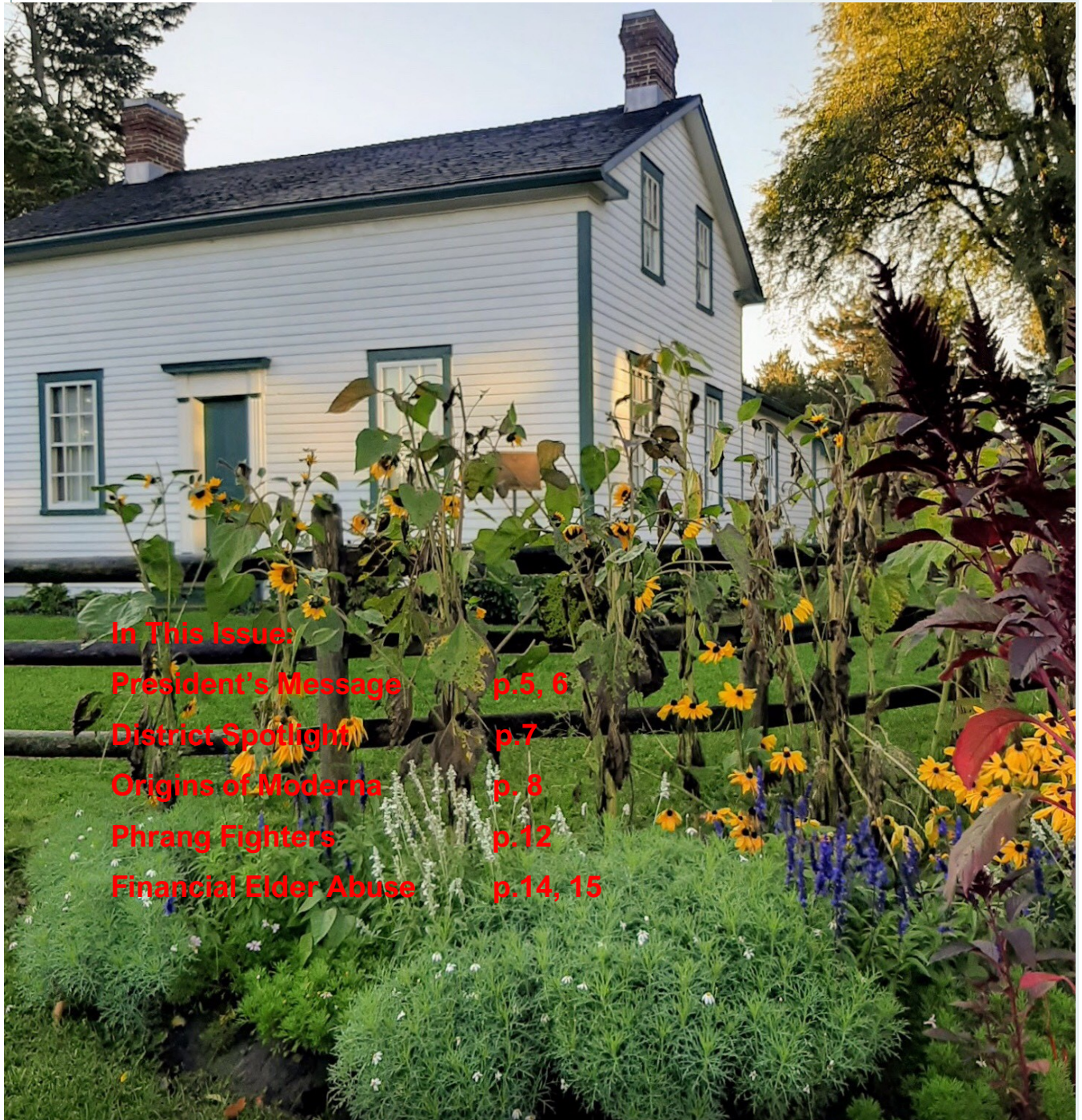




**RTO
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**District 24
Scarborough and East York**

Beyond the Blackboard



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RTO Membership:

Phone: 416-962-9463

Email: www.membership@rtoero.ca

Please contact Membership to report any changes to your contact information.



Webmaster: Annemarie McKee

What can you access on our website?

