# BEYOND THE BLACKBOARD



District 24 — Scarborough and East York



Volume 31 Number 1 www.rtoerotorontodistricts.org

#### SPRING 2012



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↑ at our Christmas Luncheon •





### PRESIDENT'S MESSAGE Donna Hubel

Best wishes for a Healthy and Happy 2012. What an exciting year this will be for District 24! On February 16<sup>th</sup>, we celebrate the first RTO meeting that was held in our district forty years ago. To celebrate this Anniversary, District 24, has plans to commemorate our 40<sup>TH</sup> Anniversary with a big cake at the AGM in May. We will also be acknowledging our 90 and 100 year-old members at that time. Please plan to attend, renew old acquaintances, make new friends and have a good time.

At this time I would like to comment about a couple of people on the Executive. Since the last AGM, Bonnie Clarke has been our Treasurer and has done a wonderful job. This job is very time-consuming and Bonnie is on top of all the rules and regulations that must be followed. Hal McCullough spends a lot of time coordinating the information for our *Beyond the Blackboard*. He also collects the information for the Toronto Districts web site, as well as our *E-NEWS* that is published once a month. On behalf of the members and the executive of District 24, I would like to congratulate these two people on jobs well done. I do not have the space to comment on the other members of the executive individually, but each, equally, is deserving of praise for providing varied and interesting programs for the members.

RTO is not all about meetings. We have a lot of fun as well. In the fall, we have a Champagne Brunch for perspective new members at the Cathedral Bluffs Yacht Club at the Scarborough Bluffs. If you know a person retiring in June, please give his/her name to any member of the Executive.

If you are interested in going on a trip or just learning more about new places, we have a Travelogue and Luncheon that has been presented each year for over 20 years. Now that is success! I would like to note here that Anne-Marie Ellis-Taylor has been doing this Travelogue for all those years and I would like to give her a special Thank-you. Our hearts have flown to many places with you, Anne-Marie.

Our trips are exciting with the bus taking us through the traffic - it's so nice to go somewhere and not have to concentrate on driving in the traffic during the trip!

con't page 10...



REMINDER: CLOCKS MOVE AHEAD AN HOUR MARCH 11.

IT'S DISTRICT 24'S 40<sup>TH</sup> ANNIVERSARY THIS YEAR!! →



## DISTRICT 24 EXECUTIVE 2011 - 2012

#### TABLE OFFICERS...



PAST-PRESIDENT: FRANK SALIANI salianif@gmail.com 416.281.3542



PRESIDENT:
DONNA HUBEL
dhub@sympatico.ca
416.490.1861



1<sup>ST</sup> VICE-PRESIDENT:
GEORGE DENNY
havendayle@rogers.com
905.420.1435



**2<sup>ND</sup> VICE PRESIDENT:**CAROL NELSON
carol.nelson@sympatico.ca
416.724.7107



SECRETARY:
BILL HINDLE
wmshindle@yahoo.ca
416.283.1402



TREASURER:
BONNIE CLARKE
bonnie clarke@rogers.com
416.609.3635

#### COMMITTEE CHAIRS...



ARCHIVIST:
LES COOMBS
lesonriviera@gmail.com
416.261.0568



COMMUNICATIONS: HAL McCullough hal@powergate.ca 905.985.8760



COLF CONVENER:
LOTHAR MAIER
lothar.maier@yahoo.ca
416.298.4996



GOODWILL (CARDS):
MARILYN HODGE
mjhodge@sympatico.ca
416.284.9984



GOODWILL (PHONE): LYNN HORVATH lynneh@i-zoom.net 705.738.4557



HEALTH SERVICES:
MARILYN TREGWIN
m.tregwin@rogers.com
416.493.3757



MEMBERSHIP & RECRUITMENT:
LES COOMBS
lesonriviera@gmail.com
416.261.0568



PENSIONS & RETIREMENT:
GEORGE DENNY
havendayle@rogers.com
905.420.1435



POLITICAL ADVOCACY:
GLORIA COURTNEY
gcourt@rogers.com
416.291.1721



PROGRAMME & SOCIAL:
JUDY-ANNE TUMBER
jatumber@nexicom.net
705.295.1995



RWTO LIAISON: LINDA JARVIS linjar@rogers.com 416.293.8689



SERVICE TO OTHERS:
CAROL NELSON
carol.nelson@sympatico.ca
416.724.7107

## Members-at-large...



ELAINE APRILE elaineaprile@sympatico.ca416.267.2670



Bob Cook bob.elainecook@ sympatico.ca 416.267.0246



FERNANDO GONÇALVES fgoncal197@aol.com 416.497.2812



MARGARET NICOLSON marg.nicolson@ rogers.com 416.759.5560



HAROLYN PANETTA h\_panetta@ hotmail.com 416.445.0885



TERRY SMITH chooch120@ hotmail.com 416.438.0430



REG WALKER rwalker4@ sympatico.ca 905.686.4030

#### RTO/ERO

The Retired teachers of Ontario/les enseignantes et enseignants retraités de l'Ontario — commonly referred to as RTO/ERO — is a provincial organization of retired teachers, administrators and others receiving pensions and allowances under the Ontario Teachers' Pension Plan Board.

RTO/ERO is the best organizational friend a retired teacher can have. Formed in 1968, RTO/ERO is dedicated to the needs of Ontario's retired educators and is their official voice, promoting and protecting their interests, particularly in the area of pensions, health care and insurance.

RTO/ERO has maintained this unwavering commitment for 44 years.

www.rto-ero.org

### Health Report



January was Alzheimer Awareness Month. Perhaps you heard the Alzheimer Society's radio ads about the expected rise in dementia in the next two decades due to aging baby boomers. The Society's October 2011 survey determined that seniors are waiting too long after experiencing symptoms, most notably memory loss, before seeking medical help;

almost half of those surveyed waited a year, with 16% waiting more than 2 years. Making a medical diagnosis can be like peeling an onion. There could be other, not dementia related, causes for memory problems such as heart or lung conditions. Why do people delay then in seeking medical help? Confusion exists as to whether symptoms are a matter of normal aging or of Alzheimer's disease, so here's a short list of indicators:

- \* asking repeatedly and not remembering (both the response and that they have already asked)
- ★ finding lost keys and not knowing what they are for
- disorientation of time or place, for example being in the car and not knowing why or how you got there
- difficulty performing familiar tasks such as cooking meals or using a cell phone
- personality changes such as mood swings or in sociability
- ★ loss of interest in previously enjoyed activities

Another reason for delaying medical advice is that a societal stigma exists concerning this disease, thus many older adults are fearful of a diagnosis of Alzheimer's disease. Early diagnosis is very beneficial for many reasons, and most people lack an understanding of the benefits: patients will have access to medications that have been proven to work better when taken in the early stages of the disease; such drugs may slow the progression of the disease; and knowledge allows the patient to be actively involved in future plans (e.g. - learning coping skills, financial and legal needs for the future).

#### Can you delay the onset of Alzheimer's?

You should not be surprised to read that a diet rich in Vitamins B, C, D, E and fish as well as Omega 3 fatty acids, preferably from food vs. supplements, helps protect the brain. A study of late 80 year olds demonstrated that those with healthy diets had less brain shrinkage; these nutrients help build bigger brains with better cognitive function. (Blood tests were conducted since people may think they eat well, but absorption of nutrients varies.) You've heard it over and over again - for optimum health, eat well, maintain a healthy weight, exercise, socialize and stay active.

You may test your knowledge of this disease by taking the Society's online quiz at:

www.alzheimerletsfaceit.ca Your 2011 Renaissance 'HealthWise' article provided further information about healthier brains. Try the memory test at: www.onmemory.ca if you haven't already. If you

experience any of the symptoms of Alzheimer's, don't delay. See your family physician. For some brain games online, check out some of these sites:

www.sharpbrains.com www.50+.com www.cognifit.com

www.positscience.com www.luminosity.com



In our last newsletter I promised you more about Osteoporosis...

#### **Healthy Eating for Healthy Bones!**

A well balanced diet, made up of all the four food groups in Canada's Food Guide, is the secret to healthy bones. There is no doubt of the importance of calcium and vitamin D, but adequate protein also contributes to bone health. Protein gives bone its strength and flexibility. Protein is also the big component of muscles, which are, of course, crucial for mobility and in preventing falls.

Are you getting enough calcium? It is found throughout the body... in the cells, blood, teeth and skeleton. The body stores calcium in the bones but carefully regulates the supply to ensure that there is enough calcium available for the body to function properly. If we do not consume enough calcium, it will be taken from our bones leaving them more fragile. Osteoporosis Canada strongly recommends that everyone obtains their calcium through nutrition whenever possible. However, some individuals just can't seem to get enough calcium in their diet. These people may need to take a calcium supplement, but this should be discussed with a physician as calcium supplements can have some side effects and have been associated with some risks. Calculate your calcium intake by visiting Osteoporosis Canada's Website.

#### The importance of vitamin D!



Vitamin D is very important for bone health. It helps build stronger bones, partly by increasing the absorption of calcium. Vitamin D also improves the function of muscles, which in turn improves your balance and decreases the likelihood of falling. Vitamin D is

therefore doubly essential in helping to protect you against fractures! While vitamin D is produced on our skin from the sun, our northern climate limits our ability to get as much sun as we need to produce the vitamin D that we require. Along with this, there are very few food sources of vitamin D. It is almost impossible for adults to get sufficient vitamin D from diet alone, so Osteoporosis Canada recommends routine vitamin D supplementation for all Canadian adults year round.

#### **Get Physical!**



In conjunction with a healthy diet, physical activity helps to build strong bones and improve coordination and balance. In turn, this helps to reduce the

risk of falling and, most important, reduce the risk of fracturing! The best type of activity for building bone mass is a weight-bearing activity - one where our feet and legs carry our weight. Activities like walking, running and dancing are good examples of weight-bearing activities. Resistance training uses your own body weight or tools such as freeweights, bands or exercise machines to build muscle mass. Did you know that such resistance activities also help to build bone mass at the same time? Physical activity needs to be appropriate to one's general health and bone health status. If you have health complications or have been diagnosed with low bone mass or osteoporosis, consult an expert before starting any exercise program. Remember to choose an activity you enjoy. Bring along a friend to increase the fun! Osteoporosis Canada, a registered charity, is the only national organization serving people who have, or are at risk for, osteoporosis. For more information on improving your bone health and reducing your risk of fractures, falls and osteoporosis, contact Osteoporosis Canada at: 1.800.463.6842; or visit their website at:

#### www.osteoporosis.ca

Our RTO health plans are unique and quite remarkable. They are the standard to which other retirement benefit plans are measured, and because the plans are memberowned and operated, and not a share-holder and profitoriented business, ours is a member-focused venture. The HSIC (Health Services and Insurance Committee) endeavours to offer plans which will benefit the majority of our members in a cost-efficient manner. The committee looks ahead and anticipates the long term impact of future benefits, (hence additional premium costs to members) and various trends within the industry. Plan members received notice last November concerning plan and premium changes for 2012.

If you have home insurance coverage with Johnson Inc., you may not be aware that effective January 2010 it included a Personal Identity Theft rider provided by Unifund Assurance Company. The rider includes up to \$30,000 coverage for you or your spouse (residing in your residence) who suffers from ID Theft towards the costs incurred to reinstate your identity. To confirm that you have PS-Home Plus, see your home insurance certificate. For more information or to review your current coverage, you may visit Johnson Inc.'s *Members Only* website, or contact your service supervisor. **\*\*** 

#### You asked us...



P: How does a member know that the information they are given is correct for an out of country/out of province claim? One snowbird was told he had to pay 20% of the cost of dental work since he did not have dental coverage.

A: The above situation relates to an accidental dental claim that occurred outside of Canada, where treatment was sought upon return to Canada, and the client was

misinformed. The Out-of-Province/Canada travel coverage provides for accidental dental coverage at 100%, whereas the in-province coverage is reimbursed at 80%.

