without coverage. For example, suppose you plan to travel from your home in Ontario, first to visit relatives in New Brunswick for seven days and then on to your 60 day sightseeing trip in the United States. In this case, your trip is deemed to be 67 consecutive days in duration and under your Extended Health Care Plan, you are covered for only the first 62 days. To ensure you are covered for the entire duration of your trip, you would need to purchase an additional five days of coverage under the Supplemental Travel Plan.



If you have not already heard, Pfizer is offering their **Continuity of Care RxHelp Program**. Upon enrolment, Pfizer will cover the excess cost of the following medications, beyond the generic drug price:

- Lipitor, Norvasc, Effexor XR, Zoloft, Alesse, Depo-Provera, Xalata, Caduet, Cordarone®
- RTO/ERO members qualify for this program. You have the option of registering online or by phone:
- on-line at: www.rxhelp.ca/EN/Programs/Program.aspx?ProductID=3
 - by phone: 1.866.794.3574

When you enroll online or over the phone you will automatically be registered to receive your Pfizer Continuity of Care Program card.

THE ISSUE OF ORGAN DONATION:

Tragically, dying while waiting for an organ transplant does not have to be commonplace, but unfortunately, Canada has one of the lowest rates of organ donation of any country in the western world. Some will argue that their organs are too old to donate. The director of Trillium Gift of Life Network in an interview with CBC radio countered that many people in their 90s have donated. Age is not a barrier to organ donation. Most of us understand that increased organ donation rates have the potential to benefit everyone. If we accept this premise, the question becomes, "What can we do as individuals to ensure fewer of our friends and family die on a list waiting for an organ donation?" Fortunately there are some simple steps that can be taken:

1. Use the internet to make clear your intentions to donate; go to www.beadonor.ca
2. When renewing your health card, say 'yes' when asked about your willingness to donate.
3. If you have access to a public forum, speak or write in favour of organ donation to raise consciousness about this situation.
4. Ask your religious leader to address this issue publicly when his/her community meets.
5. Indicate in clear terms to your spouse, children, grandchildren, parents and family doctor your wishes re organ donation. (This is probably the most important thing to do. Sometimes, grieving loved

ones will challenge your decision in the hours after your death. Hospitals and doctors will always cave in to these challenges. Your clearly communicated desires before a crisis occurs will discourage this from happening.)

6. Ask your spouse, children, grandchildren and parents what their post-mortem desires are regarding donation. Communicate this to everyone in the family.
7. For those of us who are politically engaged, speak to your MPP and ask him/her to lobby in favour of a law that ensures *your* clearly expressed decision to be on the donor list cannot be overridden by anyone. It is your body. Should anyone else but you make the final decision?

~ *Health Matters June 2012*

NOVEMBER IS:

PULMONARY HYPERTENSION AWARENESS MONTH

~ *Submitted by Jeannie Tom*

Upon retirement from elementary teaching in June 2008, my motto was to be "free as the wind"; to travel and enjoy the pleasures in life. I felt on top of the world during my first year, actively engaged in social and fitness activities. I had a lengthy case of pneumonia in late 2009; followed by months of having shortness of breath with minimal exertion, extreme fatigue, dry cough, edema and Raynaud's phenomenon. My wonderful world had changed the next fall when I was diagnosed with a rare disease, Pulmonary Hypertension secondary to Scleroderma.

Pulmonary Hypertension, or PH, is a disease affecting the arteries of the lungs. It can strike anyone regardless of age, sex, social or ethnic background. People affected with this disease suffer from continuous high blood pressure in the lungs which results in an enlargement of the heart, and can lead to heart failure. It is estimated that between 2,000 and 5,000 Canadians have been diagnosed with pulmonary hypertension, but as many as 10,000 may be affected by the condition.

Symptoms of Pulmonary Hypertension may include:

- ♦ breathlessness or shortness of breath, especially with activity
- ♦ feeling tired all the time
- ♦ light-headedness, especially when climbing stairs or standing up
- ♦ swollen ankles, legs, or abdomen
- ♦ chest pain, especially during physical activity
- ♦ fainting

~ *www.phacanada.ca*

The symptoms of pulmonary hypertension mimic many other common conditions. As a result, many patients are often misdiagnosed. On average, it takes 2.5 years or more from the onset of symptoms to correct diagnosis and treatment to improve one's quality of life. Currently there is no cure for PH. Our PHA Toronto Chapter

Support Group created a music video, *Let Me Breathe*, last fall. With the assistance of my faithful companion and godsend, Oxy-tu, for exertion, my quality of life has improved. I have been actively educating others by spreading awareness about pulmonary hypertension. For more information, contact: info@phatoronto.ca OR www.phatoronto.ca OR <http://letmebreatheph.com>

~ *Edited by Ruth Dolan, Co-Leader of PHA Toronto Chapter Support Group*

In conclusion, even though winter is here and the non-snow birds among us may consider hibernating, strive to maintain or even improve upon your 'good weather' activity level. I'm told that Hippocrates said, "Walking is man's best medicine". When outdoors, recall the ways of moving safely to prevent falls. (See our 'Fall 2010' issue of *Beyond the Blackboard*.)

NOTE: You can access much of this information and more in the RTO/ERO Members' Centre, www.rto-ero.org, in a tabloid format entitled *Health Matters*, produced by the RTO/ERO Health Services and Insurance Committee following each of its meetings under Senate Committees. Much of the above information came from the June 2012 edition. ☼

~ *Marilyn Tregwin DHR*

HEART ATTACKS IN WOMEN



Chest pain or discomfort is one of the hallmarks of having a heart attack, but a new U.S. study suggests women aren't as likely as men to have that symptom when they enter hospital and may also be at higher risk of dying. Dr. John Canto of the Watson Clinic and Lakeland Regional Medical

Centre in Florida and colleagues analyzed data from the industry sponsored National Registry of Myocardial Infarction from 1994-2006 for the study, considered one of the largest of its kind. Of the 1,143,513 patients assessed, 42.1 per cent were women. The study, published in the *Journal of the American Medical Association (JAMA)*, emphasizes the importance of medical professionals recognizing someone is having a heart attack and getting them acute medical care quickly, even if they don't have chest pain or discomfort.

SYMPTOMS OF HEART ATTACK IN WOMEN

- o Uncomfortable pressure, squeezing, fullness or pain in the centre of your chest. It lasts more than a few minutes or goes away and comes back.
- o Pain or discomfort in one or both arms, the back, neck, jaw or stomach.
- o Shortness of breath with or without chest discomfort.
- o Other signs such as breaking out in a cold sweat, nausea or light-headedness.
- o As with men, women's most common heart attack symptom is chest pain or discomfort.

But women are somewhat more likely than men to experience some of the other common symptoms, particularly shortness of breath, nausea/vomiting and back or jaw pain. The study concluded that patients with no chest pain symptoms tend to be treated less aggressively, and have almost twice the short-term mortality compared with [patients] with more typical symptoms of MI.

The researchers found the average age of women who entered hospital with heart attacks (myocardial infarction, or MI) was 74, compared with 67 for men. The overall proportion of patients who entered hospital without chest pain was 35.4% but was much higher for women (4%) than men (31%). While chest pain or discomfort was the most common symptom of MI in both women (58%) and men (69%), women, especially those under age 45, were less likely to report feeling such problems. As well, the rate of MI patients dying in hospital was 14.6% for women and 10.3% for men. But the most telling finding is that younger women who didn't enter hospital with chest pain died at a much higher rate than men who also didn't have that symptom. Only after age 75 did men without chest pain die at a higher rate.



Women suffering a heart attack often believe the symptoms are due to less life-threatening conditions such as acid reflux, the flu or normal aging. They do this because they are scared and because they put their families first. There are still many women who

are shocked that they could be having a heart attack.

The importance of recognizing that heart attack doesn't discriminate based on gender has been highlighted in recent years, with more researchers including women in studies on cardiovascular disease.

Heart disease is the #1 killer of both men and women in the U.S. and Canada.

In Canada, according to Statistics Canada's latest figures, cardiovascular disease accounted for 29% of all deaths in Canada: 28% of all male deaths and 29.7% of female deaths. As well, 54% of cardiovascular deaths were due to ischemic heart disease and 23% from heart attack. ☼

Source: American Heart Association, CBC News, February 2012

PROJECT SERVICE TO OTHERS... 2012

District 24 supported the BLESSINGS IN A BACKPACK programme at St. Margaret's P.S. with the \$4000.00 grant from the Provincial Executive. Thanks to everyone who brought in some of the items (granola bars, juice boxes, tuna, spaghetti and sauce, soup, puddings, applesauce) that are packed into the backpacks that are sent home with the students on Friday night so that they have items that are packed into the backpacks that are sent home

E-NEWS

TO ALL OUR NEW - AND CURRENT - MEMBERS
SEND US YOUR NAME AND E-MAIL ADDRESS...

