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PRESIDENT'S MESSAGE
GEORGE DENNY



We are gradually entering the winter season, having passed through a green Christmas. Perhaps we will have more of a "real winter" this year as it seems we have not had much snow since 2008. We received snow after Christmas and then the snow melted after New Years. We have just broken temperature records for early January. Strange weather conditions!

Our annual Christmas Luncheon, held at Scarboro Golf and Country Club on Wednesday, December 5th, was sold out with 200 of our members and friends in attendance! Once again, members of D24 enjoyed a delicious Christmas buffet lunch and had an opportunity to visit with others who were celebrating an early Christmas. Scarboro G&CC is a wonderful location to enjoy a social time. We thank all those who worked so hard to make this occasion very special.

Our first executive meeting for the winter season was on Thursday, January 10, and the next meeting will be on Thursday, March 7, at McCowan Retirement Residence (formerly the Kingsway Arms), beginning at 9:30AM. Light refreshments are served at 9:00AM and all RTO members of D24 are welcome. Perhaps you might like to join us and decide you'd like to become an Executive member. We DO have the positions of 1st and 2nd vice presidents open, as well as chair of the Service to Others committee.

I wish all members of D24 a very happy and healthy New Year. Enjoy your retirement! ☘



REMEMBER: CLOCKS MOVE AHEAD ONE HOUR ON MARCH 10! ➤

We have a new web address: <http://scarborough24ey.erorto.org>



▲ our Christmas Luncheon ▼



our Christmas Luncheon



Famous PEOPLE Players
"Winter Rocks"
November 28, 2012

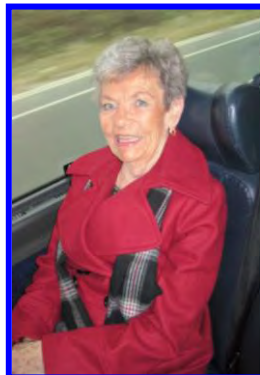
The Famous People Players introduced their new black light Christmas Show for 2012 in November and it was the perfect start to a Holly Jolly Christmas season. After climbing aboard our mega-comfortable bus at Kennedy Commons, we were whisked away to their theatre in the west end of Toronto (some of us still know it as Etobicoke). I was not sure what to expect when we pulled into the Sherway Industrial Park, but once inside the theatre, we found our Christmas wonderland.

We started with lunch in a beautifully decorated room, with good company and good food. Many of the actors did double duty as servers before the show. After lunch we were escorted to the theatre for the Christmas show. The puppets were delightful, original and imaginative. The show consisted of a number of Christmas vignettes that ran the gamut from nostalgic to downright hilarious. For me, just the visual presentation of O Canada at the beginning of the programme was worth the price of admission. A very interesting part of the presentation came at the end with the introduction of the puppeteers and presentation of some of the history of the Famous People Players.

Following the show we returned to the dining room, for coffee, tea and dessert, before wending our way back to Scarborough.

If you have never been on one of the RTO trips in the past, you definitely want to include one in your future.

~ Bette Collins Gordon, D24 member



CHRISTMAS LUNCHEON
December 5, 2012

Once again, the Christmas Luncheon at the Scarboro Golf and Country Club was a very successful event, due to the assistance of several people. Thanks are extended to Judy-Anne Tumber for making the name tags and place cards; Linda Jarvis for helping to set out all of the tags and cards as well as handing out the 40th Anniversary bags; Elaine Aprile and Elaine Apted for giving everyone directions at the top of the stairs; President George Denny for welcoming everyone; Bob Cook for saying the Grace; and Bonnie Clarke, our treasurer, for paying the bill.

Special thanks are extended to Blaguna Evrovski, the Catering and Beverage Manager, and her staff who did such a wonderful job catering to all of our requests.

Many positive comments were received from several of the two hundred people who attended this special event. Even with 12 extra spots available to us this year, there were 30 people on the waiting list. Due to cancellations, several of those on the waiting list were able to attend, but a number of others were not.

The 2013 Christmas Luncheon will be held on Wednesday, December 4th at the Scarboro Golf and Country Club. The coupon for this event will be in the Summer 2013 newsletter. Please mail the coupon with your cheque as soon as possible after you receive the Summer newsletter in order to insure that you will have the opportunity to attend the 2013 Christmas Luncheon.

Please Note: There is no *Front of the Line* service for the Christmas Luncheon.

~ Marilyn Hodge



~ Marilyn Hodge (luncheon chair) and Bonnie Clark ('funder' of the feast)



~ all photos Hal McCullough

A MEMBER WRITES:

Once again this year, the annual District 24 Christmas Luncheon was held at the historic Scarborough Golf and Country Club.

On Wednesday, December 5, District 24 members, spouses, family and friends enjoyed the beautiful surroundings that were festively decorated for the holiday season. The voices of old friends meeting again was wonderful to hear. The sumptuous buffet was a feast to behold and a delight to eat! Live music entertained us with the songs of Christmas as we enjoyed our lunch.

A sincere thank you is extended to all of those who worked to make this fabulous luncheon possible. A very special thank you to Marilyn Hodge for all of her hard work in organizing this most enjoyable experience that many of us look forward to with anticipation each year as December rolls around once again!

~ Elaine Apted



BRIDGE NEWS

We have resumed after Christmas, eager to get back to cards, with a good showing of players each week. Our winners up until the time of submitting this news item were:

January 8:

1. Jane Humphries
2. Arlene Lindfield
3. Marie Singh

January 15:

1. Pauline Ireland
2. Carlton DeRyck
3. Jane Humphries



It is interesting that you never know who will be in that winners' circle... you can be 1st one week, and then last the next week. We are not publishing who you can ask about this, but there are a couple of members sharing this experience. It can be so exciting... and yet so humbling.

We were very saddened in December to hear of the illness and then passing of Dave Tumber, a regular in this group for the years that he and Judy-Anne lived in Scarborough. We all enjoyed playing with him, and relied on his knowledge of bridge to help us out. We missed Dave in "his" corner table when he moved away from Toronto, and send our condolences to Judy-Anne and his family.

Note: We will NOT be playing on Tuesday, March 12, as our room is not available.

New players with a working knowledge of the game are always welcome. We play at Ellesmere Community Centre, 20 Canadian Road, (near Warden and Ellesmere), on Tuesdays from 12:30pm – 3:30pm.