As I get set to do some shovelling, I know that the pleasant weather is coming (if not here as you're reading this!). The internet told me spring arrives this year on March 20th. If you have been too sedentary over the last few months, now is the time to make a resolution to get active outdoors while enjoying the new season. I'll have more for you in our Summer edition, but until then, be sure to read District 24's monthly E-NEWS for more health news. \*\*

~ Marilyn Tregwin - District Health Rep

### Aging and Mental Health



Growing older is an experience we all share and many of us worry about. As we age, we face many changes and many sources of stress - we are not as strong as we used to be, illness is more of a problem, children move

away from home, people we love die, we may become lonely, and eventually we must give up our jobs and retire.

Coping with all these changes is difficult, but it can be done. The keys to coping include your long-term lifestyle, your ability to expect and plan for change, the strength of your relationships with surviving family and friends, and your willingness to stay interested in and involved with life.

It is, therefore, very important to think carefully about what will happen to you as you age and how you are going to deal with the changes that will happen.

#### **Dealing with physical changes:**

As you grow older, your body will naturally change. You may tire more easily than you used to. You may become ill more often. You may not see or hear as well as you did when you were younger.

Here are some things you can do to cope with these physical changes:

- \*\* Accept reality. Denying these changes will only make life less enjoyable for you and the people around you. Get the things that will help you eyeglasses or hearing aids for example.
- Keep a positive attitude. Remember that slowing down does not mean you have to come to a complete stop. Chances are you will still be able to do almost all the things you used to; you may just need to take a little more time and learn to pace yourself.
- **See your family doctor regularly.** He/she can, then, deal with any changes or symptoms that require medical attention.
- **Be careful about your medications.** As you get older, they may begin to interact differently with other drugs

- and to affect you differently than before. Make sure your doctor knows about all your medications, even those prescribed by another doctor.
- \*\* Take responsibility for your own health. Do not hesitate to ask your doctor questions; some do not offer explanations unless asked.
- **K** Change your eating habits. Adopt a balanced diet with fewer fatty foods, and try not to over-eat.
- **B** Drink less alcohol. Your body will have more difficulty coping with it as you grow older.

#### **Dealing with bereavement:**

As you get older, you will likely experience the loss of loved ones more often. It is important to remember the following ways of coping with your grief:

- **B** Do not deny your feelings. Losing someone to death is like being wounded, and you need to heal. If you do not allow yourself to go through the grieving process, you are only storing up problems for a delayed reaction later on.
- **\*\*** Accept the range of emotions you will feel. Tears, anger and guilt are all normal reactions.
- Remember and talk about the deceased person. He/she was an important part of your life. Although your grief will pass, your memories will always stay with you.



- **Look to your family and friends for support.** They can help you through the grieving period and help you establish a new life afterwards.
- **Be supportive of those you know who have suffered a loss.** They need the warmth and caring that friendship can bring, just as you will when it happens to you.

#### **Dealing with loneliness:**

Everyone needs some time alone, but being alone against your will is very painful. You risk losing your sense of purpose and self-worth, and becoming depressed. As family members and friends die and children become more involved in their own lives, it is important for you to find ways to cope with loneliness. You may want to consider some of the following suggestions:

- Stay active, and look for new social contacts. Most communities have a number of programs which can help replace the support that used to be provided by family and life-long friends. These programs provide older people with the chance to try new activities and make new friends.
- \*\* Very young children can brighten up your life. Try to make friends with people of different ages. You may be pleasantly surprised to find how much you have in common with someone 15 or 20 years younger than you.
- Spend time with grandchildren and great-nieces and nephews. Volunteer to help part-time in a local school

- # or day-care centre. Very young children can brighten up your life with their enthusiasm and energy.
- **X** Learn to recognize and deal with the signs of depression. Loss of appetite and weight, inability to sleep, loss of energy and motivation, and thoughts of suicide are all signs of depression. Your family doctor can refer you to a mental health professional for treatment.

#### **Dealing with retirement:**

Your retirement can be a major source of stress because your job is usually a very important part of your life. This stress may be even greater if you have been forced to retire because of your employer's retirement policies. You may lose your sense of identity and feel less worthwhile. You will probably miss the daily contact with friends from work.

However, retirement can be one of the best times of your life, and there are things you can do to meet the challenges facing you, such as:

- **Make a list of your abilities and skills.** The skills and experience you have gamed from a lifetime of work may help you succeed in a small business or do valuable volunteer work for a favourite charity.
- # Enrich your life by renewing contacts with neglected family members and old friends. All too often, our work gets in the way of our relationships and those we care about.
- Renew your interest in the hobbies and activities you enjoy. You now have time to play enjoy!
- ## If you can afford it, travel. There are probably places you have wanted to see all your life. The early years of your retirement can be the ideal time to become a nomad for a while.

#### Do you need more information?

If you or someone you know is concerned about growing older, check your local library or bookstores for some



helpful books that can give you more information. There are also professional counsellors who specialize in the problems of aging. If you need more information about resources in your area, contact a community organization, such as the Canadian

Source: cmha.ca

- Evening news is where they begin with "Good evening," and then proceed to tell you why it isn't.
- Dolphins are so smart that within a few weeks of captivity, they can train people to stand on the very edge of the pool and throw them fish.
- You do not need a parachute to skydive. You only need a parachute to skydive twice.

# IN THIS ISSUE OUR SPOTLIGHT IS ON:

# GEORGE DENNY 1<sup>ST</sup> VICE-PRESIDENT, D24





George grew up in Highland Creek (east Scarborough) which was extremely rural in the 1950s. His street had only four houses on it. Ellesmere Road dead-ended at Little's Road (later to become Morningside). There was a bailey bridge on Morningside just below West Hill Collegiate. Scarborough itself

was a township; later to become a borough, and finally a city. In order to get to "downtown" Highland Creek (where Ted's Restaurant still is), one could walk along Danforth Road (later to become Military Trail) or take a "short cut" through the bush which went right over to Morrish Road. In the winter, he used to toboggan down a hill where U of T's Scarborough Campus is today. North of the 401 from east of Kennedy to as far as the eye could see were corn fields.

After finishing his schooling at Highland Creek PS, West Hill CI, and Scarborough College (now known as Scarborough Campus), George wasn't sure what to do next. He thought an MA might be nice so he applied to Western Michigan University, well known for its excellent clinical psychology programs (and, yes, there really is a Kalamazoo). After the first semester, he realized this wasn't for him so he returned home and again wondered what to do. He went to Canada Manpower to apply for a job. The interviewer told him that it was unusual for a university grad to come to Manpower. (How times have changed!) But wait. He remembered something that recently came across his desk. Yes... a certain "Bud Dilling" from the Scarborough Board needed a research assistant for a contract study on kindergarten teachers funded by the Ministry of Education. He applied for the job and was hired.

After the study was finished, George decided that a year of visiting eight kindergarten classes every week really spoke to him so he applied to Toronto Teachers' College in the Primary Specialist Program. He was hired the following year by Bruce Benton at Wm G Miller Jr PS and became Scarborough's first full-time male kindergarten teacher.

His thirty-three-year career in Scarborough, and later in the "North East Quadrant", had him teaching kindergarten at St Margaret's PS (Dick Hannaford); posted for a four-year stint in the board office with Frank Plue (JP McLaughlin); off on a year's sabbatical leave to work on a doctoral degree at OISE; a grade one teacher at Alexander Stirling PS (Don Stinson); a grade 1/2 and chairperson at Bellmere Jr. PS (Bob Annis); a VP and junior division teacher at Wm G Miller (Carol Smith); a VP and intermediate teacher at Macklin PS (Judy Jiminez); a VP

and ESL teacher at Port Royal PS (Carol Burke); and finally a principal at Timberbank Jr. PS. During his time as a teacher, George enjoyed coaching volleyball teams. As a VP and principal (and he still do the occasional fill-in for absent principals), he often went outside during recess and lunch to see the children in the yard.

Along the way, George married a Scarborough lady whom he met while working part-time at Eaton's (Scarborough Town Centre) during his Teacher's College year. He and his wife were blessed with two boys. They also acquired two beautiful Siamese cats. They purchased a cottage in Wilberforce (Haliburton County) very close to Algonquin Park and enjoyed a few summers there until his wife became ill with cancer. She passed away in 1994. Ten years later, George met another wonderful lady at a church in Pickering and they were married in 2006. George retired from the TDSB in January, 2007.



While he was still single and a principal at Timberbank, he received a brochure describing a long term care program offered by an organization called the *Retired Teachers of Ontario*. In order to enroll in this program, George joined RTO as an associate member. Upon retirement, he

became a full-time member of RTO and designated District 24, Scarborough and East York, as my district of choice. He joined the D24 executive following a wonderful Champagne Brunch in September after my retirement.

After a couple of years as a member-at-large, George had the opportunity to become chair of the *Political Advocacy* Committee. Shortly thereafter, he changed portfolios to become chair of the Pension and Retirement Concerns committee. A few months later, following the secondment of an Executive member to do some work in Africa, he was asked to fill in as Second Vice-president. George soon learned that once one gets to a VP position, one moves through the chairs. So, he will be running for President of District 24 at the Annual General Meeting in May, 2012. If successful, he will continue to support and encourage the excellent outreach programs offered and supported by District 24 members. They are an amazingly hard-working and extremely caring group of retirees. The children in Scarborough and East York schools certainly benefit from their fundraising efforts.

In his retirement, in addition to his duties on the executive of D24, George has kept himself busy by taking Bible study courses, attending a weekly men's fellowship group, holding a warden's position at church, reading books (mostly related to my courses), visiting the cottage as much as possible, and cruising the Caribbean with his wife. This April, they plan to make a visit to the Holy Land with a church group.

George's belief in life-long learning helped him as a teacher and later as an administrator. With this philosophy, he was able to support and encourage his students, and later, his staff. He said that one of the great things about being a principal was that he could not only make a difference in the lives of young people but could hire and encourage and support teachers as they worked to make a difference in the lives of their pupils. He could also draw on the expertise of the school support staff (office administrator, caretaker, EAs) and include them on their journey of learning. "What a wonderful, rewarding career I had as an educator! If I could to do it all over again, I certainly would."

### An Invitation



AN INVITATION FOR MEMBERS OF DISTRICT 24 TO JOIN THE EXECUTIVE OF SCARBOROUGH AND EAST YORK

OUR EXECUTIVE IS ALWAYS LOOKING FOR WILLING VOLUNTEERS TO SERVE OUR MEMBERS.

THERE ARE MANY POSITIONS AVAILABLE (SEE PAGE 2) AND YOU MAY SELF-NOMINATE. CURRENTLY WE NEED VOLUNTEERS FOR: 2<sup>ND</sup> VICE-PRESIDENT, MEMBERSHIP AND RECRUITMENT, SECRETARY, AND ARCHIVIST.

THE TIME COMMITMENT VARIES ACCORDING TO YOUR NEEDS AND AVAILABILITY.

QUALIFICATIONS? A DESIRE TO ADVOCATE FOR FELLOW MEMBERS.

IF YOU ARE INTERESTED, OR WOULD LIKE MORE INFORMATION, CONTACT OUR PAST PRESIDENT, FRANK SALIANI, AT: 416.281.3542 OR BY E-MAIL AT: salianif@gmail.com

These are the dates our Executive will be meeting this year. As a member of District 24, you are always invited to attend — mark these Thursday dates on *your* calendar:

THURSDAY, APRIL 12, 2012
THURSDAY, MAY 17, 2012
AGM/SPRING LUNCHEON - MAY 24, 2012
THURSDAY, JUNE 14, 2012
THURSDAY, SEPTEMBER 6, 2012
THURSDAY, NOVEMBER 1, 2012



- We meet at the Kingsway Arms Retirement Residence on the south-west corner of Eglinton and McCowan.
- □ The parking lot and entrance are at the back of the building take the first right south of Eglinton (Landmark) and drive straight across to the second building on your right.
- Please park in designated spaces only.
- □ Sign in and out on entering and leaving the facility.
- Take the elevator to the lower level and turn right through the double doors! (Ahem, ahem... just ignore that pool and that hair salon, eh?...)