- Your Executive Publications – every issue of Beyond the Blackboard is posted to the website as well as the most recent E-News
- Activities - use this to print out your coupons for upcoming events
- The Provincial website links
- Provincial Members Centre link
- Calendar – with upcoming events/meetings posted
- Retirement Workshops
- Photos of Events through Flickr

Just go to the website homepage. <https://district24.rto-ero.org>
When all else fails, try the SEARCH box on the top of every page.

Facebook Editors: Paula Chambers & Annemarie McKee.

<https://www.facebook.com/RTOERODistrict24ScarboroughandEastYork/>

Beyond the Blackboard

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<i>Beyond the Blackboard</i> is published as a members' newsletter by RTO District 24. The content of this newsletter may or may not reflect the position of RTO District 24 or the official position of RTO. Other RTO districts are welcome to use any material contained in this newsletter providing appropriate attribution is made regarding source.	P. 14, 15	Financial Elder Abuse
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Mail Sales Product Agreement #40881027		

On Our Cover: Scarborough Museum in Thomson Park. Photo by Claire Hughes

Beyond the Blackboard welcomes submissions from members of RTO District 24. We accept letters to the editor, article proposals, photos, and artwork. Do you have a story to tell, an experience to share, or a poem that you have written? Consider contributing your work for publication. Articles should be between 400 and 1200 words, and photographs and scanned images should be at least 300 dpi at 5" x 7" size (please send photos/images as email attachments and do not reduce size when attaching). Send submissions to:

paula.chambers@rogers.com

We cannot guarantee that submissions will be published or published as received. The editors reserve the right to edit, condense, or reject letters or submissions.

Deadline for submissions for the next edition of *Beyond the Blackboard* is December 7, 2021.

Executive List 2021- 2022

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BOOK CLUB B:	Danielle Desmarais Connie Macdonald		
BOOK CLUB C:	Danielle Desmarais Susan Hall		
EX OFFICIO:	Gary Fick		

President's Message

Annemarie McKee

Our colleagues have returned to school in an environment vastly changed from the one we experienced in our days. Thank you for your commitment and professionalism! Enjoy the return and take care of yourselves!

We will continue to implement and direct operations under the guidance of RTOERO, Toronto Public Health as well as Federal and Provincial government policies. The RTOERO Board of Directors has informed all District Executives and members that all RTOERO in-person meetings may resume in 2022. We continue to hold Zoom meetings for Book Club, Nordic Pole Walking (now renamed Pole Talking) and Bridge Online.

As vaccination rates continue to rise, at the time of this writing, we are almost at 80% for single doses and have surpassed 50% for second doses across the province. With everyone making a concerted effort to receive both vaccinations, there is hope that we will once again be able to hold our luncheons, if not in the fall, then next spring. What a celebration that will be!

Your Executive has been meeting via Zoom while in-person gatherings were suspended due to lockdowns. We are all anxious to resume face-to-face discussions and look forward to conversations with friends without the necessity of wearing a mask. I had the opportunity to meet with all the District Presidents via Zoom. I saw three pages of tiny live pictures and had the chance to share with our colleagues. If you know people who work in the education sector who are not retired or who are retiring in the near future, let them know about RTOERO free membership until they retire and thus, they can enjoy many of the benefits it provides.

If you received our August E-News E-Blast you would have enjoyed the photos and articles from our members' travels. It was enjoyable to visually travel to some favourite places.

I am thankful that at both the Provincial and National levels, RTOERO continues to advocate for seniors. Our Goodwill Chair Lynne is working hard to reach out to our seniors via phone calls and cards. My thanks go to Paula for her leadership in preparing our newsletters.

District 24 has donated \$2000 to the Scarborough Foundation Health Networks' Community Mental Health project with a focus on seniors mental health services. Isolation and the onset of chronic or age-related disease puts seniors at higher risk for developing mental illness, especially during the COVID-19 pandemic.

The new clinic will serve as a model for other health care organizations to follow across the province and throughout Canada. Thank you to Betty Lou for this proposal. She has been a strong advocate for seniors.