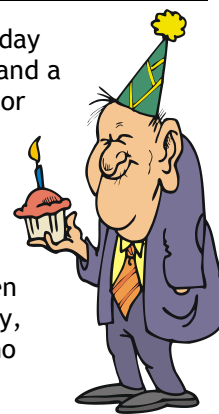
For more information, call Terry or Dale Smith at: 416.438.0430.

Come every week or just when you can! No partner needed!



GOODWILL (CARDS)

Every year each 90th, 100th and older birthday celebrant is honoured with a special card and a donation to Breakfast for Kids given in his or her name. In 2012 there were fourteen members who celebrated a 90th birthday, three who celebrated a 100th, one who celebrated a 101st and one who celebrated a 102nd birthday. Between January and June of 2013, there are fifteen members who will celebrate a 90th birthday, one who will celebrate a 100th and two who will celebrate a 101st birthday.



During the past year sixty-four sympathy cards and twenty-four "Thinking of You" cards were sent out. In December, Christmas cards were sent out to 186 members who were 85 years and older. Thanks are extended to Trudy Sutton, a friend and District 24 member, who assisted with the writing of the 2012 Christmas cards.

When I am notified, Get Well, Thinking of You or Sympathy cards are sent to members or their families.

If you know of anyone who should receive a card, please let me know:

Marilyn Hodge

416.284.9984

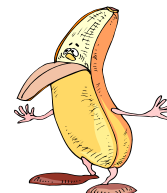
E-mail: mjhodge@sympatico.ca

Use the subject: **RTO Goodwill**

~ Marilyn Hodge, Goodwill (Cards)

FOOD TIPS

Peel a banana from the bottom and you won't have to pick the little "stringy things" off of it. That's how the primates do it.



Take your bananas apart when you get home from the store. If you leave them connected at the stem, they ripen faster.

Store your opened chunks of cheese in aluminum foil. It will stay fresh much longer and not mould!

Peppers with 3 bumps on the bottom are sweeter and better for eating. Peppers with 4 bumps on the bottom are firmer and better for cooking.



Add a teaspoon of water when frying ground beef. It will help pull the grease away from the meat while cooking.

To really make scrambled eggs or omelettes rich, add a couple of spoonfuls of sour cream, cream cheese, or heavy cream in and then beat them up.



Add garlic immediately to a recipe if you want a light taste of garlic and at the end of the recipe if you want a stronger taste of garlic.

HEALTH REPORT



In our last issue I referred you to two best-selling books, *Passionate Longevity: The 10 Secrets to Growing Younger* and *Use the Good Dishes – Finding Joy in Everyday Life* written by Dr. Elaine Dembe, a celebrated chiropractor and author. Her presentation to the District Health Reps last June was lively, funny and wise as she illustrated the importance of not only the "length of life but

the depth and width" of it, what she refers to as "passionate longevity". Dr. Dembe explores ten concepts that she believes are the secrets to passionate longevity, using examples from the lives of those people she calls Stand-Out-Seniors whom she interviewed in her research for her book. Here are the ten secrets to growing younger with a few brief notes on each one.

- 1. Tenacity:** "Tenacity is the hallmark of the optimist- someone who refuses to give up when faced with adversity."
- 2. Sociability:** The importance of our relationships with family, friends and our community is emphasized to the extent that Dr. Dembe states, "Relationships that foster a sense of belonging and intimacy seem to play a vital role in maintaining health or surviving serious illnesses."
- 3. Productivity:** A strong sense of purpose is important in aging well; working with a passion at something you love is vital, whether it be a second career, gardening, volunteering or travel. Maybe it is all about that "bucket list" of things you always wanted to do.
- 4. Unity:** Unity of the mind and body is essential because our thoughts, beliefs and emotions have an impact on our health. How we deal with stress and the importance of sleep are two important aspects of unity of the mind and body.
- 5. Mobility:** Exercise is fundamental to increasing longevity and the fitness activity you choose has to be fun and suit your lifestyle.
- 6. Vitality:** Dr. Dembe spoke about various foods and the importance of healthy diet which affects our vitality and longevity. For example, quinoa is one of the best protein sources and kale is an excellent source of vitamin A, C, K, manganese, fiber, calcium, B6 and potassium- definitely power foods!
- 7. Responsibility:** We have to take responsibility for our health.
- 8. Creativity:** "A person's mind must be constantly stimulated." Lifelong learning, creative play, meditation and appreciation of life's small joys all contribute to this stimulation.
- 9. Flexibility:** This concept involves recognizing that change is an essential part of life. One of Dr. Dembe's Stand-Out-Seniors put it this way: "Growing old doesn't bother me. I put the emphasis on growing."
- 10. Spirituality:** "Those of us who believe in something, live longer, happier lives." That "something" could be a

commitment to an organized religion or it could be a strong belief in our interconnectedness with one another and nature or the importance of leaving the world a better place. Dr. Dembe lives what she "preaches". Her holistic approach to a healthy life is embedded in her chiropractic practice. She calls herself a "cheerleader for life". At age 64, she has run marathons and climbed Mt. Kilimanjaro.

Her engaging presentation exemplified a passion for health and well-being at any age. More information is available on her website www.elainedembe.com.

Are you receiving District 24's monthly E-News? In each issue I provide you with reminders and updates concerning our Extended Health Plan, health sites of interest on the internet, feature articles not appearing in our three *Beyond the Blackboard* issues, etc. In the January E-News you learned about Seasonal Influenza and how to fight it. The February 2013 E-News included important travel reminders regarding our Extended Health Plan.

If you have not yet signed up to receive this information, please do. Simply e-mail our Communications Webmaster, Annemarie McKee, at amckee.rto@gmail.com asking her to add you to her list. Over 640 members are already part of District 24's online community. ☘

~ Marilyn Tregwin, Health Rep

TAKE THE SUDOKU CHALLENGE

- EVERY ROW MUST CONTAIN THE NUMBERS FROM 1 THRU' 9.
- EVERY COLUMN MUST CONTAIN THE NUMBERS FROM 1 THRU' 9.
- EVERY 3X3 SQUARE MUST CONTAIN THE NUMBERS FROM 1 THRU' 9.
- THE SOLUTION IS ELSEWHERE IN THIS ISSUE...