Refreshments are available beginning at 9:00AM with the business meeting beginning at 9:30. We usually finish before noon!



In understanding that each life is a miracle that changes the world, we remember and honour the lives of our departed colleagues and friends.

> George Campbell John C Forsyth Barbara A. McKennitt

> > to: 31/12/11

## WELCOME TO DISTRICT 24

To all our new members, we offer you a warm welcome! Whether you are a new retiree or have moved from another district, we hope that you find District 24 ~ Scarborough and East York a comfortable and happy fit.

Our District motto is: "Where Old and New Friends Meet". We count you among our friends.

Pat Barltrop
Cindy Byron
Douglas Johnson
John Kendall
Audrey M. MacDonald
Cheryl MacLennan
Wendy Miller
Pamela Tumber
Dave Weatherbee

**Karen Youroukis** 

to: 31.12.11

As of December 31, 2011 District 24 had 2503 members!

**E-NEWS:** As new members, we would encourage you to participate in our monthly E-Mail Updates.

See page 23 for details on how you can subscribe to our service.

We now have **617** members receiving our **E-NEWS**. May we add your name?



#### For Your Information

From Constable David Gray – Community Relations Officer TORONTO POLICE SERVICE 43 DIVISION COMMUNITY RELATIONS OFFICE

#### Buyer be aware...

of door to door sales pressure from marketers and sales persons wanting to provide natural gas and utilities to your home.

The Community Relations Office has received several calls from seniors in our community reporting they have had gas and utilities marketers sales persons at their door. These sales persons have used high pressure sales tactics to convince mostly seniors that they should sign a contract with their company to receive natural gas supply or utility service to their residences. Once the contract is signed, the resident has taken time to read the "Fine Print", and realized that a better price on the goods was only an introductory offer. The regular pricing may become higher than they were paying with a previous supplier.

#### Remember you do have options...

Cancelling a contract with a gas or utilities marketer... Even after you accept a new contract, the renewal or extension of an existing contract, you have up to 14 days to change your mind and cancel these agreements **IN WRITING**.

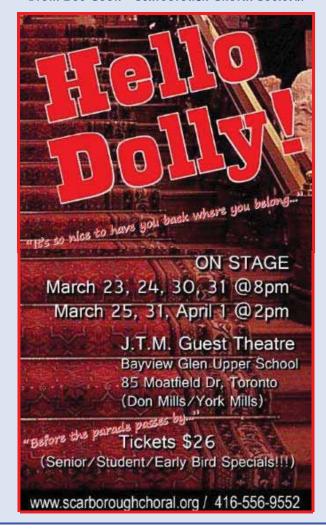
- If you have a contract with your existing supplier that is automatically renewed, once you receive your first bill under the new terms of the renewed contract, you have 35 days from the day the bill was sent, to contact your marketer and cancel the contract.
- If you end your contract for natural gas or utilities they will be automatically supplied by your local utilities suppliers.
- Get someone to help you with your bills.
- A Third Party Notice to a service provider may be helpful to avoid late payments fees, or possible service disconnection.

This type of service allows a senior to choose someone they trust, such as a relative or close friend, to act on their behalf. The senior can change or remove the Third Party contact at any time.

#### Growing older, getting wiser...

- Keep in touch with friends, neighbours, family and the community.
- Develop a buddy system with a friend or neighbour where you call each other a couple of times a day to "check in."
- Get involved in activities at your Community Centre, Library, or Church.
- Find out what services exist to help you maintain your independence and your home.

From Bob Cook – Scarborough Choral Society:



#### Recruitment Drive

**Just as** "Beer is not just a breakfast drink", likewise "RTO is not just a medical insurance plan".

You do not have to be a member of the Insurance Plan to be a member of RTO/ERO, and enjoy the many benefits, such as Luncheons, Excursions, Theatre trips, Clubs etc.

We are actively recruiting new
Members for our district, and would
appreciate your help in reaching
retired members of the Educational Community who are
not members.

**Remember...** non-teachers are eligible to join RTO/ERO as associate members.

Have them contact any member of our District 24 Executive to discuss membership benefits (see page 2).

~ Les Coombs, Membership and Recruitment Chair

© If I agreed with you, we'd both be wrong.

#### ETT Choir

Singers invited to join the ETT Choir... any age! Former high school and university choir members, retired or current teachers, nurses - all welcome... Or just anyone who likes to sing in a group! We sing easy jazz and blues, secular music, once a week on Wednesdays from 4:30 until 6 at Waverley Road Baptist Church (near Woodbine and Queen) Afterward, we have a social gathering at a watering hole on the corner of Queen and Waverley.

There are between a dozen and eighteen of us at any given rehearsal, and about a third of us are men.

If you have questions, e-mail me at <a href="mailto:sgilx@yahoo.com">sgilx@yahoo.com</a>. Otherwise, just show up and try us out! We'll make you feel welcome.

~ Steve Gilchrist, D24 member

RTO/ERO DISTRICT 24 SCARBOROUGH AND EAST YORK

Welcomes New Retirees to our

## Champagne Brunch

Wednesday, September 19, 2012

10 AM to 1 PM

CATHEDRAL BLUFFS YACHT CLUB BLUFFERS PARK ACCESS ROAD

SPACES ARE LIMITED!

DO YOU KNOW SOMEONE WHO IS RETIRING THIS YEAR?

OR SOMEONE WHO HAS RETIRED BUT HAS NOT YET JOINED RTO?

HAVE HIM/HER CONTACT ELAINE APRILE BY PHONE: 416.267.2670 or

BY E-MAIL: elaineaprile@sympatico.ca SO THAT HE/SHE WILL BE

ABLE TO COME OUT AND ENJOY OUR BRUNCH.

FOR E-MAIL, PLEASE USE THE SUBJECT: **RTO - CHAMPAGNE BRUNCH** 

FOR THE RETIREE, OUR CHAMPAGNE BRUNCH IS COMPLIMENTARY!

WHERE IS THE CATHEDRAL BLUFFS YACHT CLUB?
COME TO THE FOOT OF BRIMLEY ROAD
(TO THE LAKE AT THE BASE OF THE BLUFFS)
AND FOLLOW OUR SIGNS. THERE WILL BE AN
EXECUTIVE MEMBER ON THE GATE TO LET
THE RETIREES IN.



**RSVP ELAINE APRILE BY AUGUST 17, 2012** WITH YOUR NAME, ADDRESS AND PHONE NUMBER

U discovered I scream the same way whether I'm about to be devoured by a great white shark or if a piece of seaweed touches my foot.

#### Breast Cancer Support Group Meeting

**The meetings are held** the last Wednesday of every month, except December, at **7:30** PM at Kingsway Arms, 2881 Eglinton Avenue East at McCowan Rd. in Scarborough. There is a bus stop at the corner of Eglinton Ave. and McCowan. Free parking is available on the south side of the building.

Come and share with us your concerns, and gain courage and strength through mutual support of other women who have had breast cancer.

For more information, please call: Marilyn: 416.284.9984

Peggy: 416.269.7575

#### Take the Sudoku Challenge

- ➤ EVERY ROW MUST CONTAIN THE NUMBERS FROM 1 THRU' 9.
- EVERY COLUMN MUST CONTAIN THE NUMBERS FROM 1 THRU' 9.
- ➤ EVERY 3x3 SQUARE MUST CONTAIN THE NUMBERS FROM 1 THRU' 9.
- ANSWER ELSEWHERE IN THIS ISSUE...

1		5						
						7	6	
3	7						2	4
5		6						
			4					
				6	9	4	3	
9			7		5			6
				4	6	2		1
					2			

### Paragraph Puzzle...

This is an unusual paragraph. I'm curious as to just how quickly you can find out what is so unusual about it. It looks so ordinary and plain that you would think nothing was wrong with it. In fact, nothing is wrong with it! It is highly unusual though. Study it and think about it, but you still may not find anything odd. But if you work at it a bit, you might find out. Try to do so without any coaching!

➤ Answer elsewhere in this issue...

## President's Message (con't.)

If traffic volume is high, the bus driver uses the 407 and then we arrive at a lovely restaurant and have a nice lunch before a show. We usually get back to our cars before 7PM. We have our Fall Luncheon, our AGM/Spring Luncheon, and our Christmas Luncheon all of which are well attended. We have a weekly Bridge Game and attendance continues to increase. We have a Golf Tournament once a year to support Breakfast for Kids and you don't have to be a great golfer to play - just come and have fun. There are always lots of prizes to be won. We have had annual Health Seminars on topics of interest to seniors such as diabetes and arthritis. These programs have been very informative. If you like the "circus atmosphere", there's a trip to the Cirque du Soleil — this year's production being Amadula. If you have never attended one of these functions, I urge you to give one a try. Our upcoming programs are found in the centre of this newsletter. Thanks to Judy-Anne Tumber for coordinating the Social Calendar and to the people who assist her.

The executive looks forward to 'new blood' being added to the executive and we invite any member to join us at our executive meetings to bring new energy and creative ideas to our Committees. Our elections are at our upcoming AGM in May and if you would like to self-nominate yourself, please contact Frank Saliani: salianif@gmail.com

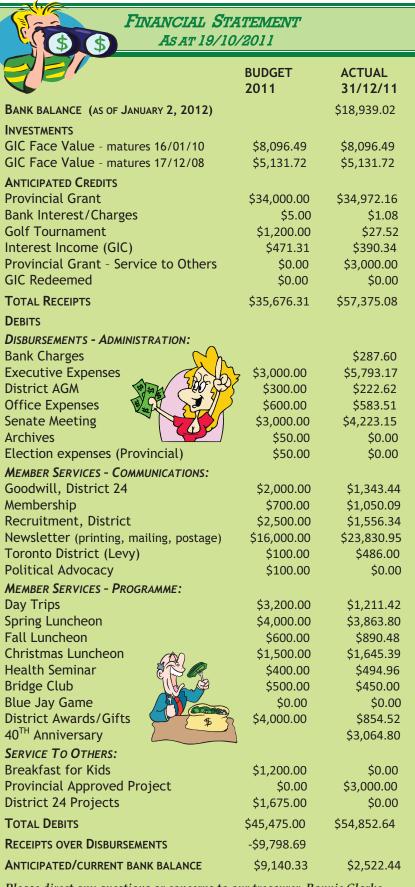
My term in office as President will be completed in May, and it has been a privilege and a pleasure to serve District 24. My sincere thanks go to the strong and supportive District 24 executive members for their excellent support and dedicated efforts on behalf of our retired

teachers. #

Happy 40<sup>th</sup>
Anniversary
Wishes
to RTO District
24 Members







## THE WAIVER

Please read the Waiver information below very carefully. Many of our activities require that this waiver be signed before you can participate.

## Acknowledgement, Waiver and Release

The participant in (the "Event") acknowledges and agrees that RTO/ERO, including District 24, will not be responsible for any loss, injury or damage of any nature, including death, howsoever arising in connection with this trip/excursion/event. Participants in the Event are therefore hereby advised to carry their own insurance in connection therewith.

By signing the activity coupon and in consideration of the participant's attendance at the Event, the participant hereby releases and forever discharges RTO/ERO, District 24, and their respective directors, officers, members, agents, employees and volunteers (collectively, the "Releasees") from any and all actions, causes of action, claims, and demands (collectively, the "Claims") from any loss, injury or damage of any nature, including death which has arisen or may arise from the participant's attendance at the Event, unless such loss, injury or damage has arisen as a result of the sole negligence of one or more of the Releasees.

Any claims arising out of the participant's attendance at the event will be governed by the laws of Ontario, Canada, and the participant consents to the exclusive iurisdiction of the Courts in Ontario, Canada in any such action.

~ Provincial Executive, January 2010

## On the activity coupon, where requested:

- Please... <u>print</u> your name and that of your spouse/quest(s).
- Sign the coupon to indicate that you have read, and understood, the waive printed above. Each name that appears on the coupon with yours MUST sign the coupon to indicate that they have also read and understood
- Your coupon and registration for the activity is <u>not</u> complete without the necessary signature(s).
- War does not determine who is right -- only who is
- The early bird might get the worm, but the second mouse gets the cheese.