District 24 only publishes three newsletters a year. That's a long time to wait for more up-to-date information! But... give us your e-mail address and we will send you our E-News Updates, **RTO 24 E-NEWS**, (or just the **E-NEWS**) in the months when there is no newsletter.

PLEASE NOTE:

- Providing your e-mail address is voluntary! We could, but will not, take it from the RTO membership list.
- Your e-mail information is *HELD IN CONFIDENCE* and is for District 24 use only and *IS NOT SHARED* with anyone, or with any organization.
- All our e-mails are sent to you **Bcc** (Blind carbon copies). You don't get to see anyone else's e-mail address. And they don't get to see yours.
- Our e-mails are *ALWAYS* prefaced with **RTO**.
- To keep you fully informed, we do, occasionally send out an **E-NEWS EXTRA**.
- Our E-Mails are **SENT ONLY AS A .PDF ATTACHMENT**. There are no hard copies that can be mailed to you.
- If your e-mail address changes, please remember to provide us with your new e-mail address!
- The **E-NEWS** is sent out on the first of the month. If you have an item for it, please send it to me at least 5 days before then.

If you wish to participate, and we encourage you to do so, please send your e-mail address and a brief note to say you'd like to receive the E-NEWS to Annemarie McKee, at: amckee.rto@gmail.com
Subject line: **RTO - E-Mail Address**
Messages without this subject will not be opened!

We currently have **648** members (**24.71%**) participating in our monthly updates. I look forward to adding your name to our **E-NEWS** list.
Come and join us!
Our next **E-NEWS** will be sent **JANUARY 2**.
Annemarie McKee, Communications (Webmaster)





with the students on Friday night so that they have items to supplement the food prepared by the family.

A very special thanks to everyone who donated food items or monetary donations to support this year's Project Service to Others. The kids will be the beneficiaries of your kindness! ☼



~ Carol Nelson



FINANCIAL STATEMENT

As At 31.10.12

	BUDGET 2012	ACTUAL 25/10/12
BANK BALANCE (AS OF JANUARY 2, 2012)	\$2,486.67	\$2,486.67
INVESTMENTS:		
GIC Face Value - matures 17/12/15	\$5,131.72	\$5,131.72
GIC Face Value - matures 16/01/13	\$4,000.00	\$4,000.00
GIC Face Value - matures 16/01/14	\$4,000.00	\$4,000.00
INCOME:		
Provincial Grant	\$35,884.80	\$35,884.40
Bank Interest/Charges	\$2.00	\$0.00
Golf Tournament	\$1,200.00	\$7,500.00
Interest Income (GIC)	\$400.11	\$400.11
Provincial Grant - Service to Others	\$0.00	\$4,000.00
GIC Redeemed	\$0.00	\$1,835.00
TOTAL RECEIPTS	\$39,973.78	\$52,106.38
EXPENSES:		
DISBURSEMENTS - ADMINISTRATION:		
Bank Charges	\$200.00	\$126.77
Executive Expenses	\$3,000.00	\$2,894.22
District AGM	\$200.00	\$241.31
Office Expenses	\$300.00	\$342.16
Senate Meeting	\$3,000.00	\$1383.89
Archives	\$0.00	\$0.00
Election expenses (Provincial)	\$0.00	\$0.00
MEMBER SERVICES - COMMUNICATIONS:		
Goodwill, District 24	\$1,500.00	\$1514.68
Membership	\$1,000.00	\$160.00
Recruitment, District	\$1,500.00	\$2,183.99
Newsletter (printing, mailing, postage)	\$16,000.00	\$12,447.50
Toronto District (Levy)	\$1,000.00	\$1,001.20
Political Advocacy	\$0.00	\$0.00
MEMBER SERVICES - PROGRAMME:		
Day Trips	\$1,200.00	\$2,212.00
Spring Luncheon	\$4,000.00	\$3390.00
Fall Luncheon	\$1000.00	-\$482.24
Christmas Luncheon	\$1,500.00	\$74.00
Health Seminar	\$500.00	\$0.00
Bridge Club	\$500.00	\$229.61
Blue Jay Game	\$0.00	\$0.00
District Awards/Gifts	\$500.00	\$0.00
40 TH Anniversary	\$1,000.00	\$250.00
SERVICE TO OTHERS:		
Breakfast for Kids	\$1,200.00	\$7,500.00
Provincial Approved Project	\$0.00	\$4,000.00
District 24 Projects	\$500.00	\$3,435.00
TOTAL DEBITS	\$39,600.00	\$43,374.42
RECEIPTS OVER DISBURSEMENTS	\$39,973.78	
ANTICIPATED/CURRENT BANK BALANCE	\$373.78	\$8,731.96

Please direct any questions or concerns to our treasurer, Bonnie Clarke.

Contact information for Bonnie can be found on page 23.

PRESIDENT'S REPORT... CON'T.

Our final executive meeting for the fall season was held on Thursday, November 1. We are all looking forward to the annual Christmas Lunch at Scarborough Golf and Country Club on December 5th.

Our first meeting of the new year will be held on Thursday, January 10, 2013, at the **MCCOWAN RETIREMENT RESIDENCE** (formerly Kingsway Arms Retirement Residence), beginning at 9:30 AM. Light refreshments are served at 9:00 AM and all RTO members of D24 are welcome. Current members of the executive of District 24 are listed elsewhere. Perhaps you might like to join us and decide you'd like to become an Executive member. Due to an unexpected resignation of our 1st vice-president, coupled with the previously vacant position of 2nd vice-president, both these Table Officer positions are open on the executive. There is also the executive position open of chair of the Project Service to Others committee as the 1st VP held this position as well. If you have skills which could be used in these positions, please let one of the members of the executive know.

A very merry Christmas and a happy, prosperous New Year to all members of RTO District 24. ☿

MERRY CHRISTMAS



Does this apply to you?

☺ **Moving?**

☺ **Address information incorrect?**

YOU NEED TO CONTACT

DIANNE VEZEAU AT RTO:

IN WRITING:

18 SPADINA ROAD, TORONTO, ON M5R 2S7

BY PHONE:

416.962.9463 OR 1.800.361.9888 (EXT 223)

BY E-MAIL:

dvezeau@rto-ero.org

Our thanks go out to those members who remember to update their information with us. Undeliverable newsletters cost us "big bucks"!

PROGRAMME ACTIVITIES FOR 2013

**THIS IS OUR LINE-UP OF ACTIVITIES AND EVENTS FOR 2013.
OUR 'ALL-ON-ONE' COUPON WILL BE FOUND ON PAGE 12.**

CHANGE IN SUBSIDY...

After much consideration, discussion and a very close vote, the Executive of RTO District 24 has decided to change many of the subsidies for the 2013 Programme year.

The Annual General Meeting will continue to be subsidized. When you arrive for the AGM in the morning, your cheque will be returned to you. If you arrive late, or for the luncheon only, your cheque will be cashed. There is no change for guests as they will continue to pay the full price for the event.

The Day-Trips and the Travelogue will no longer be subsidized. Each member and non-member will pay the full price for the package... coach, lunch and theatre ticket. District 24 will continue to pay the gratuity, and the cost of travelling on Hwy. 407 (if we choose to use it).

The Christmas Luncheon at the Scarboro Golf and Country Club will not be subsidized.

Please note that the All-On-One coupon will reflect these changes.



Respectfully submitted,
Judy-Anne Tumber, D24 Programme Chair and Social Convener

➤ **CONTACT INFO FOR JUDY-ANNE TUMBER:** 192 CAMPBELLTOWN ROAD, OTONABEE-SOUTH MONAGHAN K9J 6X7 1.705.295.1995
E-MAIL: jatumber@nexicom.net

➤ **FOR KENNEDY COMMONS...** PLEASE PARK YOUR VEHICLE IN THE AREA OF WHAT USED TO BE THE AMC THEATRES. LOOK FOR OUR COACH - IT'S USUALLY EMBLAZONED WITH EITHER MARY MORTON OR PACIFIC WESTERN.



GUYS AND DOLLS... Friday, April 12, 2013 at the Shaw Festival

DEPART: Kennedy Commons at: 9:15AM for Niagara-on-the-Lake ; **RETURN:** 7:15PM.

COST: \$144.00

PROGRAMME: Pious Sarah Brown, a sergeant at the Save-A-Soul mission, wants to save their souls while Nathan Detroit needs \$1,000 to save the city's oldest floating craps game. Enter high-roller Sky Masterson who takes Nathan's crazy bets - to woo the virtuous Sarah!