9			6			8		
		6				9		
5					4			1
7	5				2		1	
3								5
	1		5				3	6
6			9					8
		2				3		
		5			7			2



FINANCIAL STATEMENT

AS AT 2/1/13

	BUDGET 2013	ACTUAL 31/12/12
BANK BALANCE (AS OF JANUARY 2, 2013)	\$2,656.52	\$2,486.87
INVESTMENTS:		
GIC Face Value - matures 17/12/15	\$5,131.72	\$5,131.72
GIC Face Value - matures 16/01/13	\$4,000.00	\$0.00
GIC Face Value - matures 16/01/14	\$4,000.00	\$4,000.00
INCOME:		
Provincial Grant	\$36,367.80	\$35,884.40
Bank Interest/Charges	\$0.00	\$0.00
Golf Tournament	\$150.00	\$6,650.00
Interest Income (GIC)	\$40.00	\$436.03
Provincial Grant - Service to Others	\$0.00	\$4,000.00
GIC Redeemed	\$4000.00	\$0.00
Donations Received (Gold Sale)	\$0.00	\$2,175.00
TOTAL RECEIPTS	\$43,213.52	\$51,632.30
EXPENSES:		
DISBURSEMENTS - ADMINISTRATION:		
Bank Charges	\$200.00	\$244.76
Executive Expenses	\$3,000.00	\$3,350.30
District AGM	\$250.00	\$241.31
Office Expenses	\$400.00	\$374.92
Senate Meeting	\$2,500.00	\$2,141.65
Archives	\$50.00	\$0.00
Election expenses (Provincial)	\$0.00	\$0.00
MEMBER SERVICES – COMMUNICATIONS:		
Goodwill, District 24	\$2,000.00	\$1647.03
Membership	\$1,000.00	\$773.18
Recruitment, District	\$2,000.00	\$2,143.99
Newsletter (printing, mailing, postage)	\$18,000.00	\$13,828.98
Toronto District (Levy)	\$1,000.00	\$1,001.20
Political Advocacy	\$0.00	\$0.00
MEMBER SERVICES – PROGRAMME:		
Day Trips	\$1,000.00	\$2,703.00
Spring Luncheon	\$4,000.00	\$3390.00
Fall Luncheon	\$500.00	-\$482.24
Christmas Luncheon	\$125.00	\$1,550.41
Health Seminar	\$500.00	\$0.00
Bridge Club	\$500.00	\$442.29
Jay Game	\$0.00	\$0.00
District Awards/Gifts	\$100.00	\$0.00
40 TH Anniversary	\$0.00	\$250.00
SERVICE TO OTHERS:		
Breakfast for Kids	\$150.00	\$7,500.00
Provincial Approved Project	\$0.00	\$4,000.00
District 24 Projects	\$0.00	\$3,875.00
TOTAL DEBITS	\$37,275.00	\$48,975.78
RECEIPTS OVER DISBURSEMENTS	\$43,213.52	
ANTICIPATED/CURRENT BANK BALANCE	\$5,938.52	\$2,656.52



Please direct any questions or concerns to our treasurer, **Bonnie Clarke**.
Bonnie's contact information can be found on page 23.

EXECUTIVE MEETINGS

All District 24 members are welcome to attend our Executive Meetings.
We'll be meeting on these Thursdays:



MARCH 7, 2013
APRIL 11, 2013
MAY 16, 2013
MAY 23, 2013 (AGM)
JUNE 13, 2013

Refreshments are from 9:00AM to 9:30AM. Our meetings begin at 9:30AM and end around 12 NOON.

We meet at the **MCCOWAN RETIREMENT RESIDENCE**, (formerly known as the Kingsway Arms), on the southwest corner of Eglinton and McCowan. Go south on McCowan and take the first right turn - onto Landmark Blvd. Then go straight across to the McCowan Retirement Residence - the 2nd red building on your right. Parking is available, in designated areas, at the back of the building.

NOTE: Signing **IN** and **OUT** is a requirement of the residence!

Once you've signed in, head to the elevators and go down one level. Turn right - that's us through the French doors.



DOES THIS APPLY TO YOU?

- ☺ Moving?
- ☺ Address information incorrect?



YOU NEED TO CONTACT

DIANNE VEZEAU AT RTO:

IN WRITING:

18 SPADINA ROAD, TORONTO, ON M5R 2S7

BY PHONE:

416.962.9463 OR 1.800.361.9888 (EXT 223)

BY E-MAIL:

dvezeau@rto-ero.org

- OUR THANKS GO OUT TO THOSE MEMBERS WHO REMEMBER TO UPDATE THEIR INFORMATION WITH US.
- EACH UNDELIVERED NEWSLETTER COSTS US ABOUT \$2.25 - AS MUCH AS IT COST TO PRINT AND MAIL IT TO START WITH!!

- ☺ If at first you don't succeed, remove all evidence you ever tried.
- ☺ If work was so good, the rich would have kept more of it for themselves.

RTO/ERO CHARITABLE FOUNDATION

In December, 2012, District 24 received a Thank You letter from Valerie Mah, Chair of the RTO/ERO Charitable Foundation. Valerie's letter is re-printed here for you:

Thank you very much for your generous District donation that supports the new RTO/ERO Charitable Foundation's inaugural project — raising \$3,000,000 to create the RTO/ERO Chair in Geriatric Medicine at the University of Toronto.

The vision of the RTO/ERO Charitable Foundation is to improve the lives of senior citizens, and together, we are accomplishing this by creating an academic position to support excellence in geriatric research and education. Your investment will:

- Lead to new techniques and treatments, and ultimately, to improve quality of life for seniors and older Canadians.
- Create evidence-based educational strategies for the care of older persons.
- Build on the strong research accomplishments of the Division of Geriatric Medicine.
- Attract and retain the best and brightest internationally regarded practitioners.
- Increase publication of research in medical journals.
- Ensure long term benefits for Canadians across the country.
- Increase collaboration among health science practitioners and across multiple disciplines.

Your District gift will assist researchers, clinicians and students to improve the quality of life for seniors and older Canadians. Once again, thank you very much for your support. ☘

~ Valerie Mah, Chair



DISTRICT 24 GOLD FUNDRAISER FOR THE CHARITABLE FOUNDATION

RTO/ERO is sponsoring a Chair in Geriatric Medicine at the University of Toronto and District 24 is continuing to help out by hosting a third fundraiser.

Once again, we have invited a Gold Refinery representative to the AGM/Spring Luncheon on May 23, 2013 and are asking you to bring your unwanted gold and sterling silver and to participate in the "Only Fundraiser That Pays

Guests and Donors". Even if you don't know if your jewelry, cutlery, coffee spoons, tea service, trays, etc. are sterling silver, don't worry, just bring them along and they will be tested by the representative.