## District 24 Fundraiser for the RTO/ERO Charitable Foundation

## A Chair in Geriatric Medicine at the University of Toronto



The Only Fundraiser That Pays Guests and Donors.

Turn Your Old Gold into New Cash. It Is Tested In Front Of You!

Bring your unwanted gold and sterling and be paid cash on the spot.

The Gold Refinery is the nation's leading refinery broker and a fully licensed, bonded and insured organization dedicated to the highest standards of quality and professionalism.



Necklaces, Bracelets, Rings, Earrings, White Gold, Scrap Gold, Gold Watches, Broken Jewellery, Sterling Silver Bracelets, Charms, Cutlery, Platinum, Dental Gold

You can decide to sell or not to sell. There is never any risk or obligation of any kind. It's a simple and convenient service to help sell your old jewellery at top dollar while we raise money for the Foundation.

You've seen it on TV and read about it in the news. The price of gold is at historic highs. Now is the time to sell your unwanted gold/sterling. Clean out that old jewellery box. If it's sitting around collecting dust and you're not wearing it, sell it.

Where?: **Q-SSIS** 

When?: AGM/Spring Luncheon, May 24, 2012

Questions?: Please contact Marilyn Hodge at

416.284.9984

Please indicate on the coupon whether or not you plan to participate. (The AGM coupon is on page 15.)



# PROGRAMME SCHEDULE: 2012 YEAR AT A GLANCE



Descriptions and coupons for our activities through early October are on pages 14 - 18. Information about our *Front of the Line* service will be found on the next page.

			( )
Event:	<b>Date &amp; Location:</b>	Contact:	
♥ BRIDGE CLUB	EVERY TUESDAY @ 12:30 PM ELLESMERE RECREATION COMMUNITY CENTRE	DALE & TERRY SMITH 416.438.0430	
▶ MEN OF THE DEEPS (W)  Cape Breton Coal Miners' Choir	WEDNESDAY, MARCH 21, 2012 SANDERSON CENTRE, BRANTFORD NOTE: THE DEADLINE HAS PASSED - CALL JUDY-ANNE IMMEDIA	JUDY-ANNE TUMBER 705.295.1995 TELY IF YOU WISH TO PARTICIPATE.	TOWN THE PROPERTY OF THE PROPE
♥ 42 <sup>ND</sup> STREET (W)	MONDAY, APRIL 23, 2012 * STRATFORD FESTIVAL, FESTIVAL THEATRE	MARILYN TREGWIN 416.493.3757	En John
♥ LUNCHEON AND TRAVELOGUE The Many Faces of India	MONDAY, APRIL 30, 2012 * SCARBORO GOLF & COUNTRY CLUB, SCARBOROUGH	Anne-Marie Ellis-Taylor 416.261.5190	
♥ WAR HORSE (W)	WEDNESDAY, MAY 9, 2012 PRINCESS OF WALES THEATRE, TORONTO	JUDY-ANNE TUMBER 705.295.1995	\7\
◆ AGM AND SPRING LUNCHEON AND CHARITABLE FOUNDATION FUND-RAISER	Thursday, May 24, 2012 Q-SSIS Restaurant, Scarborough	JUDY-ANNE TUMBER 705.295.1995	
SOUND OF MUSIC (W)	Thursday, May 31, 2012 St. Jacob's, Ontario	JUDY-ANNE TUMBER 705.295.1995	
♥ RAGTIME (W)	Tuesday, June 26, 2012 Shaw Festival, Niagara-on-the-lake, Ontario	JUDY-ANNE TUMBER 705.295.1995	
♥ BEAUTY AND THE BEAST (W)	WEDNESDAY, JULY 11, 2012 FOUR SEASONS CENTRE, TORONTO	JUDY-ANNE TUMBER 705.295.1995	
♥ 30 000 ISLANDS BOAT CRUISE (W)	Thursday, August 23, 2012 Parry Sound, Ontario	Judy-Anne Tumber 705.295.1995	
♥ 15 <sup>TH</sup> BREAKFAST FOR KIDS GOLF TOURNAMENT	TUESDAY, SEPTEMBER 11, 2012 MILL RUN GOLF COURSE, SILOAM, ONTARIO	LOTHAR MAIER 416.298.4996	
CIRQUE DU SOLEIL	Friday, September 14, 2012 * Portlands, 51 Commissioners Street, Toronto	HAROLYN PANETTA 416.445.0885	
♥ CHAMPAGNE BRUNCH For eligible retirées	SEPTEMBER, 2012 CATHEDRAL BLUFFS YACHT CLUB, SCARBOROUGH	ELAINE APRILE 416.267.2670	
MISALLIANCE (W)	WEDNESDAY, SEPTEMBER 26, 2012 SHAW FESTIVAL, NIAGARA-ON-THE-LAKE, ONTARIO	MARILYN TREGWIN 416.493.3757	The same
PIRATES OF PENZANCE (W)	TUESDAY, OCTOBER 9, 2012 STRATFORD FESTIVAL, AVON THEATRE	HAL McCullough 905.985.8760	
FALL LUNCHEON AND CHARITABLE FOUNDATION FUND-RAISER	Thursday, October 25, 2012 Q-SSIS Banquet Hall, Scarborough	JUDY-ANNE TUMBER 705.295.1995	
FAMOUS PEOPLE PLAYERS (W) Winter Rocks	WEDNESDAY, NOVEMBER 28, 2012 343 EVANS AVE., TORONTO	JUDY-ANNE TUMBER 705.295.1995	
CHRISTMAS LUNCHEON	WEDNESDAY, DECEMBER 5, 2012 SCARBORO GOLF & COUNTRY CLUB, SCARBOROUGH	Marilyn Hodge 416.284.9984	

- ★ THE DEADLINE IS COMING UP <u>VERY QUICKLY</u>. IF THIS IS A SHOW FOR YOU, PLEASE CONTACT THE FACILITATOR A.S.A.P.!
- W SEE "THE WAIVER", PAGE 11. EVERYONE IN YOUR PARTY MUST SIGN THE COUPON TO INDICATE THEY HAVE READ THE WAIVER.
- → PROGRAMME UPDATES WILL BE FOUND IN OUR "MONTHLY" E-NEWS. (SEE PAGE 23 FOR MORE INFORMATION ABOUT OUR E-NEWS.)

## SOME TRIP TIPS:

- ★ UNLESS INDICATED OTHERWISE, ALL OF OUR BUS TRIPS DEPART FROM <u>KENNEDY</u> <u>COMMONS</u>. THE MALL IS LOCATED ON THE EAST SIDE OF KENNEDY ROAD, JUST SOUTH OF THE 401.
- ★ PLEASE PARK NEAR THE AMC THEATRES. LOOK FOR A PACIFIC WESTERN OR A MARY MORTON BUS.
- ★ PLEASE... PLAN TO ARRIVE 10-15 MINUTES AHEAD OF THE INDICATED DEPARTURE TIME. TRAFFIC CAN BE UNPREDICTABLE, AND WE NEED TO LEAVE ON TIME.
- ★ FOR RESERVATIONS, PLEASE SEND THE PROGRAMME COUPON WITH YOUR CHEQUE MADE PAYABLE TO: RETIRED TEACHERS OF ONTARIO DISTRICT 24.
- ★ BE SURE YOU HAVE READ AND UNDERSTOOD THE WAIVER AGREEMENT ON PAGE 11 AND THAT EVERYONE IN YOUR PARTY HAS SIGNED THE ACTIVITY COUPON.
- ★ CHEQUES FOR OUR EVENTS

  ARE NOT USUALLY DEPOSITED

  UNTIL THE TRIP IS CONFIRMED.

  DON'T BE CONCERNED WHEN

  WE HOLD YOUR CHEQUE.
- \* SUGGESTION: POST-DATE
  YOUR CHEQUE TO THE DEADLINE
  DATE OF THE ACTIVITY.
- ★ IF BOTH YOU AND THE FACILITATOR HAVE E-MAIL, YOU MAY CHOOSE TO HAVE YOUR CONFIRMATION E-MAILED TO YOU, SAVING YOU TIME AND THE COST OF AN ENVELOPE AND POSTAGE. CHECK THE APPROPRIATE LINE ON THE COUPON. THEN MAIL THE COUPON (SIGNED IF/WHERE NECESSARY) ALONG WITH YOUR CHEQUE.
- ★ IF YOU OR THE FACILITATOR DO NOT HAVE E-MAIL, YOU <u>MUST ENCLOSE A STAMPED</u>, SELF-ADDRESSED ENVELOPE.
- ★ YOU WILL RECEIVE CONFIRMATION FOR YOUR EVENT: BY E-MAIL, RETURN ENVELOPE, OR TELEPHONE WHEN THE FACILITATOR IS READY.
- ★ UNLESS NOTED OTHERWISE, OUR TRIPS ARE "ALL INCLUSIVE": LUNCH, BUS TRANSPORTATION, TICKETS (WHERE APPLICABLE), TAXES AND GRATUITIES.

PLEASE: CUT YOUR COUPON OUT!
IT MAKES IT EASIER FOR THE
FACILITATOR TO HANDLE AND
STORE THEM.

### FACILITATOR INFORMATION FOR THIS ISSUE

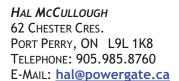
ANNE-MARIE ELLIS-TAYLOR
ONE GUILDCREST DR.
SCARBOROUGH, ON M1E 1E2
TELEPHONE: 416.261.5190
NO F-MAII

HAROLYN PANETTA
38 CASTLEGROVE BLVD.
TORONTO, ON M3A 1L2
TELEPHONE: 416.445.0885

E-MAIL: h\_panetta@hotmail.com

JUDY-ANNE TUMBER
192 CAMPBELLTOWN ROAD, R.R. 8
PETERBOROUGH, ON K9J 6X9
TELEPHONE: 1.705.295.1995
E-MAIL: jatumber@nexicom.net

E-



MARILYN TREGWIN
41 RAVENCLIFF CRES.
SCARBOROUGH, ON M1T 1R7
TELEPHONE: 416.493.3757
E-MAIL: m.tregwin@rogers.com



#### ABOUT OUR FRONT OF THE LINE SERVICE



FOR 2012, WE ARE CONTINUING TO OFFER OUR **FRONT OF THE LINE** SERVICE FOR ALL OF OUR **DAY TRIPS**.

PLEASE CONTACT JUDY-ANNE BY E-MAIL AND LIST THE DAY TRIPS THAT YOU ARE PLANNING TO ATTEND. YOUR PLACE WILL BE RESERVED FOR YOU. WHEN THE COUPON BECOMES AVAILABLE, SEND IT, ALONG WITH YOUR PAYMENT, TO THE FACILITATOR.

PLEASE... DO NOT USE THIS SERVICE FOR OUR SPRING, FALL OR CHRISTMAS LUNCHEONS.

UPDATES TO OUR PROGRAMME LINE-UP APPEAR IN OUR MONTHLY E-MAIL UPDATE: RTO 24 E-News. SEE PAGE 23 FOR DETAILS ON THIS SERVICE. #

PHONE: 1.705.295.1995

E-MAIL: jatumber@nexicom.net
USE SUBJECT: <u>RTO - Front of the Line</u>
Messages without this subject will not be opened.

~ Judy-Anne Tumber, Programme Chair

#### REMINDERS

**FAMILY AND FRIENDS**, EVEN IF THEY ARE NOT RTO MEMBERS, ARE <u>ALWAYS</u> WELCOME TO JOIN YOU FOR ANY OF OUR RTO TRIPS AND ACTIVITIES.

However, if someone is joining you, and a Waiver is required, he/she must read and understand the Provincial Waiver Agreement found on page 11 AND they must also sign the activity coupon! \*\*





PLEASE CONSIDER GOING "SCENT FREE".

MANY OF OUR MEMBERS WHO ARE ALLERGIC OR SENSITIVE TO SCENTED

PRODUCTS WILL APPRECIATE BEING ABLE TO "BREATHE EASILY" ON THE BUS OR
IN THE THEATRE.