LUNCH: Oban Inn. Choose: Black Forest Ham and aged cheddar quiche OR Beef Strip loin

CONTACT: JUDY-ANNE TUMBER - contact info above **FACILITATOR:** JUDY-ANNE TUMBER

WAIVER must be signed. Read the Waiver on page 11.

Deadline: Friday, March 8, 2013



LUNCHEON & TRAVELOGUE... Thursday, April 25, 2013 at the Scarboro Golf & Country Club

COST: \$25.00

LUNCH: Chicken. **NOTE:** This is not a buffet lunch.

TOPIC: T.B.A. Check our 'monthly' E-NEWS or our next newsletter for details.

CONTACT: ANNE MARIE ELLIS-TAYLOR - ONE GUILDCREST DR., SCARBOROUGH, ON M1E 1E2 416.261.5190

COUPON: will be found on page 13.

Deadline: Friday, April 5, 2013



FIDDLER ON THE ROOF... Wednesday, May 8, 2013 at the Stratford Festival

DEPART: Kennedy Commons at: 9:30AM ; **RETURN:** 7:30PM.

COST: \$157.00

LUNCH: Keystone Alley. Choose: Spinach and ricotta cheese cannelloni OR Supreme of chicken
PROGRAMME: *Fiddler on the Roof* is the humorous yet heart-wrenching story of a community whose traditions - and very existence - are assailed by the winds of change.

CONTACT: JUDY-ANNE TUMBER - contact info above **FACILITATOR:** HAL MCCULLOUGH

WAIVER must be signed. Read the Waiver on page 11.

Deadline: Friday, April 5, 2013

☺ I'd kill for a Nobel Peace Prize.



☺ I intend to live forever... So far, so good.



AGM/SPRING LUNCHEON... Thursday, May 23, 2013 at QSSIS

COST: \$20.00

NOTE: Our District Constitution came up for review this year. A number of changes have been made to it. Our Spring 2013 newsletter will contain a copy of the proposed new Constitution. D24 members attending the AGM will be asked to ratify it. You will also have the opportunity to vote for our Table Officers for 2013-2014. (**POSITIONS:** President, 1st Vice-President, 2nd Vice-President, Treasurer, Secretary) Any member of District 24 is eligible to run for any of these positions.

PROGRAMME: 10:00: Coffee available; 10:30: AGM; 11:15: Bar opens; 12:15: Luncheon.

Marilyn Hodge will be organizing another Gold and Sterling silver sale to benefit RTO/ERO's Charitable Foundation. To help with our planning, we would appreciate a checkmark (✓) on the coupon if you plan to participate in the Gold and Silver sale.

LOCATION: Q-SSIS at Kingston and Markham Roads (north-west corner) - there's lots of parking!

CONTACT: JUDY-ANNE TUMBER - contact info on page 10

Deadline: Friday, May 10, 2013



OLIVER... Wednesday, June 19, 2013 at Penetanguishene

DEPART: Kennedy Commons at: 8:00AM ; **RETURN:** 7:00PM.

COST: \$126.00

PROGRAMME: King's Wharf Theatre in Penetanguishene. Follow the adventures of the plucky young orphan Oliver in the mean streets of 19th century London in the venerable Broadway hit that poignantly captures the bonds of love - in all its remarkable forms.

ADDITIONAL EVENT: Spend time onboard the *Keewatin* - an historic passenger liner built in Scotland in 1905 for the CPR, designed to connect Eastern and Western Canada using the Great Lakes.

LUNCH: Olympia Restaurant. Choose: Chicken *OR* Lasagna

CONTACT: JUDY-ANNE TUMBER - contact info on page 10 **FACILITATOR:** JUDY-ANNE TUMBER

WAIVER must be signed. Read the Waiver below.

Deadline: Friday, May 17, 2013

SOME REMINDERS...

- ☺ WHEN YOU FILL OUT YOUR COUPON, PLEASE REMEMBER TO CHECK OFF YOUR FOOD CHOICE (WHERE APPLICABLE).
- ☺ ALL CHEQUES ARE PAYABLE TO RTO DISTRICT 24. PLEASE POST-DATE YOUR CHEQUE(S) TO THE DEADLINE DATE OF THE ACTIVITY!
- ☺ FOR BOOKKEEPING SANITY, YOU MUST INCLUDE A SEPARATE CHEQUE FOR EACH ACTIVITY YOU INDICATE ON THE COUPON.
- ☺ INVITE YOUR FRIENDS, FAMILY OR NEIGHBOURS TO JOIN YOU ON ONE OF OUR TRIPS. ALL ARE WELCOME.
- ☺ ALL CHEQUES AND COUPONS NOW GO TO JUDY-ANNE TUMBER, NOT THE TRIP FACILITATOR. JUDY-ANNE'S CONTACT INFO IS SHOWN ON PAGE 10 AND ON OUR "ALL-ON-ONE" COUPON ON PAGE 13.



THE WAIVER: Acknowledgement, Waiver and Release... ~ Provincial Executive, January 2010



The participant in (the "Event") acknowledges and agrees that RTO/ERO, including District 24, will not be responsible for any loss, injury or damage of any nature, including death, howsoever arising in connection with this trip/excursion/event. Participants in the Event are therefore hereby advised to carry their own insurance in connection therewith.

By signing the activity coupon and in consideration of the participant's attendance at the Event, the participant hereby releases and forever discharges RTO/ERO, District 24, and their respective directors, officers, members, agents, employees and volunteers (collectively, the "Releasees") from any and all actions, causes of action, claims, and demands (collectively, the "Claims") from any loss, injury or damage of any nature, including death which has arisen or may arise from the participant's attendance at the Event, unless such loss, injury or damage has arisen as a result of the sole negligence of one or more of the Releasees.

Any claims arising out of the participant's attendance at the event will be governed by the laws of Ontario, Canada, and the participant consents to the exclusive jurisdiction of the Courts in Ontario, Canada in any such action.

☺ **BEAUTY PARLOUR:**
A place where women curl up and dye.



☺ **EGOTIST:**
Someone who is usually me-deep in conversation.

THESE ACTIVITIES ARE IN PLACE FOR THE SECOND HALF OF THE YEAR.

FURTHER INFORMATION WILL FOLLOW IN OUR SPRING OR SUMMER NEWSLETTER.

PLEASE FEEL FREE TO USE JUDY-ANNE'S FRONT OF THE LINE SERVICE FOR ACTIVITIES WHERE SHE IS THE CONTACT PERSON.
FOR THE OTHER 2 ACTIVITIES, CONTACT THE PERSON INVOLVED. THEIR CONTACT INFORMATION IS ON PAGE 23.

<u>ACTIVITY:</u>	<u>DATE:</u>	<u>LUNCH:</u>	<u>CONTACT:</u>
16 th Annual Golf Tournament	September 10, 2013	Mill Run Golf Course, Uxbridge	Lothar Maier
Lady Muskoka Boat Tour	September 11, 2013	Riverside Inn, Bracebridge	Judy-Anne Tumber
Three Musketeers (Stratford)	October 8, 2013	Elmhurst Inn	Judy-Anne Tumber
Godspell (St. Jacob's)	October 17, 2013	Benjamin Inn	Judy-Anne Tumber
Fall Luncheon	October 24, 2013	QSSIS	Judy-Anne Tumber
Christmas Luncheon	December 4, 2013	Scarboro Golf & Country Club	Marilyn Hodge

DISTRICT 24 FUNDRAISERS FOR THE RTO/ERO CHARITABLE FOUNDATION



\$2,175.00

As you are already aware, RTO/ERO is sponsoring a Chair in Geriatric Medicine at the University of Toronto and District 24 decided to help out by hosting a second fundraiser.

One again, we invited a Gold Refinery representative to the Fall Luncheon/Craft Show/Bazaar on October 25, 2012 and asked guests to bring their unwanted gold and sterling silver and to participate in the "Only Fundraiser That Pays Guests and Donors".

This event was even more successful than the first one, as the representative paid out \$7470.00 to those who brought their items and District 24 received **\$1270.00**. From our two Gold Refinery fundraising efforts so far, we were able to donate **\$1835.00** plus an additional **\$340.00** we received from a Gold Refinery sale booked by one of our Fall Luncheon attendees. This brings the total amount that District 24 has donated to the Charitable Foundation in 2012 up to **\$2,175.00**.

District 24 was very happy to donate this amount to the Foundation and would like to thank all of the participants for making this sizeable donation possible.

Because of the success of these two fundraisers, we will be holding it again at the AGM/Luncheon on May 23, 2013 and invite you to bring your unwanted gold and sterling silver, even if it is broken or dented. Please see the advertisement in the Spring 2013 newsletter for more details.