So far, District 24 has donated **\$2,175.00** to the RTO/ERO Charitable Foundation. Needless to say, we are very happy to donate this amount to the Foundation and would like to thank all of the participants for making this sizeable donation possible.

If you plan on attending our AGM/Spring Luncheon and participating in D24's Gold/Sterling Silver Fundraiser, please check (✓) the line below the AGM/Spring Luncheon portion of our "All-on-One" Coupon on page 19.

If you would like more information or details of how this fundraiser works, please call or e-mail me. ☘

~ Marilyn Hodge, Goodwill (Cards)

416.284.9984 OR mjhodge@sympatico.ca



RTO/ERO FACT SHEETS

I would like to encourage members to check the list of available topics found in the Fact Sheet section of the Members Centre on the RTO/ERO website. Members of the Pension and Retirement Concerns Committee have just completed a three year review of the Fact Sheets for accuracy and relevancy and have developed several new ones including: ALZHEIMER'S DISEASE (C-12), PARKINSON'S DISEASE (C-13), JOINT ASSET PLANNING (A-10) and IMPORTANT DOCUMENTS (H-3). Did you know that there are many more important Fact Sheets here dealing with such topics as: LIFE INSURANCE, LEGAL AID, REVERSE MORTGAGES, SPOUSE'S ALLOWANCE AND ALLOWANCE FOR SURVIVORS, and DOWNSIZING just to mention a few? I will be highlighting a few of these fact sheets in each of the upcoming newsletters and will begin with the Fact Sheet associated with **IMPORTANT DOCUMENTS**. Feel free to look the 5 page document over - it is a 5 page "pull-out" in this newsletter on pages ID1 to ID5 - beginning on the next page. Use as little or as much of the document as you require.

Just in case you haven't managed to visit the RTO/ERO website recently you are required to fill in your personal ID and a password in order to enter the Member's Only Section. Your personal ID is the nine digit number found on your RTO/ERO membership card. Once you have followed this thread into the Member's Section you will find all of the Fact Sheets at your disposal to read, print, etc. ☘

~ Terry Smith, Pensions and Retirement Rep

FACT SHEET H-3: IMPORTANT DOCUMENTS

A. KEEPING DOCUMENTS IN A SAFE PLACE

Important documents should be kept in a safe place, in case of fire or theft. These include a list of house, cottage and other property contents, receipts of purchase/ownership, and photographs of each room. Some banks and insurance companies booklets, which help keep records of important papers and their location. Other booklets are available which help to keep household inventories by listing items usually found in various rooms of the house.

B. YOUR SPOUSE/FAMILY MEMBER WHOULD KNOW THE LOCATION OF:

- | | |
|---|--|
| a) Power of Attorney (POA) – Personal care & property | m) Investment Information/Certificates |
| b) Will | n) Pension Information |
| c) Birth Certificate | o) Health Insurance Information |
| d) Marriage Certificate | p) Home ownership(s) |
| e) Adoption Papers – if applicable | q) Vehicle ownership(s) |
| f) Citizenship Papers – if applicable | r) Jewellery, valuables, heirlooms |
| g) Prenuptial Agreement – if applicable | s) Pre-arranged funeral agreement |
| h) Social Insurance Number and Card | t) Ownership of cemetery plot |
| i) Government Health Card Number and Card | u) Memorial receipt and description |
| j) Bank Accounts | v) Organ donation information |
| k) Safety Deposit Box and Key | w) Passwords |
| l) Credit Cards and Numbers | |

C. YOUR SPOUSE/FAMILY MEMBER SHOULD KNOW HOW TO CONTACT YOUR:

- a) Lawyer(s)
- b) Executors

A copy of important documents and records should be kept in a safe or safety deposit box.

MY PERSONAL RECORD OF IMPORTANT DATA

Personal data of: _____ Updated to: _____

This record of personal data is valuable to you, your family, your Power of Attorney, your Executor and your Lawyer. Should you be incapacitated or should your estate need to be settle, a personal record can ease any confusion and lessen expense. Share this information. Do not store it in a Safety Deposit Box since this may delay access should time be critical to optimal decisions.

Regular reviews of your personal data should be made.

General information:

- a) **Power of Attorney for Personal Care:** a legal document in which you name a person to make decisions about your medical and other care when you become unable to make those yourself while alive but incapable.
- b) **Power of Attorney for Property:** a legal document in which you name a person to make decisions about your money and other assets on your behalf while you are alive but incapable.
- c) **Executor:** the person named in your will to handle the closing of your estate after your death.
- d) **Wills and Power of Attorney** ensure that your wishes are carried out as your direct, otherwise court-appointed administrators will perform these functions—and not necessarily according to your wishes nor for the most economical solution.

You may wish to consult a lawyer before finalizing your Powers of Attorney as they grant a great deal of power to another person if you are incapable. Individuals acting on your behalf will need complete documentation as to your incapacity before they can perform some stipulated functions.

PERSONAL INFORMATION

Name: _____
(full, as on your birth certificate, also include names under which you may have been known)

Social Insurance Number (SIN): _____

Date of Birth: _____ Place of Birth: _____

Current Address: _____

Telephone: _____ E-mail: _____

Employment Record: _____

SPOUSE'S/PARTNER'S INFORMATION

Name: _____
(include maiden name, if applicable)

Social Insurance Number (SIN): _____

Date of Birth: _____ Place of Birth: _____

Current Address: _____

Telephone: _____ E-mail: _____

CHILDREN

Attach list showing name(s), date of birth, address, and phone number.