THANK YOU நன்றி 謝謝

6/29/2021

Mr. Gary W. Fick
Retired Teachers of Ontario District 24
5 Agate Rd
Ajax, ON L1S 3J7

Dear Mr. Fick,

We have received, with appreciation, the generous gift of \$2,000.00 from the Retired Teachers of Ontario District 24 in support of our COVID-19 relief effort at Scarborough Health Network. On behalf of all of our frontline workers, especially those who work at our Emergency Departments, Intensive Care Units, and vaccination clinics, thank you for lending a helping hand during these challenging times.

Throughout the pandemic, we have received an outpouring of support from the community and raised more than \$3M for COVID-19 relief – PPE, equipment, meals, and services. The three hospitals within our health network have been hit hard and borne the lion's share of COVID cases. It is only through the generosity of our supporters that our physicians and nurses have the tools they need to provide best-in-class health care close to home. They have shown incredible dedication and resilience, constantly adapting to meet the evolving demands of the Scarborough community while maintaining the highest standard of patient-centric care. Still, they could not have done it without the support from the community. We are grateful to everyone at your organization for your leadership and kindness.

On behalf of all of us at Scarborough Health Network, thank you.

Sincerely,

Alicia Vandermeer
President and CEO
Scarborough Health Network Foundation (SHN Foundation)

SCARBOROUGH HEALTH NETWORK FOUNDATION
214-2020 Lawrence Ave E, Scarborough, ON M3P 2T7
Phone: 416-431-8300 Fax: 416-438-8332 Email: foundation@shn.ca
Charitable Registration # 11914-2263-990001
SHNFoundation.ca

Spotlight Scarborough Champion Did you follow Team Canada in the Olympics?

What a champion! An epic party took place in West Rouge for swimmer and Olympic medalist Kayla Sanchez. Kayla swam the leadoff leg of the women's 4x100m freestyle relay that took home a silver medal. She followed that up by winning bronze in the women's 4x100m medley relay event. Way to go, Kayla!



Our executive created a new practice. A donation will be sent annually to the Foundation in memory of those members who have passed during the past year, As we plan for the next year, 2021-2022, we have three open positions on the District 24 Executive Board; Treasurer, First Vice President and Chair of Community Grants. Do you wish to make a difference for others, use your skills and talents for good, and, when it is safe to do so, meet other members from our District? If you would like to consider filling in for any of these positions, our entire executive would be only too happy to assist you in any way possible if you decide to join us. You can join as a "Member at Large" with no direct responsibilities other than to give input and help out. This is a way to get to know what we do. I invite you to contact myself or Paula Chambers, our Past-President, to let us know of your interest or to have any questions answered.

My husband purchased a world map and then gave me a dart and said, "Throw this and wherever it lands—that's where I'm taking you when this pandemic ends.". Turns out, we're spending two weeks behind the fridge.

District 24 Spotlight

Bill Sparks has been a member of District 24 since his retirement in 2000. He agreed to join the District Executive after a couple of years and ran successfully for the position of First Vice President. He subsequently became District President and Past President. He served a second term as District President a few years later and as circumstances developed, when our Executive Board numbers required a boost, Bill agreed to reassume the role of Past President for a third time.

Bill ran successfully for a position on the RTOERO Governance Committee where he spent 8 years assisting other districts in the preparation of their Constitutions and in running the Annual Meetings of RTOERO (formerly called Senate) in various roles including Speaker and Resolutions preparation.

Bill brought his vast experience and expertise in parliamentary procedure to both our Executive Meetings and District Annual Meetings not only while he was President but as a mentor to subsequent district leaders. Bill has agreed to remain a consultant as our District Constitution is reviewed over time.

Bill's other expertise lies in his ability to develop and write documents such as our District 24 Constitution which sets out the processes which govern the way we conduct business. Bill was also very involved as a principal in producing documents / videos for the Special Education Department of the Boards of Education. He is a strong advocate for Students with Special Needs. Pre-retirement Bill served as First VP and subsequently President of OPSTF Scarborough District. He was the Ontario President of the Association for the Mentally Retarded from 1985 – 1986 during which time the name was changed to The Ontario Association for Community Living, and subsequently to Community Living Ontario. Bill is especially proud of these changes.

As the Constitution/Governance Convener for District 24, knowing the documents and policies he helped create so well, made Bill instrumental in assisting the Executive over the years when they sought guidance. Bill has agreed to remain a consultant as our District Constitution is reviewed over time. His dedication, leadership, and commitment at our local level in District 24 Scarborough & East York has been much appreciated.