If you would like more information or details of how this fundraiser works, please call or e-mail me. ☘

~ Marilyn Hodge, Goodwill (Cards)
416.284.9984 OR mjhodge@sympatico.ca



In understanding that each life is a miracle that changes the world, we remember and honour the lives of our departed colleagues and friends.

William E. Allen
T. Frank Addison
Ewart J. Bagg
Gail E. Bauldry
Elinor G. Beard
Keith Boast
Eleanor Brimson
Andrew G. Brown
Elizabeth Cartier

Sigurd E. Christensen
Ralph Finlayson
Henry A. Geary
Jean B. Hall
Frank M. Hitchcock
Ruth Holmes
Lorne H. Kelsey
M. Lois Lindsay

Sylvia G. MacMillan
Joseph A. Malinowski
Joseph S. Outschoom
M. Dianne Reid
Francis M. Smith
Helen M. Stinson
Fred Walker
Lorne E. West

~ to 31.10.12

"All-on-One" Travel and Luncheon Registration Coupon



- ✓ Use this coupon for *ANY of the trips and activities* listed below. Please print in BLOCK LETTERS.
- ✓ Fill in the appropriate spaces for the activity (activities) in which you wish to participate, check your entrée (where applicable), and mail this coupon along with your cheque(s) to:
JUDY-ANNE TUMBER, 192 CAMPBELLTOWN ROAD, OTONABEE-SOUTH MONAGHAN K9J 6X7 1.705.295.1995
- ✓ If you are selecting more than 1 activity, please send a separate cheque for each activity!
- ✓ Cheques should be made payable to: **RTO – District 24. Date your cheque(s) with the activity's deadline date.**
 (The deadline date is shown in brackets after the activity.)

NAME:

PHONE NUMBER ☎: E-MAIL ✉:

Include your e-mail address to receive an e-mail confirmation prior to your trip. Otherwise you must include a stamped, self-addressed envelope.

ADDRESS:

SPOUSE/GUEST NAME(S):

GUYS AND DOLLS: Tickets @ **\$144.00** EA = (D: FRIDAY, MARCH 8, 2013)

FIDDLER ON THE ROOF: Tickets @ **\$157.00** EA = (D: FRIDAY APRIL 12, 2013)
 ENTRÉE CHOICE (✓): CANNELLONI OR SUPREME OF CHICKEN



AGM / SPRING LUNCHEON: Tickets @ **\$20.00** EA = (D: FRIDAY, MAY 10, 2013)
 I PLAN TO PARTICIPATE IN THE GOLD AND STERLING SILVER FUNDRAISER FOR THE CHARITABLE FOUNDATION. YES:..... NO:.....

OLIVER: Tickets @ **\$126.00** EA = (D: Friday, May 26, 2013)
 ENTRÉE CHOICE (✓): CHICKEN OR LASAGNA

//WE ACKNOWLEDGE THAT //WE HAVE READ AND UNDERSTOOD THE RTO/ERO WAIVER AS PRINTED ON PAGE 11 OF THIS NEWSLETTER.

SIGNATURE(S):

(all participants must sign!)

➤ *The Luncheon & Travelogue has its own coupon. See below.*

The Waiver is on page 11!



COUPON: LUNCHEON & TRAVELOGUE
FRIDAY, APRIL 25, 2013

Cut out (or photocopy) this coupon and send it with your cheque.

NAME:

PHONE #:

SPOUSE/GUEST NAME:



OF SPACES: @ **\$25.00** EA =

DEADLINE: FRIDAY, APRIL 5, 2013

MAIL YOUR CHEQUE AND THIS COUPON TO ANNE MARIE AT:
ONE GUILDCREST DRIVE
SCARBOROUGH, ON M1E 1E2

NOTE: A STAMPED, SELF-ADDRESSED ENVELOPE IS NEEDED FOR YOUR CONFIRMATION FOR THIS ACTIVITY.
NO WAIVER NEED BE SIGNED.

- ☺ 99% of lawyers give the rest a bad name.
- ☺ 82.7% of all statistics are made up on the spot.
- ☺ A clear conscience is usually the sign of a bad memory.
- ☺ All those who believe in psycho kinesis, raise my hand.
- ☺ Why do psychics have to ask you for your name?
- ☺ How do you tell when you're out of invisible ink?
- ☺ The colder the x-ray table, the more of your body is required to be on it.
- ☺ Everyone has a photographic memory; some just don't have film.
- ☺ If at first you don't succeed, destroy all evidence that you tried.
- ☺ Hard work pays off in the future; laziness pays off now.



NORBERT BOUDREAU'S
Fall Luncheon Address (English version only)



Ladies and gentlemen and fellow retirees. I bring you greetings on behalf of newly elected President Leo Normandeau and the rest of the RTO/ERO Provincial Executive. I want to thank your President, George Denny, for the kind invitation to attend your Fall dinner. I've got to tell you that the best part of my volunteer work with RTO/ERO is the contact I have with members. It is indeed a pleasure to be here and to recognize the work done in District 24.

Today I want to touch on a few topics of interest:

- ✧ RTO/ERO's Charitable Foundation
- ✧ RTO/ERO's Insurance Plans and Membership
- ✧ RTO/ERO's recent survey

THE RTO/ERO CHARITABLE FOUNDATION and my personal commitment - Let's walk the talk.

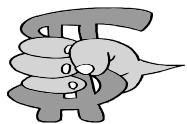


I want to tell you why I believe that we should support the

Foundation - why I'm so passionate about this project. This Chair will help with increased productivity in aging research and education; it will lead to academic credibility, and help recruit young people to the field of geriatrics; and it will have a national and international impact. Finally, it will help us as we grow older.

In Canada, we have about 200 geriatricians when we need at least 600. A Chair would attract more geriatricians. At Spring Senate we heard from two young doctors who chose to specialize in geriatrics: Dr. Jared Rosenberg and Dr. Vicky Chow. These two young doctors chose this field as many specialists treat the disease and not the whole patient.

We have over 68,000 members. If only 30,000 pledged \$10 per month for one year, we would surpass our goal of collecting \$3 million at the end of one year.



Some districts have silent auctions, draws, and other fund-raising events. They collect funds for the RTO/ERO Charitable Foundation. All of these are really

appreciated. We recognize the work involved, but the return is relatively small. The best way is to get personal donations.

Ladies and gentlemen, we have a big challenge ahead of us. It's our Chair in Geriatric Medicine.

KEEPING THE PREMIUMS OF OUR HEALTH PLANS AS LOW AS POSSIBLE

Let me tell you that the RTO/ERO Health Plan is healthy for the moment, but one of the biggest challenges that

RTO/ERO faces these days is keeping premiums of its group insurance health plans as low as possible.

The RTO/ERO Health Plans require young, new retirees to replace those who leave the group through death or otherwise. It is necessary to keep both the group size and the age distribution stable. Some of you may recall that the Members' Services Committee had a recruitment workshop last year with a special focus on new members from Colleges and universities and support staff working in schools.

The average age of our Health Plan members is almost 71. We all know what will happen if the average age of health plan members rises too much. Some members may not be able to afford a health plan. That's why we have to actively recruit new members.

Do you know of any educators who are about to retire? Convince them to become a member of RTO/ERO Health Plans. Remember as well that RTO/ERO also speaks on behalf of its members on pension concerns.

OLDER CANADIANS EMBRACING SOCIAL MEDIA? TRUE!



You may be surprised to learn that a few years ago we had only a few hundred e-mail addresses of our members. Today, e-mail and the internet are used by many, many

members. The RTO/ERO's recent survey results showed that 95% of our membership has access to e-mail and the internet. To be clear, it would appear that only 5% do not have access to the internet. It's true! But this number increases to 28% with members who are 80 or over.

Older Canadians are increasingly following their younger counterparts into the world of social media. RTO/ERO added about ten thousand new members in the last five years.

Having said that, even if the great majority of our members used the internet, let me assure you that we are not trying to impose any new technology on our members. We are simply trying to determine what strategies will engage more members and provide added value to them. There is no expectation that everyone will embrace any of the new social media such as Facebook and Twitter. We would be derelict, however, if we failed to keep pace with the times by not providing new options.



RTO/ERO is a unique and vibrant organization. The involvement in the community, the dedication and the spirit of generosity of you, our members, is to be commended. We succeed because we have great district roots and great volunteers. RTO/ERO will continue to succeed because we care, because we have an abundance of talent, and a sharp collective mind.

Finally, I wish District 24 success in all of its endeavours.

Merci and thank you. ☘

(Our website has Norbert's original message in English and French.)