FOR TRIPS FROM TORONTO TO STRATFORD, ST. JACOB'S, OR NIAGARA-ON-THE-LAKE, WE WILL BE USING THE 407.



## Stratford Festival 42<sup>nd</sup> Street

DATE: MONDAY, APRIL 23, 2012

**DEPART:** 9:30 AM

**TRAVEL:** DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13

**RETURN:** 7:30 PM

COST: \$135.00; NON-MEMBERS: \$145.00

PROGRAMME: 42ND STREET FOLLOWS THE JOURNEY OF PEGGY

Sawyer, a chorus girl who becomes a star when she takes over a leading Broadway role on opening night. Regarded by many as the quintessential backstage musical, it will be directed by Gary Griffin, whose Stratford productions of *West Side Story*, *Evita*, and *Camelot* have won widespread popular and critical acclaim.

**LUNCH:** WATERLOT RESTAURANT. CHOICE OF ENTRÉE: SOLE

AND SHRIMP OR ROAST CHICKEN BREAST

WAIVER: YES

FACILITATOR: MARILYN TREGWIN — CONTACT INFO ON p13

DEADLINE: FRIDAY, MARCH 23, 2012

## Luncheon & Travelogue <u>Topic: The Many Faces of India</u>

DATE: MONDAY, APRIL 30, 2012

**TIME:** 12:00 NOON

**VENUE:** SCARBORO GOLF & COUNTRY CLUB

COST: \$20.00

**PROGRAMME:** India: the Real Story. Presenters: Catherine

AND DON MACODRUM.

**LUNCH:** CHICKEN. NOTE: THIS IS NOT A BUFFET LUNCHEON.

WAIVER: NO

NOTE: THERE IS A LIMIT OF ONLY **60 PARTICIPANTS!**FACILITATOR: ANNE-MARIE ELLIS-TAYLOR — INFO ON p 13

DEADLINE: FRIDAY, APRIL 6, 2012

## Princess of Wales Theatre War Horse

DATE: WEDNESDAY, MAY 9, 2012

**DEPART:** 10:30 AM

**TRAVEL:** DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13

**RETURN:** 5:30 PM

COST: \$131.00 ; NON-MEMBERS: \$141.00

**PROGRAMME:** AS WORLD WAR I BEGINS, JOEY, YOUNG ALBERT'S BELOVED HORSE, IS SOLD TO THE CAVALRY AND SHIPPED TO FRANCE. HE'S SOON CAUGHT UP IN ENEMY FIRE, AND FATE TAKES HIM ON AN EXTRAORDINARY JOURNEY, SERVING ON BOTH SIDES BEFORE FINDING HIMSELF ALONE IN NO MAN'S LAND. BUT ALBERT CANNOT FORGET JOEY AND, THOUGH NOT OLD ENOUGH TO ENLIST, HE EMBARKS ON A TREACHEROUS MISSION TO FIND HIS HORSE AND BRING HIM HOME.

**LUNCH:** Choose your entrée at the Hot House café.

WAIVER: YES

**FACILITATOR:** JUDY-ANNE TUMBER — CONTACT INFO ON p13

DEADLINE: FRIDAY, APRIL 13, 2012



Cut out (or photocopy) this coupon and send it with your cheque.

NAME (PRINT):
I PHONE #:
SPOUSE/GUEST NAME (PRINT):
# OF TICKETS: MEMBERS: @ \$135.00 EA =
E-MAIL:
Would you like an E-mail confirmation prior to trip? YES NO
IF NO, A STAMPED, SELF-ADDRESSED ENVELOPE IS REQUIRED FOR CONFIRMATION!  ✓ CHECK ENTRÉE: SOLE AND SHRIMP: OR ROAST CHICKEN BREAST:
★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE <i>RTO</i>
WAIVER ON PAGE 11:
SIGNATURE

## **COUPON:** LUNCHEON & TRAVELOGUE MONDAY, APRIL 30, 2012

Cut out (or photocopy) this coupon and send it with your cheque.

NAME (PRINT):	
PHONE #:	7
SPOUSE/GUEST NAME (PRINT):	Taj Mahal

# OF TICKETS: ...... @ \$20.00 EA = .....

★ A STAMPED, SELF-ADDRESSED ENVELOPE IS REQUIRED FOR YOUR CONFIRMATION FOR THIS ACTIVITY.

#### COUPON: WAR HORSE WEDNESDAY, MAY 9, 2012

Cut out (or photocopy) this coupon and send it with your cheque.
NAME:
PHONE #:
SPOUSE/GUEST NAME:
# OF TICKETS: MEMBERS: @ \$131.00 EA =
E-MAIL:
WOULD YOU LIKE AN E-MAIL CONFIRMATION PRIOR TO TRIP? YES NO
I IF NO, A STAMPED, SELF-ADDRESSED ENVELOPE FOR CONFIRMATION IS REQUIRED!  ★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE <i>RTO</i>
WAIVER ON PAGE 11:
SIGNATURE
CICNATUDE

PLEASE: CUT YOUR COUPON OUT, NOT TEAR.
CUT ONES ARE EASIER TO WORK WITH AND STORE.



#### AGM and Spring Luncheon

DATE: THURSDAY, MAY 24, 2012
TIME: 10:00 — COFFFF AVAILABLE

10:30 — BUSINESS MEETING DOWNSTAIRS

11:45 — BAR OPENS

12:15 — LUNCHEON UPSTAIRS

THERE IS AN ELEVATOR AVAILABLE FOR YOUR USE.

COST: \$20.00

**PROGRAMME:** ✓ COME OUT FOR A GREAT SOCIAL AFTERNOON! SEE

OLD FRIENDS... MAKE NEW FRIENDS! ✓ VOTE FOR YOUR 2012-2013 EXECUTIVE! ✓ HELP CELEBRATE OUR DISTRICT'S 40<sup>TH</sup> ANNIVERSARY IN RTO/ERO! ✓ TAKE PART IN DISTRICT 24'S FUNDRAISER FOR THE CHARITABLE FOUNDATION. DETAILS ON PAGE 11.

**ENTERTAINMENT:** Hamilton All-Star Jazz Vocalists

**LOCATION:** Q-SSIS BANQUET HALL

KINGSTON & MARKHAM ROADS (NW CORNER)
PLENTY OF PARKING BEHIND THE BANQUET HALL.

WAIVER: NO

CHEQUES: MEMBERS: YOUR CHEQUE WILL BE RETURNED TO YOU WHEN YOU ARRIVE FOR THE AGM. IF YOU CHOOSE NOT TO ATTEND THE AGM AND COME FOR THE LUNCHEON ONLY, YOUR CHEQUE FOR \$20.00 WILL BE CASHED.

**FACILITATOR:** JUDY-ANNE TUMBER — CONTACT INFO ON p13

**→** DEADLINE: *FRIDAY*, *MAY* 11, 2012

## St. Jacobs Sound of Music

DATE: THURSDAY, MAY 31, 2012

DEPART: 8:30 AM

TRAVEL: DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13

**RETURN: 6:30** PM

COST: \$110.00 Non-Members: \$120.00

**PROGRAMME:** You'll have an hour to browse the St. Jacobs

MARKET. THEN JOIN US FOR A TIMELESS CLASSIC, AS OUR STAGE BECOMES ALIVE WITH THE SOUND OF MUSIC! IN THIS EPIC LOVE STORY, AN ASPIRING NUN NAMED MARIA LEAVES THE CONVENT TO GOVERN THE SEVEN MISCHIEVOUS CHILDREN OF CAPTAIN VON TRAPP. THE MEMORABLE SCORE BY RODGERS & HAMMERSTEIN FEATURES SUCH BELOVED SONGS AS "MY FAVOURITE THINGS", "DO RE MI", "EDELWEISS", "CLIMB EVERY MOUNTAIN", AND OF COURSE, THE GLORIOUS TITLE SONG.

LUNCH: VERSES RESTAURANT. CHOICE OF ENTRÉE: BEEF

BOURGUIGNON OR CORNISH HEN.

WAIVER: YES

**FACILITATOR:** JUDY-ANNE TUMBER — CONTACT INFO ON p13

DEADLINE: FRIDAY, MAY 4, 2012

## COUPON: AGM AND SPRING LUNCHEON THURSDAY, MAY 24, 2012

Cut out (or photocopy) this coupon and send it with your cheque.

NAME:	
PHONE #:	
SPOUSE/GUEST NAME:	
	•••••

# OF TICKETS: ..... @ \$20.00 EA = .....

- $^{st}$  Members have their cheques returned when they arrive for the AGM.
- \* IF YOU JUST COME FOR THE LUNCHEON ONLY, YOUR CHEQUE WILL NOT BE RETURNED. NON-MEMBERS WILL NOT HAVE THEIR CHEQUES RETURNED.

E-MAIL: .....

Would you like an E-mail confirmation prior to event? YES ...... NO ......

I PLAN TO PARTICIPATE IN THE "CASH FOR GOLD" FUNDRAISER FOR
THE CHARITABLE FOUNDATION. YES ...... NO ......

## \*\*COUPON: SOUND OF MUSIC THURSDAY, MAY 31, 2012

Cut out (or photocopy) this coupon and send it with your cheque.

NAME:	+ ++ (3)
PHONE #:	
SPOUSE/GUEST NAME:	7

# OF TICKETS:	MEMBERS:	@\$110.00	EA =
Non	-MEMBERS:	@ \$120.00	EA =

WOULD YOU LIKE AN E-MAIL CONFIRMATION PRIOR TO TRIP? YES ...... NO ......

IF NO, A STAMPED, SELF-ADDRESSED ENVELOPE FOR CONFIRMATION IS REQUIRED!

☑ CHECK ENTRÉE: BEEF BOURGUIGNON \_\_\_\_\_ OR CORNISH HEN \_\_\_\_\_

★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE RTO

**WAIVER** ON PAGE 11: .....

SIGNATURE

SIGNATURI

### A WORD ABOUT OUR TICKET PRICES...

YOU WILL NOTICE A NUMBER OF OUR ACTIVITIES HAVE TWO DIFFERENT PRICES INDICATED. THIS IS BECAUSE:

- → MEMBERS OF DISTRICT 24 ARE BEING SUBSIDIZED BY DISTRICT 24 IN THE AMOUNT OF \$10.00.
- → Non-MEMBERS OF DISTRICT 24
  ARE PAYING THE REGULAR PRICE.





WAR OF 1812 BICENTENNIAL 1812-2012

#### Websites you may find to be of interest:

www.celebrate1812.ca - St. Lawrence Region
www.discover1812.com - Niagara Region
www.toronto.ca/1812 - Toronto area
www.westerncorridor1812.com - south-western Ontario
www.1812bicentennial.com - southern Georgian Bay

## Shaw Festival Ractime

DATE: TUESDAY, JUNE 26, 2012

DEPART: 9:15 AM

**TRAVEL:** DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13

**RETURN:** 7:15 PM

COST: \$129.00 NON-MEMBERS: \$139.00

**PROGRAMME:** IN THIS POWERFUL MUSICAL PORTRAIT, AN ERA OF INNOVATION AND UNREST IS SET TO THE RHYTHMS OR RAGTIME. A

INNOVATION AND UNREST IS SET TO THE RHYTHMS OR RAGTIME. A SWEEPING SAGA OF TURN-OF-THE-CENTURY AMERICA, SEEN THROUGH THE EYES OF THREE VERY DIFFERENT FAMILIES, BASED ON NOVELIST E.L. DOCTOROW'S KALEIDOSCOPIC FUSION OF SUBURBAN NEW ROCHELLE, HARLEM AND NEW YORK CITY'S LOWER EAST SIDE, WITH SURPRISE APPEARANCES FROM THE LIKES OF HOUDINI, EMMA GOLDMAN AND J.P. MORGAN. A HEADY TALE OF LOVE LOST AND WON, LIVES LOST AND SAVED AND A COUNTRY STRUGGLING TO DEFINE ITSELF.