Scarborough Boy Saves the World

Background on Dr. Derrick Rossi, Co-Founder of Moderna by Robert Patrick

Topmost in most of our minds is COVID-19 and the recent developments regarding a vaccine. In a detailed article in the Toronto star, November 17, 2020, Alex Boyd described the path of Derek Rossi's contribution to the development of the vaccine by Moderna which has now been put into use. According to Derek, your DNA makes RNA, which makes protein, which makes life. In 2010 he began building on his previous discovery of a modified type of RNA and helped to found a company devoted to this new technology. This enterprise was named for modified mRNA and called Moderna for short.

So where is the University of Toronto Innis College connection? Derrick Rossi was a graduate student of Alan Bernstein. Who is Alan Bernstein? Doctor Alan Bernstein graduated from Innis College B.Sc. 1968 and completed his Ph.D. in 1972.

In an article in the National Post from May 28, 2020. Joe O'Connor wrote of the Rossi family indicating that neither parent had more than a high school education. He said they raised five kids. Derrick was the baby of the bunch and a super keen student. He credits Lloyd Lumby's science class and Doctor Norman Bethune High School in Scarborough with instilling his love of molecular biology. So, who is Lloyd Lumby? Lloyd was a fellow colleague of mine at Doctor Norman Bethune College institute (and also a great wing mate on the hockey team). When this article surfaced, Lloyd had this to say about his former student, " Since so many people are commenting on the National Post article about Derrick and the fact that my name was mentioned, I thought I would share a short story that pertains to this. I had the pleasure of teaching Derrick a few different science courses but I do have a vivid memory of one particular biology class, I believe it was grade 13 biology—but it could have been grade 11 biology. In any case, it was a genetics unit and we were discussing how the human genome would probably be discovered at some point in time, but not in my lifetime. I suggested this and boy, was I wrong! We had also had discussions on recombinant DNA techniques and what amounts to genetic engineering. He shared my great enthusiasm for such topics and at the end of one particular class, he declared to me that this was what he wanted to do. Youthful enthusiasm is always a great thing to witness. I said it was a great ambition but that it would require him to study molecular biology and acquire a Master's and a Ph.D. for starters. Well, the rest is history. I had no idea that he was the founder of Moderna and many other biotech companies. What a treat it was to teach such a fine student. "

There you have it. Now that you have received this lifesaving vaccine, (possibly from Moderna), you know something of its DNA.



Health

Bonnie Clarke



Are you a member of the RTOERO Benefit Plan? If so, be sure to access all of the benefits you are entitled to. You should have received a Benefits Plan Booklet which will explain what is covered under each section of the plan. If you are still not sure, call Johnson at 1-877-406-9007 and ask if your claim is valid.

When you turn 65 you are eligible to access the Ontario Drug Benefit Plan (ODB). If your pharmacist does not automatically put your drug claim in to ODB, please ask to be added. If you rely on your RTOERO plan you could rapidly use up your yearly limit for drugs.

Many pharmacies will charge seniors only a token fee such as \$4.11 dispensing fee per prescription while you will be responsible for the dispensing fee and the 20% deductible if using the RTOERO plan alone. Did you know that your \$100 ODB co-payment which you pay in August each year is eligible for a refund of 80% if you send in the receipt along with a claim form? Speak to your pharmacist. Some may automatically do this for you.

Osteoarthritis Inflammation

By [Roger Hirschak, D.O., Medical Director, Shell Point Retirement](#)

Did you know there are a number of foods that can reduce the inflammation and swelling that causes the pain associated with [osteoarthritis](#)? The Arthritis Research Institute of America recommends these foods to help decrease inflammation, improve joint flexibility and ease pain. Stock up on these superfoods your next trip to the supermarket!

Salmon contains omega-3 fatty acids that can reduce joint pain and shorten the duration of morning stiffness.

Bananas and Plantains are high in magnesium and potassium that can increase bone density. Magnesium may also alleviate arthritis symptoms.

Blueberries are full of antioxidants that protect your body against both inflammation and free radicals—molecules that can damage cells and organs.

Green Tea has anti-inflammatory properties.

Orange Juice contains Vitamin C, which is important in the development of normal cartilage.