IN THIS ISSUE OUR SPOTLIGHT IS ON:



CAROLYN LOCKETT
MEMBER-AT-LARGE



Carolyn retired from teaching 14 years ago. At that time, she was principal of Prince of Peace Catholic School in what was then the Metropolitan Separate School Board. She spent 9 years as principal in charge of the Affirmative Action and Employment Equity Programme for Women in the school board with responsibilities around leadership programmes for all 12,000 staff members.

Before taking on the her first 5-year principalship at Sir Isaac Jogues in North York, Carolyn was a resource teacher in Family Life and Sex Education in classrooms from JK to Grade 12. She was also V.P. at St. Brigid's in Toronto and St. Rita's in the junction triangle. (Remember, at the time, the M.S.S.B. was Metro-wide!)



She actually taught for 12 years in Scarborough at St. Maria Goretti, St. Nicholas and St. Ursula's with a wee stint in Trinidad & Tobago on a teacher exchange! Carolyn taught Grade 8 for ten of those years - language arts with a specialty in

puppetry for which she received a number of awards, and Outdoor Education (St. Marie among the Hurons programmes and the Toronto and Region Conservation Schools).

"I loved teaching with a passion..."

She says she loved teaching with a passion and was said to be an outstanding teacher!

The first year Carolyn taught, her principal urged her to become active in O.E.C.T.A. work. She served in every position at the local level and at the provincial level she spent years on professional development work - planning and leading conferences. For many years she was the O.E.C.T.A. director, and an O.T.F. governor.

She reaped the benefits of travel and learning on behalf of Teachers' Federation for years and received a great deal of experience in leadership by always being willing to volunteer to help out.

Carolyn was never very good with unstructured time, so when she retired she became a board member of the Catholic Children's Aid Society, the Ontario Children's Aid Society, the Scarborough Historical Museum, the Catholic

New Times Board of Directors and the Catholic Principals retired group. For 6 years she worked hard on behalf of those groups until she had a catastrophic fall and spent the next 6 months in bed, in hospital, to a repair a shattered femur. From that, her mobility problems ensued. This past summer has been her first in six years that she has not spent hospitalized for some health issue – so... it was time to return to active volunteering!



For two years Carolyn has been enjoying RTO's programming that involved theatre trips and decided that it was time to help serve her fellow retirees in some way. She is currently on our Executive as a Member-at-Large and has volunteered to act as our interim

Secretary until the AGM in May!

When she retired, she undertook to learn a skill that she had always thought to be very difficult – water colour painting. She reports that she took to it like a duck to water!! In addition, she loves music and theatre, as well as reading, and anything involving flowers.

Carolyn has travelled extensively, but in the past six years Cuban beaches have been her joy – with her sister and her three children. If her health permitted it, she would continue to see the world, but travel demands are too great, as are most activities, because of her severe mobility problems.

Carolyn is presently in the process of moving into an "assisted living" community and expects that next segment of her life to bring many new experiences.

She says that some people have commented that Carolyn has a "short attention span" and thus the many undertakings she has had through her teaching career. Not true! She just loves people and wants to serve their needs in a caring way. ☘

OUR B4K GOLF TOURNAMENT...



GOLF REPORT

BREAKFAST FOR KIDS GOLF TOURNAMENT "A WINNING COMBINATION"



Gorgeous weather, eighty fun loving golfers and a group of industrious and creative volunteers, helped make the 2012 Breakfast for Kids Tournament a huge success.

Generous individuals, businesses and financial institutions sponsored 20 golf holes. Several District 24 members donated a total of \$755.00 to add to our generous total of funds. President, George Denny, Vice-President, Carol Nelson, and Treasurer, Bonnie Clarke and Past-President, Donna Hubel joined us for lunch and helped with the draw.

It was an awesome display of support for "The Breakfast for Kids" programmes. Golfers and volunteers returned to the Mill Run Golf Club hungry and eager to have lunch. Our District would like to thank the Mill Run Golf Club kitchen & serving staff for another satisfying meal.

Every golfer had an opportunity to choose something from the prize table, participate in a draw and make bids at the Silent Auction Table. There were also individual and team awards given out. Congratulations to the following "skilled" players.

- ✓ **MOST ACCURATE DRIVE LADIES:** Fran Forbes
- ✓ **MOST ACCURATE DRIVE MEN:** Kevin Sheehan
- ✓ **CLOSEST TO THE PIN LADIES:** Hazel Quan
- ✓ **CLOSEST TO THE PIN MEN:** Peter Nixon
- ✓ **MOST ACCURATE PUTTER LADIES:** Cathy Harrison
- ✓ **MOST ACCURATE PUTTER MEN:** Paul Iron/Peter Smiley (tie)
- ✓ **LOW SCORE LADIES' TEAM:** Nancy Speer, Cathy Wolch, Linda Sherlock, Sharon Andrews
- ✓ **LOW SCORE MEN'S TEAM:** Bob Annis, Bill Kemp, Ken Andrews, Dave Corless
- ✓ **LOW "MIXED" TEAM:** Faye Griffiths, Dave Racine, Cathy Harrison, Bryan Rosa
- ✓ **MOST HONEST TEAM:** Susan Emmett, Fran Forbes, Rosanna Hermann, Mary Pyman

Special mention and a huge **THANK YOU** to the following volunteers for contributing in so many different ways to help make the tournament a success: Jerry Chadwick, Noreen Coombs, David Fick, Inge Hermann, Yolanda and Bill Hindle, and Doris Maier.

\$7,500.00

Once all monies were counted and the bills paid, I am proud to announce that we raised \$7,382.15.

The Executive kindly rounded it up to \$7,500.



Congratulations to everyone who contributed! The kids, in these Nutrition Programmes, are the **BIG WINNERS!**

RTO District 24 Executive members, Lothar Maier, Bonnie Clarke, Marilyn Hodge and Hal McCullough distributed the cheques to the four selected schools on November 5, 2012. Fiona Bowser, Student Nutrition Community Development Senior Manager-Food Share with the assistance of Lothar Maier, Convener, chose the sites and also accompanied the group.



We are proud to share the names of the 2012 sites benefiting from our involvement and the support of so many of our RTO members and their friends:

TDSB EAST YORK - CRESCENT TOWN PS ▼ - \$3,500.00
- a morning meal programme for 870 students from JK - grade 4.

PRINCIPAL: Tammy Ross

ANIMATOR: Nadira Yasmin

CO-ORDINATORS: teachers in each classroom run the programmes



TDSB SCARBOROUGH - WEST HILL CI ▼ - \$1,000.00
- a snack programme for more than 35 students.

PRINCIPAL: Denise Walters-McLean

ANIMATOR: Ayesha Khalid

CO-ORDINATOR: Rhoda De Guzman

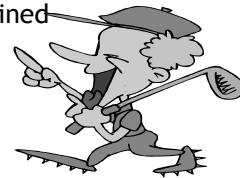


TDSB SCARBOROUGH - CHESTER LE PS - \$1,500.00 ►
- running a two food group snack program for 200 students and are trying their best to increase to the three food group morning meal programme as outlined by the provincial government.

PRINCIPAL: Michelle Fraser

ANIMATOR: Kim Houchen

CO-ORDINATOR: Remy Giron





TCDSB SCARBOROUGH - ST. EDMUND CAMPION ▼
- \$1,500.00

- a morning meal programme for about 200 students that they run 5 days a week.

PRINCIPAL: Mary-Lou Mills

ANIMATOR: Ayesha Khalid

CO-ORDINATORS: Melissa Marie and Diana Fowler



On behalf of all the children and young adults who will benefit from our support, I want to send out a huge THANK YOU. You continue to make a difference in the lives of children! I encourage and invite you to support the 16th Annual "Breakfast for Kids" Golf Tournament on September 10, 2013. Please watch for details in the Spring issue of **Beyond the Blackboard** and upcoming editions of our 'monthly' **E-NEWS**. ☼

~ *Lothar Maier, Golf Convener*

YOUR 2013 PENSION INFLATION INCREASE IS... 1.9%

We will apply the adjustment to your pension in January. To see the impact the adjustment will have on your pension, sign in to iAccess Web, our secure member website.

If you aren't registered for iAccess Web, or if you have chosen to receive personal pension information by mail, details will appear on the direct deposit notice that you will receive in early February.

For more information, go to:
<http://www.otpp.com/Inflation2013>



FYI...

Breast Cancer Support Group Meeting

The meetings are held the last Wednesday of every month, except December, at 7:30 PM at the McCowan Retirement Centre (formerly the Kingsway Arms), 2881 Eglinton Avenue East at McCowan Rd. in Scarborough. There is a bus stop at the corner of Eglinton Ave. and McCowan. Free parking is available on the south side of the building.

For more information, please call:

Marilyn: 416.284.9984

Peggy: 416.269.7575



Golden Years Group for the Visually Impaired

Meets monthly at the Birkdale Community Centre.