**LUNCH:** PRINCE OF WALES RESTAURANT. CHOICE OF ENTRÉE: PARMESAN CRUSTED CHICKEN BREAST *OR* POTATO GNOCCHI

WAIVER: YES

**FACILITATOR:** JUDY-ANNE TUMBER — CONTACT INFO ON p13

DEADLINE: FRIDAY, MAY 18, 2012

## Centre for the Performing Arts <u>Beauty and the Beast</u>

DATE: WEDNESDAY, JULY 11, 2012

DEPART: 9:30 AM

**TRAVEL:** DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13

**RETURN:** 5:30 PM

COST: \$148.00; NON-MEMBERS: \$158.00

**PROGRAMME:** BEAUTY AND THE BEAST IS THE CLASSIC STORY OF BELLE, A YOUNG WOMAN IN A PROVINCIAL TOWN, AND THE BEAST, WHO IS REALLY A YOUNG PRINCE TRAPPED IN A SPELL PLACED BY AN ENCHANTRESS. IF THE BEAST CAN LEARN TO LOVE AND BE LOVED, THE CURSE WILL END AND HE WILL BE TRANSFORMED TO HIS FORMER SELF. BUT TIME IS RUNNING OUT. IF THE BEAST DOES NOT LEARN HIS LESSON SOON, HE AND HIS HOUSEHOLD WILL BE DOOMED FOR ALL ETERNITY.

NOTE: YOU WILL HAVE TIME TO BROWSE AT HARBOURFRONT.

LUNCH: CHOOSE YOUR ENTRÉE AT THE PIER 4 RESTAURANT.

WAIVER: YES

**FACILITATOR:** JUDY-ANNE TUMBER — CONTACT INFO ON p13

DEADLINE: FRIDAY, JUNE 1, 2012

- Change is inevitable, except from a vending machine.
- Used to be indecisive. Now I'm not sure.
- O Nostalgia isn't what it used to be.
- You're never too old to learn something stupid.
- U I didn't say it was your fault, I said I was blaming you
- Ulthought I wanted a career; turns out I just wanted paycheques.
- Whenever I fill out an application, in the part that says "In an emergency, notify: \_\_\_\_" I put... "A DOCTOR."
- © Do not argue with an idiot. He will drag you down to his level and beat you with experience.
- A clear conscience is usually the sign of a bad memory.

## COUPON: RAGTIME TUESDAY, JUNE 26, 2012

Cut out (or photocopy) this coupon and send it with your cheque.
NAME:
PHONE #:
SPOUSE/GUEST NAME:
# OF TICKETS: MEMBERS: @ \$129.00 EA =
E-MAIL:
WOULD YOU LIKE AN E-MAIL CONFIRMATION PRIOR TO TRIP? YES NO  IF NO, A STAMPED, SELF-ADDRESSED ENVELOPE FOR CONFIRMATION IS REQUIRED!  ☑ CHECK ENTRÉE: CHICKEN BREAST OR POTATO GNOCCHI
★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE <i>RTO</i>
WAIVER ON PAGE 11: SIGNATURE
SIGNATURE
COUPON: BEAUTY AND THE BEAST
Wednesday, July 11, 2012
Cut out (or photocopy) this coupon and send it with your cheque.
NAME:

SPOUSE/GUEST NAME: .....

## FALL Fundraiser for the CHARITABLE FOUNDATION

# OF TICKETS: MEMBERS: ..... @ \$148.00 EA = .....

WOULD YOU LIKE AN E-MAIL CONFIRMATION PRIOR TO TRIP? YES ...... NO ...... IF NO, A STAMPED, SELF-ADDRESSED ENVELOPE FOR CONFIRMATION IS REQUIRED!

★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE RTO

WAIVER ON PAGE 11: .....

Non-Members:..... @ \$158.00 EA = .....

Bazaar and Craft Show

at the Fall Luncheon OSSIS Banquet Hall

Thursday, October 25, 2012

Vendor tables will be available for \$25.00 each.

Contact Judy-Anne Tumber at:

jatumber@nexicom.net 1.705.295.1995 to reserve a table.



#### **Georgian Bay** 30,000 Islands Boat Cruise

THURSDAY, AUGUST 23, 2012 DATE:

DEPART: 8:30 AM

DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13 TRAVEL:

RETURN:

Cost: \$107.00 Non-Members: \$117.00 **PROGRAMME:** ENJOY A RELAXING 3 HOUR CRUISE THROUGH THE BEAUTIFUL 30,000 ISLAND REGION OF GEORGIAN BAY ONBOARD THE ISLAND QUEEN. SPACIOUS AND COMFORTABLE INNER SEATING, LARGE VIEWING WINDOWS AND OUTSIDE OBSERVATION DECKS PROVIDE YOU WITH A GREAT VIEW OF THE PASSING SCENERY. DISCOVER THE

LUNCH: BUFFET LUNCH AT THE LOG CABIN

UNBELIEVABLE BEAUTY OF THIS REMOTE REGION OF CANADA!

WAIVER: YES

**FACILITATOR:** JUDY-ANNE TUMBER — CONTACT INFO ON p13

DEADLINE: FRIDAY, JULY 20, 2012

### Portlands, Toronto Cirque du Soleil - Amaluna

FRIDAY, SEPTEMBER 14, 2012 DATE:

**START TIME:** 4:00 PM

DRIVE YOURSELF. THERE IS AMPLE PARKING IN THE TRAVEL:

AREA: **OR** TAKE THE **72A** BUS FROM UNION STATION.

\$73.50 Cost:

**PROGRAMME:** AMALUNA CENTRES AROUND A SORCERESS NAMED PROSPERA WHO RULES A FANTASY ISLAND. INSPIRED BY SHAKESPEARE'S THE TEMPEST. IN THE WAKE OF A STORM SHE CAUSES, A GROUP OF YOUNG MEN BECOME STRANDED IN HER DOMAIN AND PROSPERA'S DAUGHTER FALLS IN LOVE WITH ONE OF THEM.

WAIVER: No

NOTE: THE DEADLINE DATE IS COMING UP **RIGHT AWAY!!** 

TO GET THE TICKETS AT THIS PRICE, THIS DEADLINE IS FIRM. **FACILITATOR:** HAROLYN PANETTA — CONTACT INFO ON p13

DEADLINE: THURSDAY, MARCH 15, 2012

#### **Shaw Festival** Misalliance

WEDNESDAY, SEPTEMBER 26, 2012 DATE:

DEPART: 9:15 AM

DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13 TRAVEL:

RETURN: 7:15 PM

Cost: \$134.00 Non-Members: \$144.00

**PROGRAMME:** HYPATIA IS A BORED HEIRESS TO AN UNDERWEAR FORTUNE, TRAPPED IN AN UNHAPPY ENGAGEMENT. BUT THEN A PLANE CRASHES INTO THE CONSERVATORY, BRINGING A HANDSOME MAN, A FEMALE DAREDEVIL AND ALL KINDS OF NEW IDEAS TO SHAKE UP THE OUIET WEEKEND IN THE COUNTRY. WHO WILL WIND UP WITH WHOM?

AND WHICH ALLIANCE WILL BE A HIT - OR A MISS?

LUNCH: RISTORANTE GIARDINO. CHOICE OF ENTRÉE: BAKED

ATLANTIC SALMON OR GRILLED CHICKEN SUPREME.

WAIVER: YES

FACILITATOR: MARILYN TREGWIN — CONTACT INFO ON p13

DEADLINE: FRIDAY, JULY 20, 2012

#### **SECUTION:** 30,000 ISLANDS BOAT CRUISE THURSDAY, AUGUST 23, 2012

Cut out (or photocopy) this coupon and send it with your cheque.
NAME:
PHONE #:
SPOUSE/GUEST NAME:
# OF TICKETS: MEMBERS: @ \$107.00 EA =
E-MAIL:
Would you like an E-mail confirmation prior to trip? <b>YES NO</b> If NO, a stamped, self-addressed envelope for confirmation is required!  ★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE <i>RTO</i>
WAIVER ON PAGE 11:
SIGNATURE
SIGNATURE
SCOUPON: CIRQUE DU SOLEIL FRIDAY, SEPTEMBER 14, 2012
Cut out (or photocopy) this coupon and send it with your cheque.
NAME:
PHONE #:
SPOUSE/GUEST NAME:
# OF TICKETS: # OF TICKETS: @ \$73.50 EA =
E-MAIL:
<b>★</b> COUPON: MISALLIANCE
Wednesday, September 26, 2012
Cut out (or photocopy) this coupon and send it with your cheque.
NAME:
PHONE #:
SPOUSE/GUEST NAME:
# OF TICKETS: MEMBERS: @ \$134.00 EA =
E-MAIL:  WOULD YOU LIKE AN E-MAIL CONFIRMATION PRIOR TO TRIP? YES NO  IF NO, A STAMPED, SELF-ADDRESSED ENVELOPE FOR CONFIRMATION IS REQUIRED!  ☑ CHECK ENTRÉE: BAKED SALMON: OR GRILLED CHICKEN:  ★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE RTO  WAIVER ON PAGE 11:
SIGNATURE

PLEASE: CUT OUT YOUR COUPON. DO NOT TEAR IT OUT.



## Stratford Festival The Pirates of Penzance

DATE: TUESDAY, OCTOBER 9, 2012

DEPART: 9:30 AM

**TRAVEL:** DEPART KENNEDY COMMONS. SEE TRIP TIPS, p13

**RETURN:** 7:30 PM

COST: \$144.00 NON-MEMBERS: \$154.00

PROGRAMME: GILBERT & SULLIVAN'S THE PIRATES OF PENZANCE
IS THE DELIGHTFULLY ZANY STORY OF THE LOVE BETWEEN FREDERIC,
INDENTURED TO A PIRATE CREW MADE UP ENTIRELY OF ORPHANS, AND
THE LOVELY MABEL STANLEY, WHOSE FATHER IS "THE VERY MODEL OF A
MODERN MAJOR-GENERAL".

**LUNCH:** PAZZO'S RESTAURANT. ENTRÉE: ROAST BREAST OF

CHICKEN. CHOCOLATE TRUFFLE TART FOR DESSERT.

WAIVER: YES

**FACILITATOR:** HAL McCullough— contact info on p13

→ DEADLINE: FRIDAY, AUGUST 31, 2012

## COUPON: PIRATES OF PENZANCE TUESDAY, OCTOBER 9, 2012

Cut out (or photocopy) this coupon and send it with your cheque.

NAME:	*
PHONE #:	TO
SPOUSE/GUEST NAME:	M
	1

**E-MAIL:**Would you like an E-mail confirmation prior to trip? **YES ...... NO ......** 

If NO, a stamped, self-addressed envelope for confirmation is required!

★ I ACKNOWLEDGE THAT I HAVE READ AND UNDERSTOOD THE RTO

*WAIVER* ON PAGE 11: .....

SIGNATURE

SIGNATURE

## Breakfast for Kids Golf Tournament – 2012 Edition

EAGLE, BIRDIE, PAR AND MORE...
PLEASE READ ON



"Golf is the only sport where the most feared opponent is you."

Building on a solid fourteen year foundation, I would like to invite you and your friends to participate in the Breakfast for Kids 15<sup>th</sup> Annual District 24 golf tournament. Please reserve **Tuesday, September 11<sup>th, 2012</sup>** and join us at **Mill Run Golf Course**, just west of Uxbridge. In past years, the involvement and support of members and friends have helped make these tournaments fun and an integral part of helping students. I am once again asking for your support.

Our tournaments have helped thousands of youngsters in our legacy Boards of East York and Scarborough. Each year several schools in our two legacy Boards are selected by the Toronto Partnership for Student Nutrition to receive the proceeds from our tournament. Last year's thankful recipients were: Thorncliffe Park Jr. P.S. (TDSB - East York), Heron Park Jr. P.S. (TDSB - Scarborough), St. Boniface CS (TCDSB) and the Sunshine Community Birchmount Club (Birchmount and Finch).