Tofu can reduce pain and swelling in chronic knee joint pain. Try it in a fruit smoothie!

Peanut Butter is rich in vitamin B3, a supplement that may help improve flexibility and reduce inflammation.

Whole Grain Breads and Cereals can alleviate morning stiffness and pain.

Lobster is a good source of vitamin E that may have a protective effect against knee osteoarthritis.

Fresh Pineapple has been recommended by coaches to help heal sports injuries because it contains an enzyme called bromelain that helps reduce inflammation.

Political Advocacy

Betty Lou Reynolds

As I write this article it is early September, and we are in the middle of a Federal Election Campaign. COVID-19 continues to be a major factor in our everyday lives as case counts are rising again with the fourth wave.

Stats: <https://www.covid-19canada.com/>

News articles relay how we can avoid higher case counts:

<https://www.theglobeandmail.com/canada/article-to-avoid-15000-daily-covid-19-cases-next-month>

This means that our efforts to keep health care on the agenda is critical.

As part of Political Advocacy, we will continue to reach out to local Scarborough Politicians to ensure that our District's goal of promoting Geriatric Health Care and Seniors Issues remain on their agenda.

RTOERO District 24 Scarborough and East York members are encouraged to ask their local politicians about these issues: (reprinted from an article sent by Rich Prophet, Chair of RTOERO)

Questions for candidates about geriatric health care

- How will you meet the care needs of seniors, in hospital and in the community?
- How will you make sure that geriatric training is mandatory across health care?
- What are your public policy priorities to boost the overall well-being of seniors?
- How will you improve long-term care?
- How will you protect seniors from elder abuse?

Questions for candidates about seniors strategy

- How do you propose to strengthen defined benefits pensions for Canadians?
- What are you doing to support universal public pharmacare?
- How will you improve access to the services/supports that help seniors to live independently and age in place?
- What steps will you take to support a UN Convention on the Rights of Older Persons?

Questions for candidates about environmental stewardship

- How will you eliminate single-use plastics?
- How will you increase recycling and reduce waste?
- What sustainable transportation policies do you support?
- How will you protect our freshwater?
- What steps will you take to solve the drinking water crisis in First Nations communities?

Visit vibrantvoices.ca/federal to read more about these issues and to send a message to your candidates about the issues.

Election resource from ACER-CART

Our friends at the Canadian Association of Retired Teachers (ACER-CART) have prepared a helpful resource – [Seniors issues for the 2021 federal election](#).



Please note that by the time you read this the Federal Election of September 20, 2021 will be over and we will know who the next Prime Minister will be. However, the issues and questions listed above may be used in the coming months leading up to the Provincial Election of June 2022.

Recently on August 17, a document was sent to me with a summary of the Political Advocacy meeting on April 16, 2021 at the National RTOERO Office with Topics for Sharing. Included in it was a link to a form where your District can record what has been done for Political Advocacy within your district. I have completed that form and submitted it.

One of the questions asked on the form is “Have you had any meetings with Local Politicians?”. Fortunately, I have been in contact with Mitzie Hunter who is the Member of Provincial Parliament for Scarborough Guildwood and she has offered to conduct a Zoom meeting with any interested members of District 24.

Mitzie Hunter is the MPP for Scarborough-Guildwood. She recently served as the Minister of Advanced Education and Skills Development. Prior to this post, she served as the Minister of Education and the Associate Minister of Finance, responsible for pension reform.



If you wish to participate in a Zoom call with Mitzie Hunter MPP please email me at elizabethreynolds@rogers.com and I will send you details regarding date and time as well as a Zoom link.

Hello Phrag Fighters!

Wendy Hooker



This summer my husband Alan and I donned waist and chest high waders and joined our community of Lake Bernard property owners to reduce the non-native *Phragmites* growing along the edges of our lake fronts.

Marilee Koenderink, our energetic resident leader, organized each foray ensuring that we followed public health guidelines and safety procedures and signed the required waiver. She secured support from the Town Council and the Near North Eco-Environmental Centre and wrote grant applications for annual project assistance. Marilee commissioned Russell Noganosh, a local aboriginal artist who had been part

of the 60's scoop, to design our distinctive long sleeved Phrag fighter T-shirts which we sported at each cut. Many volunteers opted to wear their own boots or shoes that can become wet. We wore sun hats, work gloves and pants then slathered ourselves with sunscreen and brought our own reusable water bottles while small snacks were provided on site.