For more information contact Elaine Aprile

by phone at: 416.267.2670 OR

by e-mail at: elaineaprile@sympatico.ca



Club 48

Club 48 is an association of retired teachers who meet socially nine times a year from October to June, usually the afternoon of the second Wednesday of the month.

For further information contact: Christine Newhouse at: 416.924.5226.



Recruitment Drive

Just as "Beer is not just a breakfast drink", likewise "RTO is not just a medical insurance plan".

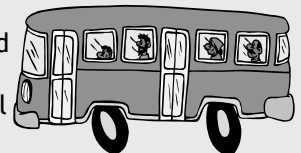
You do not have to be a member of the Insurance Plan to be a member of RTO/ERO, and enjoy the many benefits, such as Luncheons, Excursions, Theatre trips, Clubs, etc.

We are actively recruiting new Members for our district, and would appreciate your help in reaching retired members of the Educational Community who are not members.

REMEMBER... non-teachers are eligible to join RTO/ERO as associate members.

Have them contact any member of our District 24 Executive to discuss the benefits of membership.

~ *Les Coombs, Membership and Recruitment Chair*



Third party items are presented for information only.

Endorsement is neither intended nor implied.





Elise Brydon

Eighty years ago this fall, Elise Lauder (as she was then) stepped into the classroom as a teacher for the first time. When Elise graduated from the Toronto Normal School in 1932, there were no teaching jobs available. But the Toronto Board of Education hired her anyway - as a supply teacher. Any day she was called to fill in for an absent teacher she got a full day's pay. On other days she would go into a classroom and observe an experienced teacher at half pay. Her salary for the year was under \$700.00, and her pension contributions were \$16.59! During the year she made a speech at a church function. In attendance was the principal of Lord Dufferin School. "I want that girl in my school," he said.

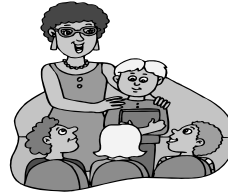
Sure enough, in the fall of 1933 she had a full time position in the Grade One classroom there. Elise says that one of the things she learned at "Dufferin School" was how to drink her coffee without sugar! In the staffroom there was a teacher who sat at the far end of the table and seemed to monopolize the sugar bowl - so Elise just gave up waiting for it. Several years ago Lord Dufferin celebrated its 100th anniversary, and Elise dropped in for a visit. She was fortunate enough to run into some of the students who had been in her class, and they remembered her after all these years, even though they were now in their seventies.

She was fortunate enough to run into some of the students who had been in her class, and they remembered her after all these years, even though they were now in their seventies.

Marriage in 1942 to the love of her life, Bill Brydon, put an end, for the time being, to her teaching career. Late in 1943 and pregnant with her first child, Elise waved good-bye to Bill as he sailed with the troops to war. But all through these years, Elise never forgot her own education. Right from the time she started teaching, she had been studying part time at the University of Toronto. In her graduation picture from 1945, she is proudly holding her one-year-old son Peter in her arms. In 1949 Elise and Bill's

second son, Bruce, was born, and in 1951 the family moved to their new house in Agincourt.

Before many years, Elise was helping out with children again, becoming the Superintendent of the primary Sunday school at Knox United Church. But she missed the classroom, and through the fifties she gradually found a way to get back in. In North York, in 1953 and 1954, she filled in for teachers on leave from the Easter holidays until the end of school. After that she had her name on the supply list at Agincourt Public School. I was both proud and fearful the day she taught my class when I was in Grade 5. But she turned out to be a lot nicer in the classroom than I expected!



In 1959, Elise returned to the classroom full time, taking the Grade 3 class at Agincourt Public. At first she found it quite exhausting, but soon found that she was much happier in the classroom than she had been keeping house all day long. In a

few years she was accepting student teachers into her class. She enjoyed watching them develop their skills, and also valued the new ideas they brought with them, although there were some weak ones. The low point was a student teacher who observed her for a day, and then taught the very same lesson the next day, with the very same arithmetic examples! While she was at Agincourt, "Conversational French" was added to the curriculum for senior students. The principal looked at her and said, "Elise, you're the one with a university degree." So Elise had to teach it. She took a summer course to prepare, and tried to remember what she could of her undergraduate French, but that had all been written, not oral. In this program they were instructed not to use written French at all. It nearly drove her crazy.

After two years of this she accepted a position as an itinerant Guidance teacher in the Elementary system, under her good friend, Marion Axford. She was a lot happier with Guidance than teaching French! But before very long, a different sadness entered her life. Her husband Bill became very ill with cancer, and in 1971, she took a leave of absence to nurse him through his final illness. After Bill's passing, she returned to the guidance work for a few more years, finally retiring in 1974.

Elise has had a long, and, until recently, an active retirement. Speaking at her 100th birthday celebration this year, she got right down to the essentials. "Did you get anything to eat?" she asked everyone. "Help yourself to the food." ❀

~ Peter Brydon, son

- ☺ COMMITTEE: A body that keeps minutes and wastes hours.
- ☺ YAWN: An honest opinion openly expressed.
- ☺ SECRET: Something you tell to one person at a time.



The Clarkes in EGYPT, part 2



~ continuing on from our Summer issue...

From the Valley of the Kings we travelled to Deir El-Medina the village occupied by the workers who spent a life time decorating

the tombs in the Valley of the kings and the Valley of the Queens. There in the tombs of the artists who decorated the Pharaohs' tombs are some of the greatest paintings of this period. And unlike the tombs of the Pharaohs, it is in remarkably good condition. We went into the tomb of Sennedjim and were overwhelmed by clarity of the images and the brightness of the colour. In most of the paintings there is little or no damage even though the images are at least 3000 years old (19th dynasty). There are scenes from everyday life and depictions of religious ceremonies taking place in the World of the Dead.

Next stop is the large temple complex of Karnak. These monuments on this site were constructed over a period of 1000 years and contain work done by many different pharaohs. The buildings must occupy an area of at least a half square mile. Most noticeable at Karnak is the height of the columns (close to 40 feet). A great number of columns are placed in rows to form a hall; they were not expected to carry a roof. Another remarkable feature was the size (more than a 100 feet in each direction) of the lustral pool that Pharaoh ritually bathed in to purify himself. This pool was used by no one else. Finally, there was the use black basalt stone to set off door entrances and floors from the other stone used to form the walls.

Other temples visited on the west side of the Nile near Luxor are the Ramesseum, the mortuary temple of Rameses II and at Medinet Habu, the temple of Rameses III. These were remarkable for their size but not as large as Karnak. At the temple of Rameses II, carved on the wall were cartouches naming Rameses' 101 children.

In the evening, with a full moon, our guide took us to the Luxor temple. This is a temple similar to Karnak in that it shows the work of a number of Pharaohs. However, in this case, on the walls there are scenes showing Alexander the Great who conquered Egypt in the 4th century B.C. as well as scenes showing the Romans as later conquerors. The views of the large columns in the moon light were spectacular as well as the view of the minarets of the mosque that was built on a section of the ruin.

In the morning was a quick trip to Queen Hatshepsut's mortuary temple at Deir el Bahri. This is an amazing structure that is highly praised. The building is planned to fit the space it occupies: a wide building with two stories but not the towering columns of other Egyptian monuments. It is suggested that the architect of the building is Senmut, the pharaoh/queen's chief councilor

and perhaps lover. Senmut's tomb is believed to be on the side of the valley.

From Luxor we embark on the Royal Lotus - a chance to relax and enjoy a cruise on the Nile River. The stateroom is good. There are chairs by a large window, so we can view the passing scene. The air conditioning works. The top deck is covered by a partial canopy. You have a choice: sit in the sun and watch the shores or sit in the shade. The inevitable bar for refreshments is present. The dining room is at water level. Swells from other boats break against the windows giving you an interesting view. The food is buffet style and there is a great variety. In all there are approximately 60 passengers.

Our Nile trip takes a day and a half or two nights. In the course of this passage one can observe different shore birds (cranes and geese). Along the shore are sparsely scattered small individual rectangular dwellings most often with a flat roof. The exterior of these buildings usually needs plaster and paint. Hobbled in front of the dwelling are oxen. There is no evidence of farm machinery. Behind the dwellings are large green areas - possibly sugar cane plantings. The only thing that clearly belongs to the 21st century is cell phone towers (we were able to phone - with no difficulty - Toronto from the Royal Lotus using an international sim card in our phone).