Funds are generated from the players fees, raffles, golf hole sponsors and a silent auction. Cash donations exceeding \$10.00 will receive a tax receipt. Donations to our prize table or silent auction are other ways members can show their support. I would be more than glad to pick up items for our tournament. Please contact me at: 416.298.4996 OR lothar.maier@yahoo.ca

Let us work together and make this 2012 golf tournament the best one ever. Everyone enjoys the fun, both on and off the course.

"The best wood in most amateurs' bags is the pencil."



Lothar Maier Golf Convener







#### Christmas Luncheon

#### The Luncheon...

On Wednesday, December 7, 2011, the annual RTO Christmas Luncheon was held at the Scarboro Golf and Country Club. Members, spouses, family and friends enjoyed the beautiful surroundings that were festively decorated for the season. The sounds of the voices of old friends meeting again was a joy to hear. The sumptuous buffet was indeed a feast for the palate as well as the eyes! Live music gave us the melodies of Christmas as we enjoyed our lunch. Thank you to all of those who worked to make this luncheon possible. A special thank you to Marilyn Hodge for all her hard work in organizing this most enjoyable experience that many of us look forward to with anticipation each year as December rolls around once again.  $\aleph$ 

~ Elaine Apted

#### And A Thank You...

The success of the Christmas Luncheon is always dependent on the assistance of several members. My sincere thanks are extended to David Tumber, for making up the name tags and to Judy-Anne Tumber, for hand printing the table name cards, Linda Jarvis, for helping to set up the tags and cards and welcoming all of the guests as they arrived, Elaine Apted and Elaine Aprile, for giving everyone directions as they came up the stairs, Bob Cooke for saying Grace, Blaguna Evrovski, the Catering and Beverage Manager, and her staff for always doing such a wonderful job for us every year and to Bonnie Clarke, our treasurer, for paying the bill.  $\varkappa$ 

~ Marilyn Hodge, Goodwill (Cards) ~more photos on the back cover and on our website



### Bridge Report



RTO Bridge group resumed in January, and although a couple of players having gone to games in the South, we still have a good number of players. Our January winners up until entry time for this article are:

Jan. 3: 1. Jane Humphries

3. Edna Mathews

Jan. 10: 1. Elizabeth ScarlettJan. 17: 1. Jane Humphries

Jan. 24: 1 Carlton DeRyck

2. Wayne Carlson

2. Dale Smith

2. Carlton DeRyck

2. Dorothy Archer

We will not be playing on March 13, during the March Break, due to unavailability of our room. But we are there all other Tuesdays, at the Ellesmere Community Centre, 20 Canadian Rd., near Warden and Ellesmere, starting right at 12:30.

Don't let the listing of our winners be intimidating; we play friendly bridge, having fun and enjoying making new friends! As well, we help to diminish (or should we say devour?) the overabundance of our members' Christmas goodies.

If you don't know how to play, we can recommend beginner lessons. For any information, call Terry or Dale Smith at 416.438.0430.



As part of our 40<sup>th</sup> Anniversary Celebration, the President of District 24, Donna Hubel, presented decks of cards to the Bridge Club on January 24. One deck is blue and white and the second deck is white and blue with the RTO logo on each card.

#### Senior Seniors



## The Dillings: Bud & Lorraine

Their lives have been entwined in so many ways and for so many years that it only makes sense that they be featured together in our Senior Senior

category. The *they* are Harold J. (Bud) and Lorraine Dilling. How did two individuals, born in the same year (1929), but with such disparate backgrounds, ever get together?

Bud acquired his early education (Grades 1 to 8) in a oneroom country school in Tuckersmith Township of Huron County and his secondary education in what was called a Continuation School (Grades 9 to 12) in Hensall and, courtesy of newly-available bus transportation, in Seaforth Collegiate Institute (Grade 13). By contrast, Lorraine's education was totally urban: Ingersoll's Victory Memorial Public School (Kindergarten to Grade 8) and Ingersoll Collegiate Institute (Grades 9-13).

While Bud's extracurricular activities during those years involved much hard work on the farm and practising his "fiddle," Lorraine expanded her experiences with tap dancing in the early years, followed by many hours studying piano and accompanying soloists and high school performances.

Their first meeting happened, however, when both Bud and Lorraine decided to enter teacher training at the London Normal School in the same year (1947) for a oneyear course right after Grade 13-the common preparatory training for elementary school teaching at the time. After that, they claim that it was hard to keep them apart. For example, experienced square-dancer, Bud, talked Lorraine, who had never square-danced before, into a student contest. The London Free Press published a photo of their winning "square" of eight. When instructors selected Lorraine to direct The Happy Journey by Thornton Wilder, Bud was selected to play the veryyoung-appearing, 14-year-old Arthur. The most amusing experience for Bud was his "volunteering" to assist Lorraine in a winter-day search among butcher shops and abattoirs for a cow's stomach, so determined was she to have the best "concrete materials" for her next practice lesson. Bud, with his rural experience, knew what pitfalls were in store, but he tolerated the bemused looks and snide remarks of butchers because the outing was a good excuse to be with Lorraine. The most embarrassing event for Lorraine was when she spilled ink all over Bud's "practice". Daily Attendance Register when he was helping solve difficulties she was having with hers. The fact that the instructor made good his threat to make anyone "messing up" his assignment write the final School

Management exam meant little to Bud, who at that time treated life quite lightly. Bud claims, however, that eventually Lorraine agreed to marry him to atone for her disastrous part in this calamity.



After graduation, they took on teaching positions near each other: Lorraine with the Sarnia Board of Education and Bud with the S. S. No. 3 Plympton Township Board in a one-room school about 10 miles away. (It

was almost unheard of for urban boards to hire males right out of teacher training; if they didn't turn out to be successful teachers, the board could be stuck with them for much longer than they would be with female teachers who were usually required to resign on marriage.) Indeed, this couple often reflects on the colossal nerve that they had, on graduation from LNS in 1948, to take on such a complicated and responsible task as teaching, with Bud having turned only 19 in April and Lorraine still 18, due to the fact that she was born in November of 1929.



During her tenure in Sarnia, Lorraine distinguished herself as a Primary teacher with her musical ability, her creative talent for producing children's operettas, her co-operative effort in

producing Phonics Workbooks for primary students, and for introducing what was called "New Math" in the primary grades in 1965. During his three years in S. S. No 3, Bud also enjoyed considerable success with music, bringing home to his rural school the first-place Rose Bowl for rural choirs two years in a row in competition with some 36 choirs. This music success continued when Bud was hired by the Sarnia Board of Education where he often brought his students to success with choirs and double-and triple-trios. His career with Sarnia climaxed with his appointment as Principal in two different schools.

While carrying on their teaching duties, they recognized the need to improve their academic qualifications. Through week-end classes carried on by visiting professors from the University of Western Ontario and attendance at summer school, Lorraine completed her B.A. degree with high standing, and Bud achieved his B.A. from U.W.O. and his B. Ed., M.Ed., and Ed.D. degrees from the University of Toronto (as a recipient of the *William Pakenham Fellowship*, 1962-63, and with a Doctoral Thesis featuring educational achievement and social acceptance of Canadian Indians).



On their move to Scarborough in 1965, Lorraine taught primary grades first and then became a Teacher-Librarian where she developed, with flare and creativity, numerous special programmes (e.g., *The* Klondike Gold Rush of 1898, The 100th

Birthday of Our National Parks, The Canadian Cowboy, and The Arctic: The Last Frontier) involving all students and teachers; she also initiated the first MS Readathon in Canada in 1978, at Jack Miner Sr. Public School. Bud, as Research Director for the Scarborough Board of

Education, was involved with several relevant professional associations, completed or supervised many research projects, and was honoured with the awarding of the 1988 CEA Whitworth Award for "distinguished contributions to educational research in Canada."

On their retirement from the Scarborough Board of Education (Lorraine in 1986, Bud in 1988), they continued to work together in several ventures. In 1988, they set up their own business, *Educational Research Services*, offering assistance to Ontario Boards in the conduct of research-oriented projects. Both received *The Commemorative Medal for the 125th Anniversary of the Confederation of Canada* in 1992 for their charitable work, which included fund-raising and the provision of musical performances (fiddle, keyboard, and song) in seniors' homes. In addition, in 2002, Lorraine was granted *The Queen's Golden Jubilee Gold Medal* in recognition of her work with the *MS Readathon*.

Bud and Lorraine both enjoy writing, so Bud published a book, *Bill Hawkins: A Gentleman of Ingersoll*, in 2002, and Lorraine published hers, *Growing Up Small: Reminiscences About Life in a Small Town in the 1930s* in 2011. It goes without saying that there was considerable mutual cooperation during both these enterprises. Likewise, their love of travel resulted in adventures in many countries in all of the continents except Antarctica, and their abiding love of music has kept them *tuned* to each other, and to society, throughout all their years together.  $\aleph$ 

### Does this apply to you?

Moving?

Address information incorrect?



IN WRITING: 18 SPADINA ROAD, TORONTO, ON M5R 2S7 BY PHONE: 416.962.9463 OR 1.800.361.9888 (EXT 223)



PLEASE... DO NOT CONTACT YOUR COMMUNICATIONS OR MEMBERSHIP CHAIR

4     2     8     1     9     3     7     6     5       3     7     9     6     5     8     1     2     4       5     4     6     8     3     7     9     1     2       7     9     3     4     2     1     6     5     8       2     8     1     5     6     9     4     3     7       9     3     2     7     1     5     8     4     6       8     5     7     3     4     6     2     9     1       6     1     4     9     8     2     5     7     3	1	6	5	2	7	4	3	8	9
5     4     6     8     3     7     9     1     2       7     9     3     4     2     1     6     5     8       2     8     1     5     6     9     4     3     7       9     3     2     7     1     5     8     4     6       8     5     7     3     4     6     2     9     1	4	2	8	1	9	3	7	6	5
7 9 3 4 2 1 6 5 8 2 8 1 5 6 9 4 3 7 9 3 2 7 1 5 8 4 6 8 5 7 3 4 6 2 9 1	3	7	9	6	5	8	1	2	4
2     8     1     5     6     9     4     3     7       9     3     2     7     1     5     8     4     6       8     5     7     3     4     6     2     9     1	5	4	6	8	3	7	9	1	2
9 3 2 7 1 5 8 4 6 8 5 7 3 4 6 2 9 1	7	9	3	4	2	1	6	5	8
8 5 7 3 4 6 2 9 1	2	8	1	5	6	9	4	3	7
	9	3	2	7	1	5	8	4	6
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	6	1	4	9	8	2	5	7	3

< ANSWER TO THE **SUDOKU** PUZZLE ON PAGE **9.** 

ANSWER TO **PARAGRAPH PUZZLE** ON PAGE **9.** >

### Goodwill (Phones)



Last year District 24 attempted to make contact with all of its members who retired before 1996. This year we will be extending the list to include all members retiring before 1997 — over 500 members. We have several volunteers who have offered to help with these calls

but we are always looking for new volunteers to assist us with the phoning. If you are able to take a few hours, once a year, please contact Lynne Horvath at 1.705.738.4557 or by e-mail at <a href="mailto:lynneh@i-zoom.net">lynneh@i-zoom.net</a>. \#

~ Lynne Horvath, Goodwill (Phones) Chair

### Goodwill (Cards)

During 2011, 61 sympathy cards, 29 thinking of you and 2 get well cards, and 18 special birthday cards were sent out. In December, 216 Christmas cards were sent out to all members who were 85 years and older. Trudy Sutton, an RTO member and friend, did half of them. Needless to say, her assistance was very much appreciated.

Between January and June 2012, there are six members who will celebrate a 90<sup>th</sup> birthday, two who will celebrate a 100<sup>th</sup> birthday and one who will celebrate her 102<sup>nd</sup> birthday. Each celebrant will receive a special birthday



card indicating that a donation to Breakfast for Kids will be sent in his or her name. All members celebrating a 90<sup>th</sup>, 100<sup>th</sup> and over birthday in 2012 will be invited, with a guest, to the District 24 Annual General Meeting and Luncheon to be held at Q-SSIS on Thursday, May 24<sup>th</sup>, 2012. Invitations will be sent out early in April 2012.