Non-native plants, like this species of *Phragmites*, overwhelm our native plants along our lake shorelines, creeks and moist ditches and depressions. These *Phragmites* can grow up to 5 metres tall. The roots / rhizomes of each plant can extend up to 100 feet along the shoreline and lake sediment, while each seed head can produce up to 2000 seeds. Each piece of stalk and leaf can propagate scores of other plants. This species of *Phragmites* secretes a toxin into the water which kills native plants and aquatic life.

Non-native *Phragmites* spread 3 metres per year. Their dense growth gradually accumulates along the shoreline further endangering wildlife habitat and food for species including frogs and turtles which are part of our natural eco-system to filter the lake water. Every stand of *Phragmites* crowd out the shore line, then it gradually moves outwards towards the centre of the lake.

Our 'phrag cut' process is repeated annually, sometimes twice during the summer for the most aggressive stands, to gradually decrease their reoccurrence. The plants sterilize large areas and present a fire hazard.

Each cut involved a variety of children, youth, adults and seniors who worked in unison spading the roots along the shoreline and severing the bamboo-like stems in the lake with cane cutters.

A careless step could result with a puncture into the foot or leg requiring first aid. We placed a boom-line along the outer perimeter to prevent 'floaters' from drifting away, collected sleigh loads of the stalks which we bundled and hauled in tarps to the nearest roadway for the township to collect and burn at the dump.

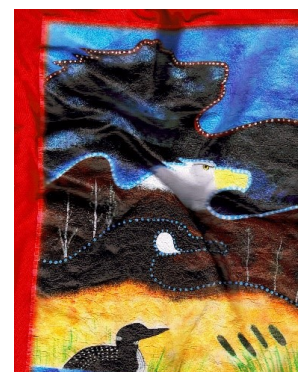
It was a challenging, hard and hot adventure working from 8 a.m. to 12 p.m. at each site, but it enabled us to connect with others following covid restrictions of spacing ourselves 'a moose apart' For further information check out:

www.ontario.ca/invasivespecies

www.ontarioinvasiveplants.ca,

www.invadingspecies.com.

Phrag Fighter Tshirt



Chime in

Our weekly online chat hosted by RTOERO Foundation volunteers to support members who feel isolated, alone, or cut off from social activity. The program offers an opportunity for RTOERO members to engage in open discussion and social connection with one another.

Who: *Chime in* is open to all RTOERO members.

Where: Chats will take place on Zoom. Participants can join using a computer or phone.

When: *Chime in* launches October 6, 2021, coinciding with Social Isolation Awareness month. Foundation volunteers host an open conversation hour on Zoom every Wednesday from 1:00 to 2:00 PM EST.

Why: Many RTOERO members have told us that social isolation is a growing concern for themselves and their loved ones. Lockdowns and restrictions due to COVID-19 have only made matters worse. The RTOERO Foundation has been working to address the issue of social isolation since 2018, but feedback from our members told us we need to do more. Members helped us see that our programming had to evolve from awareness to action, providing immediate value to RTOERO members. *Chime in* is that action.

What happens next: RTOERO members can visit www.rtoerofoundation/chimein to sign up for the program, and start enjoying the opportunity to engage and connect.

How it works:

- The Foundation sets up each weekly hourlong chat on zoom members register once in order to join any or all weekly chats. A confirmation email is sent with instructions on how to log in or join the chat by phone. A reminder email is also sent out before each chat.
- *Chime in* is a platform for open conversation and connection chime in is all about participants follows their lead. Participants might decide to focus on a particular topic each week, or they might simply want to chat with folks who share similar interests and hobbies.
- Participants are placed in breakout groups of four to six people to allow for better conversation and connection.
- Above all, we want RTOERO to enjoy the chance to connect with other members and even to find new friends.

For More information:

Call 416-962-9463 or 1-800-361-9888

Email: foundation@rtoero.ca

Web: www.rtoerofoundation.ca



Understanding Financial Elder Abuse

by RTOERO Communications/Marketing

This is a summary of an article from the Ontario Securities Commission from its website getsmarteraboutmoney.ca. You can read the full article at getsmarteraboutmoney.ca/protect-your-money/fraud/protecting-against-fraud/the-many-faces-of-elder-financial-abuse/ for additional tips and information.