PERSONAL DOCUMENTS

Location of:

Birth Certificate: _____

Social Insurance Number (SIN): _____

Marriage/Divorce Certificates: _____

Passport: _____

Driver's Licence: _____

Credit/Bank Cards: _____

Cheque Book/Bank Accounts: _____

Safety Deposit Box: _____

Safety Deposit Box Key is located: _____

Computer Passwords: _____

IMPORTANT CONTACTS

Lawyer:

Name: _____

Address: _____

Executor:

Name: _____

Address/Telephone: _____

Copy of will is located: _____

Power of Attorney for Personal Care:

Name: _____

Address/Telephone: _____

Copy of document is located: _____

Power of Attorney for Property:

Name: _____

Address/Telephone: _____

Copy of document is located: _____

Physician — General Practitioner/Family Doctor:

Name: _____

Address/Telephone: _____

Physician — Specialist:

Name: _____

Address/Telephone: _____

Hospital of record: _____ Patient Registration #: _____

Accountant:

Name: _____

Address/Telephone: _____

Financial Advisor:

Name: _____

Address/Telephone: _____

Insurance Agent(s):

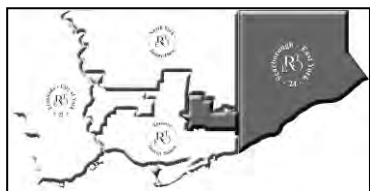
Life: Name: _____

Address/Telephone: _____

Property: Name: _____

Address/Telephone: _____

**Retired Teachers of Ontario - Constitution of District 24
Scarborough and East York
Approved June 12, 2012 - Revised December 18, 2012**



THE GEOGRAPHICAL AREA OF DISTRICT 24 IS DEFINED BY THE BOUNDARIES OF
THE FORMER SCARBOROUGH AND EAST YORK PUBLIC AND CATHOLIC BOARDS OF EDUCATION

OBJECTIVES:

- 1) To promote the interest of persons receiving pensions under the Teachers' Pension Act.
- 2) To endeavor to have all retired members and their survivors receive the maximum benefits that are rightfully theirs under the Teachers' Pension Act.
- 3) To support or seek support for members in need.
- 4) To encourage Full and Associate members to participate fully in all the benefits that the organization offers in accordance with RTO/ERO Constitution and Bylaws.
- 5) To increase membership by actively campaigning at the Provincial and District levels to reach potential members through personal contact and by designing programs to meet their interests and needs, where possible.
- 6) To use a variety of media sources to publicize and promote District activities and accomplishments to its members.
- 7) To develop closer relationships at the District level with organizations representing potential members in order to explain the RTO/ERO objectives and to offer assistance in educating potential active members to plan ahead for retirement.

ARTICLE 1 – DISTRICT MEMBERSHIP

- 1.01 All persons who are members of the Provincial organization are automatically affiliated to the local RTO/ERO District of their choice. Provincial membership criteria are set out in Article 4 of the Provincial Constitution.
- 1.02 Rights and Privileges of Membership are outlined in Article 5 of the Provincial Constitution.

ARTICLE 2 – DISTRICT EXECUTIVE

STRUCTURE OF DISTRICT EXECUTIVE:

- 2.01 The District Executive shall consist of at least six elected Executive officers with at least one appointed representative of each standing committee and members at large. The Executive has the power to appoint members at large annually. Members at Large are defined as those members who assist in implementing and fulfilling the responsibilities of the District Executive.
- 2.02 A Member of the District shall be a member of the RTO/ERO Executive or an RTO/ERO Provincial Committee, and who is not holding a position in 2.01, shall be an ex-officio member of the District Executive.
- 2.03 The Executive shall meet at the call of the President or at the request of any other two members of the Executive. A quorum shall be a simple majority.

DUTIES OF THE DISTRICT EXECUTIVE:

- 2.04 To determine its Constitution with due regard for the Constitution, Bylaws and Policies of RTO/ERO and to file a copy with the Provincial Office.

- 2.05 To hold at least one general meeting a year, which shall be the Annual Meeting for the election of District officers.
- 2.06 To elect at a meeting of the District or appoint by the District Executive, an executive member who will represent the District at Senate Meetings.
- 2.07 To send the President and 1st Vice President and other representatives to the Senate Meeting. Expenses for observers will be paid by the District.
- 2.08 To send as observer(s) to the Senate, executive member(s) who intend to serve as future table officer(s).
- 2.09 A person, on the executive, who has never attended the Senate, may be chosen by the District Executive.
- 2.10 To establish standing and special committees, to appoint chairs, to ratify their terms of reference, and to require a financial statement from a committee chair whose committee is receiving or spending money on behalf of the District.
- 2.11 To send to the Provincial Executive Director the Annual District Financial Statement.
- 2.12 To send to the Provincial Executive Director resolutions for Senate consideration which have been passed at a general meeting of the District, or a meeting of the District Executive.
- 2.13 To review the names of District candidates presented by the Awards Committee.

ELECTION OF THE DISTRICT EXECUTIVE:

- 2.14 The District Executive shall be elected for a period of one year, but an executive member's term of office may be extended for more than one term. If a vacancy occurs on the Executive, the position

shall be filled by the Executive following recommendation by the Nominating Committee.

PROCEDURES:

2.15 NOMINATIONS AND ELECTION PROCESS:

- (a) The Nominating committee shall be chaired by the District Past President.
- (b) The Chair of the Nominating Committee shall submit nominations for the elective offices of the District Executive to the Annual District Meeting.
- (c) Additional nominations for the elective offices shall be made from the floor by District members in attendance at the Annual General Meeting.
- (d) If more than one candidate is nominated for any of the District elective offices then a vote by secret ballot shall be held.
- (e) The conducting of the election shall be the responsibility of the President or the chair of the meeting.
- (f) The President or chair of the meeting shall have the District appoint members to distribute and count the ballots.
- (g) Election of a candidate shall be by majority vote of those present and qualified to vote.
- (h) In the case of more than two candidates for any one of the elected offices, and failing a majority vote for any one candidate on the first ballot, the candidate with the lowest number of votes shall be dropped from the succeeding ballots until a majority is reached.
- (i) In the event that there are more than two candidates for an elected position and a tie vote results in there being two or more candidates dropped from the ballot at the same time, the following shall occur:
 - (i) The vote results for all candidates, except those in the tie vote shall stand and be held in abeyance.
 - (ii) The members shall then vote to break the tie.
 - (iii) The result of this vote shall establish the roster for the next vote.
- (j) The members will then resume the voting process on the roster including the winner of the vote to break the tie that had been held in abeyance.
- (k) In the event of a tie vote when there are only two candidates, there shall be a further ballot and, if the tie persists, there shall be a further ballot and, if the vote is still tied, the winner shall be chosen by a flip of the coin by the Chair of the Nominating Committee.

2.16 RESIGNATION/LEAVE OF ABSENCE:

- (a) Any member of the Executive may resign from the office upon giving a written resignation, and such resignation shall become effective when received or at a time specified in the resignation.
- (b) Any member of the Executive may request a leave of absence.

2.17 REMOVAL FROM OFFICE:

- (a) Any elected member of the Executive may be removed from office only by resolution passed by a two-thirds majority at a District meeting providing that notice specifying the intention to present such a resolution has been given at least thirty days in advance to the District.
- (b) Should any vacancy in any office occur for any reason, at any time, such vacancy shall be filled forthwith by resolution of the Executive, by appointment of a substitute, for such period of time as may be appropriate under the circumstances.