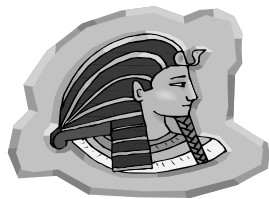
On the way down the Nile we stopped at Edfu and went to the Temple of Horus, considered the best preserved Egyptian temple on the Nile. We also tied up at Kom Ombo where we saw the twin temples of Sobek and Horus. Here we learned that Horus was the son of the god of the underworld Osiris, and he was sent by his father to help mankind's passage through the underworld. He was also a god who could bring good health and healing. Pharaoh was often referred to as the "Living Horus" and his heir the "Horus in the Nest".



We reached Aswan in the evening and stayed on board for the night. In the morning we saw the ancient granite quarry with the unfinished Obelisk of King/Queen Hatshepsut - a huge monument of stone that cracked when they tried to free it from the rock. Had things gone right this multi-tonned rock would have been transported to the Nile, a mile distant, and put on a boat and transported on the Nile to Karnak (Luxor) a distance we just covered in a day and half in a boat - with a motor! The only advantage the ancient Egyptians had was that they were travelling with the current. One wonders what monuments lie on the bottom of the Nile. From the quarry, after a short dive and boat ride, we saw the Temple of Isis at Philae. In the afternoon we transferred from the ship to the Movenpick Resort which is located on Elephantine Island in the middle of the Nile. It requires a ferry to reach or leave the Resort. Our room was on the corner of the building and had two balconies: one faced the desert on the west shore of the Nile the other faced north and looked along the island. The grounds were beautifully landscaped and green in stark contrast to the sand of the desert. That evening

our guide took us to the market which was filled with fascinating sights and sounds.

The next day had a very early start (4:30 AM) and with a boxed meal we went to the Aswan airport and caught a 7:00 AM flight to Abu Simbel where the rock cut temples of Rameses II (built to honor himself and his Queen, Nefertari) have been relocated. The early departure was hard but the early arrival and subsequent views of Nile and temples were worth it. At Abu Simbel we were at the far south end of Egypt and only 20 miles from the Sudan. The temperature here on March 2 was 86 degrees and the UV Index was 5. The humidity stood at 22%. It was a dry comfortable heat unlike Toronto at the same temperature.



We flew back to Aswan and caught a noon flight to Cairo where we stayed at the Cairo Marriot. Again like the hotel in Luxor it is a huge complex with stores and restaurants. The morning of the next day was spent at the Egyptian

Museum. Here are to be found the well known artifacts from King Tutankhamen and other Pharaohs. Perhaps the most spectacular object was a gown made for Tut that had survived more than 3000 years. Its surface was covered with gold and silver plaques. When the king was in public in the bright Egyptian sun he must have blazed forth, drawing all eyes to him. The Royal Mummy room was equally fascinating as it afforded an opportunity to gaze at these immensely important people who ruled Egypt so long ago. Rameses II is particularly well preserved.

That afternoon there was a tour of the world famous Khan el Khalili bazaar, ending our visit to Egypt.

Two things that have not been discussed at length are the people of Egypt and the food. In the first case we had little contact with Egyptians. The people we met were in the Tourism industry and spoke English and were extremely willing to help. We were allowed to go out only once on our own in Cairo and that was the short walk from the Mena House to the pyramids. Even in that short distance we were accosted by people wanting to sell us things or guide us. When we were walking about the pyramids much same problem existed. We were continuously approached by people wanting to sell something.

Each archaeological site had police to protect tourists. The road leading to the Valley of the Kings had police along it. The Marriot and Mena House hotels in Cairo were walled compounds with gates and guards. At the Marriot there were German Shepherd dogs that inspected every vehicle for bombs that entered the compound. There were spikes in the road that disappeared when a vehicle was granted permission to enter. Inside the hotels, luggage and bags of any kind had to go through air port baggage scanners. The fear is that, like in India, someone will try to blow up the hotel.

We were told that there 40% of the 20,000,000 inhabitants of Cairo were unemployed. When we travelled about by

van in Cairo it was clear there were many men who seemed at loose ends. It was also clear in many cases they couldn't afford dental work. Subsequent reading has told us that a Pharmacist in Cairo makes only \$7-\$10 a day. By Western standards even professionals are not paid well. The revolution that started in January 2011 and that still goes on is no surprise.

In regard to food, our trip was about seeing monuments and the artifacts of a civilization separated from ours by thousands of years. In Luxor our Egyptian guide refused to eat anything that was not heated or boiled. Having lived her life in Egypt she feared what might be in the water as much as we did. Clearly to be avoided are fruit, vegetables and water which is not properly bottled.

We are very fortunate to have gone in 2010 before the revolution started. We enjoyed the trip provided by Museum Tours and were grateful to the people who helped us on our way. We still exchange e-mail with our guide and she is discouraged that the changes promised the Egyptian people in 2011 have yet to take place.

*~ Doug Clarke, member of District 24
~ photos on our website*

THE DENNY'S! MEDITERRANEAN CRUISE



ROME... It would be easy to spend weeks here and not see everything. We really need to come back. We stayed in a rustic, old hotel which was clean and full of character. From our room could be seen

the Roman wall just across the street. After we got settled, we went out to find a café as all the restaurants were closed until 8:00 PM. We returned to the hotel around 4:30 and were able to go on an unforgettable three hour circuit of this hilly city. We ventured along cobblestone streets - up, down and around - getting out for pictures at various landmarks, such as the Trevi fountain; the Spanish steps, where we walked up 124 steps (phew!); St. Peter's Square; and many magnificent basilicas and churches. As dusk approached, people started to come out for a good time; enjoying delicious food, fine wine, and each other's company.

ALEXANDRIA... We stayed close by the ship as we were notified about the possibility of contracting digestive disorders if we ate or drank the local food. Since the drive to Cairo was around three hours each way and the tour would have been about six hours, it would have been necessary to eat. Sure enough, many people who went on the excursion to Cairo came down with the digestive complaint. The staff on the ship spent the next week disinfecting all the public areas.

ASHDOD... We must go back to Israel one day. What a beautiful and civilized country. We booked a shore excursion through the ship and had a wonderful but exhausting day. We visited (and took many pictures): the

Western Wall, Via Dolorosa, Garden of Gethsemane, Church of all Nations, Church of the Holy Sepulcher, Room of the Last Supper, and many more historical sites.



Western
(Wailing)
Wall



PIRAEUS... We booked a tour to Corinth and Corinth Canal. What an engineering feat this canal was, constructed in the late 1800s! It is over six kilometres in length and 21 metres wide, with walls 90 metres high. Corinth itself was one of the most important towns in antiquity, famous for the visits of St. Paul around 50 AD. It was amazing to walk the ruins of this ancient citadel.

NAPLES... Here, we toured Pompeii, the ancient Roman city destroyed in 79 AD by the eruption of Mt. Vesuvius. Covered by six metres of volcanic ash and pumice, the city was preserved in time and has become one of the most famous excavation sites in the world.

What a wonderful trip! ☘

Over the past several issues we have had members who have written about their experiences whilst travelling the world. If you go on a trip that you think other D24 members would enjoy reading about, please contact Hal at hal@powergate.ca. Write up your "trip around the world" and send your write-up - with photos - to your Editor.



FROM YOUR EDITOR



We're always looking for items for our newsletter. If you have been on a trip that you think other members of District 24 would be interested in reading about, or if you have an item of general interest, please forward it to me for possible inclusion in the newsletter. Text is best sent in unformatted MSWord. If you have photos that you can send, that's a bonus! If e-mailing photos, please send them as they come from your camera - we need the highest resolution for the best reproduction.

If you send material via Canada Post, please allow extra time for me to key in your data. We can scan your photos (prints) and return them to you.

If you have an item for our FYI page, then please note that the Executive has adopted a new policy and we will only show this info in your item: the topic, the date, and the name of the contact person.

My contact information is to the right, and on page 23.

GETTING YOUR NEWSLETTER ON-LINE:



If you are receiving our **E-NEWS**, may I also suggest that you add receipt of our newsletter **Beyond the Blackboard** to your list of mail received on-line?

As of November 20, 2012, we had **215 members** signed up to forgo our paper edition of **Beyond the Blackboard** in favour of being able to read it on-line! These members

are saving District 24 over **\$1400.00** this year.

How about you? Is it time for you to join us? I see a number of advantages when you do:

- ✓ It's faster. No need to wait for Canada Post to deliver your newsletter.
- ✓ It's easy to sign up. (See below.)
- ✓ It saves paper.
- ✓ It saves our forests.
- ✓ It saves wildlife habitats.
- ✓ It's better for the environment.
- ✓ It saves the District money.
- ✓ Once downloaded, you can save it on your computer for quick and easy reference - with no paper copies to store.
- ✓ While you're on our website, you can check out what else is going on in our district, even what's happening in the other Toronto districts!
- ✓ You can see all the photos from our District activities that didn't make it into our newsletter.
- ✓ If you are going away for an extended period, you can still get your newsletter and not have to wait for it to be forwarded to you by the postal service.
- ✓ All internet links shown in the newsletter are active, ready for you to click on and use.
- ✓ All pages will be in FULL colour! No more greyscale.
- ✓ If you're a couple and both receiving a copy of our newsletter, you can easily arrange to receive one paper copy and one e-mail copy. (Or 2 e-mail copies!)