What is financial elder abuse?

Financial elder abuse is one of the most common forms of elder abuse. It can take many forms--from financial exploitation to criminal fraud. Some examples include:

- Door to door salesperson persuading a 92-year-old to buy an energy efficient roofing because it will pay for itself over 20 years
- A friendly seniors' centre volunteer who offers to help seniors manage their banking--only to drain the accounts dry
- A scammer who extorts money from a 75-year-old pretending to be a relative in trouble abroad or someone from the tax department
- A financial advisor who recommends unnecessary trades to increase his or her fees
- A child who abuses their power of attorney to finance his or her lifestyle
- A caregiver who gets their client to loan them a large amount of money

How to tell if someone may be a victim?

Victims often don't realize or don't want to consider that they've been victimized. When they are aware, they may be too embarrassed to report it or even to share their situation with close family members. Some of the signs that someone you know is at risk for financial abuse include:

- Out of character withdrawals or transfers of funds from bank or investment accounts by an older account holder
- Sudden or large withdrawals or transfers of funds from bank or investment accounts by an attorney or someone claiming to act for the older account holder
- Changes to living arrangements, such as someone on expectedly moving in and potentially living there rent free, or the sudden sale of their home
- Efforts by a third party to limit contact with family, friends and advisers

- Refusals by a power of attorney to make the guarantor available to confirm instructions
- Arrival on the scene of a new romantic interest who insists on taking control of their new partner's finances

Signs you've been a target of financial abuse

- Feeling pressured to give or invest money and too good to be true investment opportunities
- Being forced to sign unfamiliar legal or financial documents, or pressured to change a will or give power of attorney
- Cheques being cashed without your permission or unexpected withdrawals from your accounts
- Unexplained disappearances of possessions and valuables
- New people coming into your life who take too much interest in your finances

Abusers and criminals count on their victims' silence--the sooner a light is shone on these activities, the less harm they can inflict. If you think you may be a victim, share your concerns with someone you trust who is not closely related to the abuser.

What to do?

- If an older person tells you someone is taking advantage of them, take their claims seriously, ask questions and offer support.
- If you or someone you know may be a victim of financial elder abuse, contact the appropriate authorities, including local police, the Canadian Anti-Fraud Centre or Seniors' Safety Line add 1-866-299-1011
- Notify the appropriate financial institutions



Travel in 2022 Update

Marilyn Tregwin, Chair

Hello again, fellow District 24 travellers!

Well, here we remain: More than a year and a half has passed since the cancellation of our 2020 trips—since the beginning of the Covid 19 lockdowns, travel restrictions, entertainment venues and restaurant closures, mask wearing, and social isolation from our family and friends. What a time! Even though the second vaccine dose has reached the arms of most of our members, you should not be surprised that in-person RTO activities still are not sanctioned, for the safety of us all.

Those members who registered with me since last March have regularly received email updates of a great many virtual entertainment opportunities, but, yes, we are hankering for ‘the real thing’. As this newsletter is being prepared, we are aware of the ads announcing that some of our favourite theatres and concert halls are opening their doors; the Shaw, Stratford, Mirvish, and TSO are offering tickets for you to purchase directly if you choose.

For me, much of the enjoyment of our District day trips came from the camaraderie of travelling together on deluxe coaches, making new RTO friends, touring galleries, exploring a town’s sights, sharing our shopping ‘finds’, dining on scrumptious lunches, and certainly experiencing the joy of live theatre.

When I am able to arrange trips for us, the time frame for organizing itineraries, transportation and obtaining tickets, as well as for you to register, will necessarily be greatly condensed, so we will not have the luxury of notifying you well in advance via our thrice-yearly printed newsletters. Therefore, I’m expecting all upcoming trips and travel coupons will appear in our e-newsletters, which are sent to your inbox most months. Therefore, it is *highly recommended* that members wishing to participate in any District activities provide RTO head office with an accurate email address to facilitate you receiving important and critical information in a timely manner.