Both the birthday celebrant and his or her guest will be "treated" to lunch.

If you know of anyone who should receive a Get Well or Thinking of You card or a family of a District 24 member who should receive a Sympathy card, please let me know. This is very important as sometimes family members don't notify the Provincial Office about the death of a family member until several months has passed. I don't find out until I am notified by the Provincial Office.  $\divideontimes$ 

~ Marilyn Hodge – Goodwill (Cards) Chair <u>mjhodge@sympatico.ca</u> 416.284.9984

The letter "e", which is the most common letter used in the English language, does not appear once in the paragraph.

#### Western Mediterranean



Here we are standing in the center of the forum with its majestic pillars rising all around us. "Imagine being born 2000 years ago and living in the old city of Pompeii," says Giovanni, our guide. And we are taken back to another time as we walk through the cobblestone streets of the old city. The old city of Pompeii and its ruins are so well preserved that it is

difficult to imagine that Pompeii was destroyed around 79 AD. Now the city, preserved by volcanic lava, is being excavated for the modern world to see. It feels as though we are trespassers into the past, as we examine the theater, the forum, artifacts, homes, gardens, and even the toilets. The 3-D paintings in the public baths are amazingly preserved, and some of the names and addresses of the original residents are posted over doorways. All the details of their lives are now exposed to



the world. Their civilization seems intricately planned and so organized that it really feels modern. Giovanni, a retired teacher and nearly eighty years old, explained every detail with passion and knowledge. He

took us back into that world during our long walk in the heat of the noon Mediterranean sun. As he directed us to look at Mount Vesuvius in the distance, we understood the power of what happened here. Here we were walking down the cobblestone streets of history. Such was our Mediterranean trip, filled with culture, history and adventure!

Our adventure began in Spain. We flew into Barcelona filled with anticipation and we were not disappointed. Barcelona is about the people. They are lively and friendly and are happy to share their city with visitors. They stroll, play music, and sell their wares day and night on Las Ramblas, the main street. The older people bring chairs and watch as the others saunter along meeting friends, shopping, and eating. The Sagrada Familia Cathedral is a



universal symbol of Barcelona. This cathedral, still unfinished, was begun by Francisco de Paula, and taken over by the Spanish architect, Gaudi, who worked on

< Gaudi architecture

it until his death in 1926. Work continues today. In Barcelona we visited the Olympic village, the cathedral, and viewed many of Gaudi's architectural masterpieces. These buildings, complete with fine details and creative lines, are sprinkled throughout the city. Gaudi's buildings are an interesting contrast to the very modern hotels and unique designs of the modern buildings. After spending 3 days in Barcelona we were ready for some pampering as we boarded the *Liberty of the Seas*, our floating home for the next week.



After being rocked to sleep by the gentle waves of the Mediterranean, we woke each morning in a new port with a new and exciting place to explore. In France we docked in Toulon and

Villefranche ↑. As our tour bus driver made a delicate turn around at the port of Villefranche, my twelve year old granddaughter pointed out that we were actually in an old fort. An avid researcher of castles and forts, she remarked that the parking lot for the buses was the moat, without the water, of course. Then she pointed out the drawbridge above.

From our Italian ports of Livorno, Civitavecchia and Naples, we toured the Italian countryside, were welcomed to a beautiful winery, and visited an inland lake. From the bus, we could see on a distant hillside the Odescalch Castle, where Tom Cruise is said to have married Katie Holmes. It is said that he paid all the local residents adequately to keep his plan secret from the press, and they did. The leaning tower of Pisa held some mystique for me. As I gazed on it in wonder, I imagined Galileo standing on the top, testing his theory of gravity. Galileo must have been grateful for the thirteen degree lean. Our last excursion took us to the preserved ruins of the old city Pompeii.

We had had an exhausting schedule, and we arrived in the port of Barcelona tired and ready for some seaside relaxation in Spain. To get to our resort at Cala Montjoi, in Costa Brava near the French border, we drove over a mountain and through the Cap de Creus natural park. From the mountain top, the views of the seaside towns on the Mediterranean were breathtaking. Later we enjoyed a boat tour along the mountainous coast and viewed this natural park from below. At one point the tour boat actually squeezed into a cave. What an awesome view looking up to see exactly how high we had been when we travelled on the road to Montjoi!

The Dali museum, situated in the nearby town of Figures, was designed by Salvador Dali himself. It is an amazing mix of art and sculpture, and architecture. Well known as a surrealist, each work is unique and tells its own story. The Girona Cathedral, in the city of Girona, is said to be the

largest in the world after St. Peter's at the Vatican. We also visited the Jewish quarter and the Jewish museum. The monastery on Montserrat Mountain was on our route back to Barcelona. We felt like pilgrims climbing the mountain and finally arriving at the monastery. From inside, looking way up, I could see each person in the line stop and kneel at the gold statue of St. Maria of Montserrat, the black virgin. I sat in my pew, surrounded by crypts and stained glass windows. Listening to chanting coming from a side altar, I was overcome by the reverence in the faces of the pilgrims.

The Mediterranean is a very special place. The sea and sky seemed to unite and contrasted with the deep grey of the mountains. What a wonderful experience to view the mountainous coast in its natural beauty! Mix this natural beauty with the romantic and historic sites of southern Europe, and the complete vacation unfolds. Each city has its own story to tell, and each day is one of discovery filled with history. We appreciate the history so much more because our own country is still so young. **\*\*** 

~ Jean Clarke ~ additional photos on our website

## **E-NEWS**

#### SEND US YOUR NAME...

We only publish three newsletters a year — that's a long time between issues to wait for more current information!

Give us your e-mail address and we will send you our E-News Updates, RTO 24 E-NEWS, in the months when there is no newsletter.

#### PLEASE NOTE:

- Providing your e-mail address is voluntary! We could, but do not, take it from the RTO membership list.
- > Your e-mail information is held in confidence and is for District 24 use only and IS NOT SHARED with anyone, or with any organization.
- ➤ E-mails are sent to you **Bcc** (Blind carbon copies). No one gets to see anyone else's e-mail address.
- > Our e-mails are ALWAYS prefaced with RTO.
- To keep you fully informed, we do, occasionally send out an E-NEWS EXTRA.
- Our E-Mails are SENT ONLY AS A .PDF ATTACHMENT.
  There are no hard copies that can be mailed to you.
- ➤ If your e-mail address changes, please remember to provide us with your new e-mail address!
- > We can no longer send to TEL addresses.

If you wish to participate, and we encourage you to do so, please send your e-mail address and a note to our

Messages without this subject will not be opened!

We currently have **617** members **(25%)** participating in our monthly updates. I look forward to adding *your* name to our **E-NEWS** list. **Join us!** 

Our next **E-NEWS** will be coming out on **APRIL 1**. (Really!)

#### IOIN US IN... GOING GREEN

I'm sure you know by now that we are offering you the opportunity to read your copy of our newsletter on-line and not have the paper copy delivered to your home.

- ✓ Save a tree!
- ☑ Save a habitat!
- ☑ Save the District money on printing and mailing costs! Money that we can put to other uses in our District!



It's simple! I ask that you send the following pieces of information:

- ✓ your name
- ✓ your full address, including postal code
- ✓ your phone number
- √ your e-mail address

to: <a href="mailto:hal@powergate.ca">hal@powergate.ca</a> along with a line to say you would like to read the newsletter on-line. I will send you a return e-mail to indicate that your name has been put on our NO Newsletter list.

Please use the Subject: RTO - No Newsletter.

We seem to be asking for a lot of information, but we want to be sure that we are deleting the correct name from our Membership List. (Please don't panic - we are only removing you from the District copy of the Membership List — you're still safe at 18 Spadina Road!!)

If both you and your spouse worked for Scarborough and/or East York you have a decision to make. You can continue to get 2 paper copies. Or you can opt to have one paper copy and one on-line copy, or you can opt for both of you to read it on-line. If this applies to you, be sure to let me know which option you prefer.

If, after trying the on-line version you decide reading it this way is "not your thing", let me know and we'll put you back on the mailing list!

When the newsletter has gone to the Post Office I will send you an e-mail to let you know that it has been posted and how you can access it. It's really easy.

**Do nothing** and you will continue to receive your paper copy of the newsletter!

Remember: the choice is yours.



As of the end of January, 139 members had opted to read our newsletters on-line. These members alone will save District 24 almost \$1000.00 on printing and mailing costs this year.

May we add your name to our ever-growing list? #

~ Hal McCullough, Communications Chair

- Some cause happiness wherever they go. Others, whenever they go.
- © Behind every successful man is his woman. Behind the fall of a successful man is usually another woman.



## **DATES** TO REMEMBER



**EVERY TUESDAY** BRIDGE CLUB (12:30 P.M.) MARCH 21, 2012 APRIL 12, 2012 APRIL 23, 2012 APRIL 30, 2012 MAY 9, 2012 MAY 17, 2012 MAY 24, 2012 MAY 31, 2012

JUNE 14, 2012 JUNE 26, 2012 JULY 1, 2012 JULY 1, 2012

JULY 11, 2012 AUGUST 23, 2012 SEPTEMBER 6, 2012 SEPTEMBER 11, 2012 SEPTEMBER 14, 2012

SEPTEMBER 19, 2012 **SEPTEMBER 26, 2012** 

OCTOBER 9, 2012 1<sup>ST</sup> DAY OF THE MONTH

DAYLIGHT SAVING TIME:

SEASONS CHANGE ON:

SANDERSON CENTRE: MEN OF THE DEEPS EXECUTIVE MEETING - EVERYONE WELCOME STRATFORD: **42**<sup>ND</sup> **STREET** 

SG&CC: LUNCHEON & TRAVELOGUE PRINCESS OF WALES: WAR HORSE EXECUTIVE MEETING - EVERYONE WELCOME Q-SSIS: AGM & SPRING LUNCHEON

STRATFORD: **SOUND OF MUSIC** 

EXECUTIVE MEETING - EVERYONE WELCOME

SHAW: **RAGTIME** CANADA DAY

SUMMER NEWSLETTER DELIVERY (APPROX.) PERFORMING ARTS: BEAUTY & BEAST

30 000 ISLANDS BOAT CRUISE EXECUTIVE MEETING - EVERYONE WELCOME

15<sup>™</sup> B4K GOLF TOURNAMENT CIRQUE DU SOLEIL: AMALUNA

CHAMPAGNE BRUNCH: ELIGIBLE RETIREES

SHAW: MISALLIANCE

STRATFORD: PIRATES OF PENZANCE

RTO 24 E-NEWS E-MAILED

4<sup>TH</sup> LAST DAY OF THE MONTH DEADLINE FOR NEXT RTO 24 E-NEWS

MAR 20; JUNE 20; SEPT 22; DEC 21 BEGINS MAR 11, '12; ENDS NOV 4, '12

➡ EXECUTIVE MEETINGS ARE HELD AT KINGSWAY ARMS RETIREMENT. RESIDENCE (SOUTHWEST CORNER OF McCOWAN AND EGLINTON).

RTO/ERO: Here for you now... Here for your future DISTRICT 24:

WHERE OLD AND NEW FRIENDS MEET.

### CHRISTMAS LUNCHEON Wednesday, December 7, 2011













~ photos by Hal McCullough ~ additional photos on our website ~ article on page 19

THE CONTENT OF THIS NEWSLETTER MAY OR MAY NOT REFLECT THE POSITION OF RTO/ERO DISTRICT 24 OR THE OFFICIAL POSITION OF RTO/ERO. OTHER RTO/ERO DISTRICTS ARE WELCOME TO USE ANY OF THE MATERIAL CONTAINED IN THIS NEWSLETTER PROVIDING APPROPRIATE ATTRIBUTION IS MADE REGARDING SOURCE.

ARE YOU MOVING? YOU NEED TO CONTACT DIANNE VEZEAU AT RTO. PLEASE SEE PAGE 21 FOR HER CONTACT INFORMATION.

**RTO/ERO DISTRICT 24** C/O HAL MCCULLOUGH 62 CHESTER CRES. PORT PERRY, ON L9L 1K8