To sign up for our newsletter on-line, I ask that you send me the following information:

- ❖ your name
- ❖ your address, including postal code
- ❖ your phone number
- ❖ your e-mail address

I need all this information to be sure that when we delete your name from the Membership List that gets sent to our printer, Harmony, that we have deleted the correct person! (Not to worry – your information down at Spadina is quite secure - I have no access to their database.)

Send this information to Hal at: hal@powerate.ca
Please use the subject line: **RTO - No Newsletter**

When Harmony informs me that our newsletter has been delivered to the Post Office, I will send you an e-mail to let you know that you can access our newsletter (along with directions on how to do so... and it is really easy!) ☘

~ Hal McCullough, Communications (Newsletter)

OCTOBER 25, 2012 - FALL LUNCHEON

The Annual Fall Luncheon on October 25th at QSSIS was a great success. A record number of 169 members and guests attended. (FYI: Our first luncheon had 32 in attendance!) For the first time, we had a Craft and Bazaar Sale and there were sixteen vendors who brought a wide variety of products for us to purchase. The banquet hall looked like a Fall Fair scene with colourful tablecloths and centrepieces and there was wonderful 'buzz' of members and guests visiting as well as purchasing items. Carol Nelson arranged for members to bring food donations for St. Margaret's P.S., our recipient of the Service to Others money awarded by RTO this year. Jeff and John, from QSSIS, provided punch for everyone and surprised us with hot appetizers as well. The meal continued the fall theme with a hearty 'home-cooked' variety of comfort food. There were many positive comments made and some members remarked that they should have brought more money to spend!

On a personal note, I would like to thank several members who helped, especially on the day of the event. Elaine Aprile and David Tumber greeted everyone at the Registration table. David also made the name tags and was my 'tech support' when I had computer issues. Donna Hubel helped with the vendors and distributed and picked up centre pieces. Carol Nelson, Marilyn Hodge and Margaret Nicolson prepared the 40th Anniversary bags that were given out to everyone when they arrived. Margaret, Elaine, Linda Jarvis and Irene Karman also helped with the centrepieces. Pamela Tumber, Elaine and Irene sold tickets for the draw. A big 'round of applause' also goes out to Marilyn Hodge, who organized the Gold and Sterling Silver sale. Be sure to read her report in the next **Beyond the Blackboard** newsletter. ✂

~ Judy-Anne Tumber, Programme & Social Convener



SEPTEMBER 9, 2012 – STRATFORD FESTIVAL: PIRATES OF PENZANCE

*Beautiful day!
Great music!
Terrific production!*



*Lots of fun!
Great company on the bus!
Delicious lunch!*



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We are looking for a member to fill this position...  *This could be you!*

SECOND VICE-PRESIDENT:

We are looking for a member to fill this position...  *This could be you!*

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We are looking for a member to fill this position...  *This could be you!*

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Bob Cook bob.elainecook@sympatico.ca 416.267.0246

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Fernando Gonçalves fgoncal197@aol.com 416.497.2812

Margaret Nicolson marg.nicolson@rogers.com 416.759.5560

Ex-Officio:

Bill Sparks wgasparks@sympatico.ca 416.293.7477

Executive Meetings

All District 24 members are welcome to attend Executive Meetings. We'll be meeting on these Thursdays:



JANUARY 10, 2013

MARCH 7, 2013

APRIL 11, 2013

MAY 16, 2013

MAY 23, 2013 (AGM)

JUNE 13, 2013

Refreshments are from 9 to 9:30, with our meetings beginning at 9:30 AM and ending around 12 noon.

We meet at the **MCCOWAN RETIREMENT RESIDENCE**, (formerly known as the Kingsway Arms) on the southwest corner of Eglinton and McCowan. Go south on McCowan and turn right on Landmark Blvd. Go straight across to the McCowan Retirement Residence – the 2nd building on your right. Parking is available, in designated areas, at the back of the building.

NOTE: Signing **IN** and **OUT** is a requirement of the residence!

RTO/ERO

Since 1968, The Retired Teachers of Ontario/les enseignantes et enseignants retraités de l'Ontario – commonly referred to as RTO/ERO – has been a full-service voluntary organization, providing a strong voice for retired teachers, principals, vice-principals, education support staff and college and university faculty. RTO/ERO is the best organizational friend you can have... dedicated to the needs of Ontario's retirees in the educational field, promoting and protecting your interests, particularly in the area of pensions, health care and insurance.

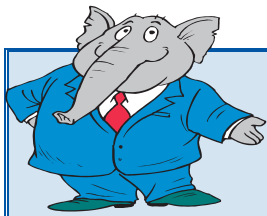
RTO/ERO has maintained this unwavering commitment for over 40 years.



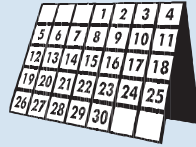
www.rto-ero.org

Teachers plant seeds of knowledge that bloom forever.





**DATES
TO
REMEMBER**



EVERY TUESDAY BRIDGE CLUB (BEGINS 12:30 PM)
 DECEMBER 5 SG&CC: **CHRISTMAS LUNCHEON (SOLD OUT!)**
 JANUARY 10 EXECUTIVE MEETING - EVERYONE WELCOME
 MARCH 7 EXECUTIVE MEETING - EVERYONE WELCOME
 APRIL 11 EXECUTIVE MEETING - EVERYONE WELCOME
 APRIL 12 SHAW: **GUYS AND DOLLS**
 APRIL 25 LUNCHEON & TRAVELOGUE - SG&CC
 MAY 8 STRATFORD: **FIDDLER ON THE ROOF**
 MAY 16 EXECUTIVE MEETING - EVERYONE WELCOME
 MAY 14-15 SPRING SENATE
 MAY 23 Q-SSIS: AGM/SPRING LUNCHEON
 JUNE 13 EXECUTIVE MEETING - EVERYONE WELCOME
 JUNE 19 PENETANGUISHENE: **OLIVER + KEEWATIN (SHIP)**
 SEPT 5 EXECUTIVE MEETING - EVERYONE WELCOME
 SEPTEMBER 10 15TH ANNUAL B4K GOLF TOURNAMENT
 SEPTEMBER 11 LADY MUSKOKA BOAT TOUR

1ST DAY OF THE MONTH: **E-NEWS** E-MAILED
 5TH LAST DAY OF THE MONTH: DEADLINE FOR NEXT **E-NEWS**
 SEASONS CHANGE ON: DEC 21; MAR 20; JUNE 21; SEPT 22
 DAYLIGHT SAVING TIME: BEGINS MAR 10, 2013; ENDS NOV 3, '13

➔ EXECUTIVE MEETINGS ARE HELD AT THE MCCOWAN RETIREMENT RESIDENCE (FORMERLY KINGSWAY ARMS) ON SOUTHWEST CORNER OF MCCOWAN AND EGLINTON.

RTO/ERO: Here for you now... Here for your future
DISTRICT 24:
WHERE OLD AND NEW FRIENDS MEET.

~ photos by Hal McCullough

**FALL LUNCHEON
THURSDAY, OCTOBER 25, 2012**



▲ guest, Norbert Boudreau, 1st Vice-President of RTO/ERO with a D24 Past-President, Harolyn Panetta



~ additional photos inside our newsletter and more on our website

THE CONTENT OF THIS NEWSLETTER MAY OR MAY NOT REFLECT THE POSITION OF RTO/ERO DISTRICT 24 OR THE OFFICIAL POSITION OF RTO/ERO. OTHER RTO/ERO DISTRICTS ARE WELCOME TO USE ANY OF THE MATERIAL CONTAINED IN THIS NEWSLETTER PROVIDING APPROPRIATE ATTRIBUTION IS MADE REGARDING SOURCE.
ARE YOU MOVING? YOU NEED TO CONTACT DIANNE VEZEAU AT RTO. PLEASE SEE PAGE 9 FOR HER CONTACT INFORMATION.

RTO/ERO DISTRICT 24
C/O HAL MCCULLOUGH
62 CHESTER CRES.
PORT PERRY, ON L9L 1K8



**THE DEADLINE FOR SUBMISSIONS FOR FALL'S BEYOND THE BLACKBOARD IS:
FRIDAY, JANUARY 18, 2013**