Please act on this now. Like many of you, I am hoping we might be able to enjoy a trip or two later next year, but the notice will likely be short. Meanwhile, keep safe and well, and continue to find some fun things to keep you active and involved.



Goodwill Report

Lynne Horvath

Our Goodwill telephone campaign for 2021 is well underway and many calls have been made to our seniors over 80 years old. These calls have been really appreciated especially for those members who have been locked in due to the pandemic.

Birthday cards continue to go out every month for those members who are 85 and over and holiday cards will go to them, as well, in December.

If you know of anyone who is need of a Get Well card please call me or email me. My contact information is:

647-483-7377

lynne.horvath58@gmail.com.

Thank you.



Book Club A

Gloria Courtney

Oct. 27, 2021

Beneath the Tamarind Tree—Isha Sesay

Nov. 24, 2021

A Long Petal of the Sea—Isabel Allende

Dec. 2021

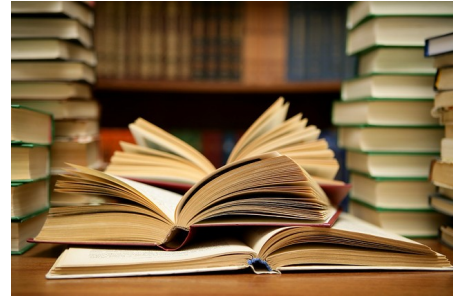
NO MEETING

Jan. 26, 2022

All the Devils are Here—Louise Penny

Feb. 23, 2022

American Dirt—Jeanine Cummins



Mar. 30, 2022

The Henna Artist—Alka Joshi

Apr. 27, 2022

The Forgotten Home Child—Genevieve Graham

May 25, 2022

Indians on Vacation—Thomas King

June 29, 2022

Anxious People—Frederik Backman



It is with great sadness that we inform you of the passing of the following members of District 24.

We extend our heartfelt sympathy. A donation to the RTOERO Foundation has been made in their memory.

Irving Bennett	Robert Ferguson	Robert Hendershot
Viola Bush	Sharon Green	Keith Lamont
Mary Charles	John Kirwan	Georgina McGrath
Audrey Greenwood	Nerrill Mahabir	Susan Wayne
Lois Holmes	Carole Reeve-Newson	Gloria Lamb
James Law	James Shephard	Leon Logie
Jane Orton	Gerald Sullivan	Penny-Jane Stork
Ian Black	Alma Wakefield	Jane Humphries
Marina D'Souza		



The Executive welcomes all new members of District 24 and invites them to become active participants in our activities.

Orville McCann	William McLean	Dorothy Williams
Sandra Trott	Marlene Shephard	Mary Irene Black
Saroj Erry	Peter Tomblor	Elizabeth Hendershot
Irene Kirwan	Sophia Tsekas	Douglas Lamb



view the full schedule online

Already a Member?

Tell Your Friends!

FREE workshop for anyone working in education
 Post-secondary, administrative staff, support staff, early years educators, maintenance and contract staff.

Class is in session!

Retirement Planning Webinar

**SELECT YOUR BEST OPTION:
 ASSORTED DATES & TIMES | ENGLISH or FRENCH**

Saturday Oct. 2 / 10a (en français)
 Thursday Oct. 7 / 4:30p
 Tuesday Oct. 19 / 4:30p
 Thursday Oct. 21 / 5p (en français)
 Wednesday Oct. 27 / 5p
 Saturday Oct. 30 / 2p

Saturday Dec. 4 / 10a
 Wednesday Dec. 8 / 4:30p
 Tuesday Dec. 14 / 5p
 Saturday Dec.18 / 1:30p
 Tuesday Dec. 21 / 10:30a
 Wednesday Dec. 22 / 2p (en français)
 Tuesday Dec. 28 / 2p
 Wednesday Dec. 29 / 10:30a

Thursday Nov. 4 / 4:30p
 Tuesday Nov. 9 / 5p
 Saturday Nov. 13 / 2:30p (en français)
 Tuesday Nov. 16 / 4:30p
 Saturday Nov. 20 / 9:30a
 Thursday Nov. 25 / 5p
 Tuesday Nov. 30 / 5p (en français)

VIEW FULL SCHEDULE ONLINE AND REGISTER AT
<https://rtoero.ca/events/search-for-a-workshop-near-you/>