SPECIFIC DUTIES OF EXECUTIVE MEMBERS:

2.18 DUTIES OF THE PRESIDENT:

- (a) To convene and chair the regular and special meetings of the District Executive.
- (b) To act as chair for the District Membership Meetings.
- (c) To be an ex-officio member of all District Standing Committees.
- (d) To have a general responsibility for all activities of the District organization.
- (e) To act as liaison Officer for the District.
- (f) To be a Signing Officer for the District.

2.19 DUTIES OF THE PAST PRESIDENT AND VICE-PRESIDENTS:

- (a) The Past President shall chair the Nominating Committee and the Constitution Committee.
- (b) **The duties of the Vice-President:**
 - (i) To perform the duties of the President when the President is unable to carry out such duties.
 - (ii) To chair the Resolutions Committee.
- (c) **The duties of the 2nd Vice-President:**
 - (i) To chair the Awards Committee.
 - (ii) To chair the Service To Others Committee.

2.20 DUTIES OF THE SECRETARY:

- (a) To prepare and present the minutes of the District Executive and Membership Meetings, and of any special meetings called by the President.
- (b) To carry on the correspondence that is required to conduct the business of the District Executive and its membership.

2.21 DUTIES OF THE TREASURER:

- (a) To prepare an annual budget for approval by the District Executive.
- (b) To maintain in a separate account in the name of District 24 in an accredited financial institution all monies accruing to the District.
- (c) To receive the annual rebate of monies from the RTO/ERO Provincial Office.
- (d) To prepare a written report of District 24 finances for each Executive member at each regular Executive meeting.
- (e) To pay all invoices as directed by the Executive.
- (f) To receive a copy of the provincial membership list of the Full and Associate members from the Membership Chair.

- (g) To receive a financial statement for the fiscal year from the chair of the standing or special committee that is handling District money.
- (h) To present an annual District Financial Statement to be reviewed by at least two District members to the District Executive at least one month before the Annual District Meeting.
- (i) To send the Annual District Financial Statement to the Provincial Executive Director.
- (j) To deposit payments from members participating in various RTO - District 24 sponsored activities and to pay all charges.

ARTICLE 3 — COMMITTEES

3.01 EXECUTIVE COMMITTEES:

(a) AWARDS COMMITTEE:

- (i) Awards Committee shall be chaired by a Vice-President who has the power to add two more members from the Executive.
- (ii) The Awards Committee shall present a Past President's pin at the end of the President's term.
- (iii) The Awards Committee shall give a card signed by the executive members to a member who has completed a term of office.
- (iv) The Awards Committee may give a 10-year pin to executive members who have been involved in District leadership for 10 years.
- (v) A Distinguished Member Award may be presented to a person who has shown dedication, respect and made outstanding contributions to the executive.
- (vi) Ontario Volunteer Service awards (5 years to 60 years) shall be nominated by January 25 of each year.

(b) NOMINATING COMMITTEE:

- (i) The Nominating Committee shall be chaired by the Past President.
- (ii) The Chair of the Nominating Committee shall submit nominations for the elective officers of the District Executive to the Annual District Meeting.

(c) RESOLUTIONS COMMITTEE:

- (i) The Resolutions Committee, chaired by the 1st Vice-President, shall be composed of the President and the Chair of the Constitution Committee. (If the District Senator is not the President then that person should also be a member.)
- (ii) The Resolutions Committee shall receive resolutions or recommendations from the Executive, and from the Annual District Meeting for discussion and appropriate wording.
- (iii) The Resolutions Committee shall present properly worded resolutions to the Executive for discussion before being forwarded to the Provincial Executive Director.

(d) CONSTITUTION COMMITTEE:

- (i) The Committee shall be chaired by the Past President and composed of at least two other Executive members.
- (ii) The Committee members shall become familiar with the Provincial Constitution, Bylaws and

Policies, so that the Chair can be a resource to the District Executive in the interpretation of this document.

(iii) The Committee will be able to make suggestions for changes that the District might want to propose to the Provincial Constitution, Bylaws, and Policies.

(iv) The Constitution Committee shall make recommendations to the District Executive for changes in the District Constitution, Bylaws and Policies, where applicable.

3.02 STANDING COMMITTEES:

(a) GOODWILL COMMITTEES:

(i) GOODWILL COMMITTEE (CARDS):

To communicate with district members who are hospitalized, with those who are bereaved, and those who are celebrating special days.

(ii) GOODWILL COMMITTEE (TELEPHONE):

To communicate annually with members who have been retired 15 years or more.

(b) HEALTH SERVICES AND INSURANCE COMMITTEE:

- To assist the Membership of the District with information regarding the RTO/ERO Group Benefits Program.
- To recommend actions to the District Executive to support achievement of Provincial/District goals in this area.

(c) MEMBERSHIP/RECRUITMENT COMMITTEE:

- To receive the membership lists from the Provincial Office and reconcile the District membership list and the Provincial membership list.
- To investigate and recommend to the Executive ways and means of increasing Provincial and District membership.
- To communicate with Provincial Member Services Committee through the Committee liaison person.

(d) COMMUNICATION COMMITTEE:

- To prepare and distribute an electronic newsletter (RTO 24 E-NEWS) which shall be sent to members who have e-mail addresses on a monthly basis.
- To communicate with the Provincial Communications Committee through the Committee liaison person.
- Webmaster Editor shall maintain and communicate information on behalf of District 24 in liaison with the Toronto District Webmaster.
- The Newsletter Editor shall prepare and distribute a newsletter to the district membership at least twice annually.

(e) POLITICAL ADVOCACY COMMITTEE:

- To coordinate political advocacy with respect to issues that affect members.
- To liaise with other organizations which express an interest in pursuing political advocacy at the Provincial and Federal levels in the best interest of members.

- To communicate with the Provincial Political Advocacy Committee through the Committee liaison person.
- To recommend actions to the District Executive to support achievement of the Provincial/District goals in this area.

(f) **PROGRAM COMMITTEE:**

To plan activities such as golf, tours, trips, bowling, card games, slide and lecture programs and arrange for members to organize these events.

(g) **SOCIAL COMMITTEE:**

To be responsible for all the arrangements of the fall luncheon, Christmas luncheon and A.G.M. Arrangements include such details as confirming location, food and beverages.

(h) **PENSION AND RETIREMENT COMMITTEE:**

- To inform members regarding pension and retirement concerns that affect them and their communities.
- To communicate with the Provincial Pension and Retirement Concerns Committee through the Committee liaison person.
- To recommend actions to the District Executive to support achievement of Provincial/District goals in this area.

(i) **ARCHIVIST COMMITTEE:**

To retain, store and catalogue past copies of Minutes, Newsletters, Constitutions and maintain a complete historical record of District 24.

(j) **SERVICE TO OTHERS COMMITTEE:**

To co-ordinate all submissions and present them to the District 24 Executive for a decision as to which application will be forwarded to the Provincial Executive for Service To Others Grant consideration.

(k) **RTW/OERO LIAISON:**

To co-ordinate and inform RTO/ERO about meeting dates, trip dates and other pertinent Information about RWTO/OERO events.

(l) **MEMBERS AT LARGE:**

To be appointed to support committees as needed and required.

ARTICLE 4 - BANKING AND FINANCE

- 4.01 The fiscal year shall commence on January 1 and shall terminate on December 31 of each year.
- 4.02 The Treasurer shall deposit all funds accruing to the District in an accredited financial institution in the name of District 24.
- 4.03 All accounts payable and other disbursements made by the District shall be by cheque, signed by one signing officer. For amounts over \$1000.00, two signatures shall be required.
- 4.04 The signing officers shall be any three Table Officers who are registered with the bank.

ARTICLE 5 – POLICIES AND PROCEDURES

5.01 **POLICIES**

- (i) Policies shall be statements of direction, in keeping with Provincial and District Constitutions

and Bylaws, which shall be used as guidelines for determining District practice. Procedures shall be the notation of methods agreed upon by the Executive members for dealing with day-to-day operations.

- (ii) Policies as required shall be appended to this Constitution.

5.02 **PROCEDURES**

- (i) Procedures may be amended by the District Executive.

- (ii) Procedures as required shall be appended to this Constitution.

ARTICLE 6 – CONSTITUTIONAL SAFEGUARDS

6.01 **AMENDMENTS TO THE CONSTITUTION**

This constitution may be amended by the consent of two-thirds of the eligible district members voting at the Annual General Meeting provided that a suitable Notice of Motion has been sent to the members 30 days prior to the meeting; *OR*, by a 90% vote of the eligible district members voting at the Annual General Meeting, previous notice not having been given.

6.02 **AMENDMENTS TO POLICIES**

Policies appended to this Constitution may be amended at any time by an enhanced majority vote (66%) of the District Executive.

6.03 **INTERPRETATION**

Nothing in this District Constitution shall be interpreted in a manner or in terms inconsistent with the Provincial Constitution, Bylaws and Policies The Retired Teachers of Ontario/les enseignantes et enseignants retraités de l'Ontario nor in a manner nor in terms prejudicial to the best interests of RTO/ERO.

6.04 **MEETING PROCEDURES**

The current edition of the Sturgis Standard Code of Parliamentary Procedure shall be the parliamentary authority used in the conduct of all meetings of RTO/ERO and its committees.

6.05 **This Constitution replaces any and all previous Constitutions.**



Please bring this Constitution Pull-out with you to our AGM on May 23 so you can refer to it during our discussions.

District 24: Where old and new friends meet.

Religious Affiliations/Institution:

Clergy name: _____

Other 1:

Name: _____

Address/Telephone: _____

Other 2:

Name: _____

Address/Telephone: _____

FUNERAL ARRANGEMENTS

List preferences, and any details of pre-arranged funeral

PENSIONS

Pension Plan Beneficiary: _____

Plan reference #: _____

Your last pension payment is at the end of the month of your death.
Prompt notification ensures proper administration without overpayment claims on your estate.

Employer: _____

Plan reference #: _____

RRSP/RRIF/Life Annuity located at: _____

MEDICAL RECORDS/INFORMATION

Current prescribed medication(s): _____

Name of pharmacy issuing medication(s): _____

List potential medical issues: _____

Other potential issues: _____

Health Insurance: RTO/ERO Health Plan #: _____

Other Plan #: _____

Life Insurance Contract Certificate #: _____

Contact/Telephone: _____

REAL ESTATE

Residence located at: _____

Residence is owned: YES ___ NO ___ Residence is rented from: _____

Mortgage on property is held by: _____

Property insurance is held by: _____

Other property — List details: _____

Real Estate Documents:

The following papers are located at:

Property deed: _____

Mortgage: _____

CLUBS, SOCIETIES, ALUMNAE and PROFESSIONAL ASSOCIATIONS

List organizations which should be notified. (Some may carry insurance on members.)

RESOURCES – CONTACT INFORMATION

RTO/ERO Provincial Office	416.962.9463	1.800.361.9888
Ontario Teachers' Pension Plan	416.226.2700	1.800.668.0105
OMERS	416.369.2400	1.800.387.0813
Johnson Inc.	416.920.7248	1.800.406.9007



PROGRAMME ACTIVITIES FOR 2013

THIS IS OUR LINE-UP OF ACTIVITIES AND EVENTS FOR THIS YEAR.

OUR ALL-ON-ONE COUPON WILL BE FOUND ON PAGE 19.

➤ **CONTACT INFO FOR JUDY-ANNE TUMBER:** 192 CAMPBELLTOWN ROAD, OTONABEE-SOUTH MONAGHAN, ON K9J 6X7
PHONE: 1.705.295.1995 E-MAIL: jatumber@nexicom.net

➤ **FOR KENNEDY COMMONS...** PLEASE PARK YOUR VEHICLE IN THE AREA OF WHAT USED TO BE THE AMC THEATRES. LOOK FOR OUR COACH - IT'S USUALLY EMBLAZONED WITH EITHER MARY MORTON TOURS OR PACIFIC WESTERN.



GUYS AND DOLLS... Friday, April 12, 2013 at the Shaw Festival

DEPART: Kennedy Commons at: 9:15AM for Niagara-on-the-Lake ; RETURN: 7:15PM.

COST: **\$144.00**

PROGRAMME: Pious Sarah Brown, a sergeant at the Save-A-Soul mission, wants to save their souls while Nathan Detroit needs \$1,000 to save the city's oldest floating craps game. Enter high-roller Sky Masterson who takes Nathan's crazy bets - to woo the virtuous Sarah!

LUNCH: Oban Inn. Choose: Black Forest Ham and aged cheddar quiche OR Beef Striploin

CONTACT: JUDY-ANNE TUMBER ~ contact info above FACILITATOR: JUDY-ANNE TUMBER

WAIVER ON OUR "ALL-ON-ONE" COUPON MUST BE SIGNED. The Waiver is on page 19.

DEADLINE: Friday, March 8, 2013



LUNCHEON & TRAVELOGUE... Thursday, April 25, 2013 at the Scarboro Golf & Country Club

COST: **\$25.00**

LUNCH: Chicken. Note: This is not a buffet lunch.

TOPIC: ED PERRIN will be presenting his trip to Germany.

CONTACT: ANNE MARIE ELLIS-TAYLOR ~ ONE GUILDCREST DR., SCARBOROUGH, ON M1E 1E2 416.261.5190

COUPON will be found on page 20.

DEADLINE: Friday, April 5, 2013



FIDDLER ON THE ROOF... Wednesday, May 8, 2013 at the Stratford Festival - Festival Theatre

DEPART: Kennedy Commons at: 9:30AM ; RETURN: 7:30PM.

COST: **\$157.00**

LUNCH: Keystone Alley. Choose: Spinach and ricotta cheese cannelloni OR Supreme of chicken

PROGRAMME: *Fiddler on the Roof* is the humorous yet heart-wrenching story of a community whose traditions - and very existence - are assailed by the winds of change.

CONTACT: JUDY-ANNE TUMBER ~ contact info above FACILITATOR: HAL MCCULLOUGH

WAIVER ON OUR "ALL-ON-ONE" COUPON MUST BE SIGNED. The Waiver is on page 19.

DEADLINE: Friday, April 5, 2013



AGM/SPRING LUNCHEON... Thursday, May 23, 2013 at QSSIS

COST: **\$20.00**

NOTE: Our District Constitution came up for review in 2012. A number of changes have been made to it.

This newsletter contains a copy of the proposed new Constitution. D24 members attending the AGM will be asked to ratify it. As well, you will have the opportunity to vote for our Table Officers for 2013-14.

(President, 1st Vice-President, 2nd Vice-President, Treasurer, Secretary)

PROGRAMME: **10:00:** Coffee available; **10:30:** AGM; **11:30:** Bar opens; **12:15:** Luncheon

LOCATION: Q-SSIS at Kingston and Markham Roads (north-west corner) - there's lots of parking!

CONTACT: JUDY-ANNE TUMBER ~ contact info above

DEADLINE: Friday, May 10, 2013

SOME REMINDERS...

- ☺ WHEN YOU FILL OUT YOUR COUPON, PLEASE REMEMBER TO CHECK OFF YOUR FOOD CHOICE (WHERE APPLICABLE).
- ☺ **ALL CHEQUES ARE PAYABLE TO RTO DISTRICT 24.** PLEASE POST-DATE YOUR CHEQUE(S) TO THE DEADLINE OF THE ACTIVITY!
- ☺ FOR BOOKKEEPING SANITY, YOU MUST INCLUDE A SEPARATE CHEQUE FOR EACH ACTIVITY YOU INDICATE ON THE COUPON.
- ☺ INVITE YOUR FRIENDS, FAMILY OR NEIGHBOURS TO JOIN YOU ON ONE OF OUR TRIPS. ALL ARE WELCOME.
- ☺ **ALL CHEQUES AND COUPONS NOW GO TO JUDY-ANNE TUMBER, NOT THE TRIP FACILITATOR.** JUDY-ANNE'S CONTACT INFO IS SHOWN ON AT THE TOP OF THIS PAGE, AND ON OUR "ALL-ON-ONE" COUPON ON PAGE 19.





OLIVER... Wednesday, June 19, 2013 at Port McNicoll

DEPART: Kennedy Commons at: 8:00AM ; RETURN: 7:00PM.

COST: **\$126.00**

ADDITIONAL EVENT: Spend time onboard the *Keewatin* - an historic passenger liner built in Scotland in 1905 for the CPR, designed to connect Eastern and Western Canada using the Great Lakes.

PROGRAMME: King's Wharf Theatre in Penetanguishene. Follow the adventures of the plucky young orphan Oliver in the mean streets of 19th century London in the venerable Broadway hit that poignantly captures the bonds of love - in all its remarkable forms.

LUNCH: Olympia Restaurant. Choose: Chicken *OR* Lasagna

CONTACT: JUDY-ANNE TUMBER ~ contact info is on page 17.

FACILITATOR: JUDY-ANNE TUMBER

WAIVER ON OUR "ALL-ON-ONE" COUPON MUST BE SIGNED. The Waiver is on page 19.

DEADLINE: Friday, May 17, 2013



LADY MUSKOKA BOAT TOUR... Wednesday, September 11, 2013 at Bracebridge

DEPART: Kennedy Commons at 9:00AM ; RETURN: 6:00PM

COST: **\$103.00**

PROGRAMME: Enjoy a Luncheon Cruise aboard the *Lady Muskoka* with an entrée choice of salmon, chicken or steak. The *Lady Muskoka* is a 300 passenger cruise ship that offers you an incredible sightseeing opportunity: lush green shorelines, sparkling blue water and enchanting lakeshore homes and cottages. Be sure to bring your camera!

ADDITIONAL EVENT: Arrive at Maple Orchard Farms and spend time browsing the vast array of maple products, including maple candy, maple coffee, maple tea, maple-roasted almonds and much more.

CONTACT: JUDY-ANNE TUMBER ~ contact info is on page 17.

FACILITATOR: JUDY-ANNE TUMBER

WAIVER ON OUR "ALL-ON-ONE" COUPON MUST BE SIGNED. The Waiver is on page 19.

DEADLINE: Friday, August 9, 2013



THREE MUSKETEERS... Tuesday, October 8, 2013 at Stratford Festival – Festival Theatre

DEPART: Kennedy Commons at 9:15AM ; RETURN: 7:15PM

COST: **\$144.00**

PROGRAMME: Vowing eternal comradeship - "All for one, one for all!" - the cadet D'Artagnan and his new friends Athos, Porthos and Aramis, members of the King's musketeers, risk their lives to protect Louis XIII from the machinations of the villainous Cardinal Richelieu and his accomplice Milady de Winter, a wily adventuress as dangerous as she is beautiful.

LUNCH: Buffet lunch at the Elmhurst Inn in Ingersoll.

CONTACT: JUDY-ANNE TUMBER ~ contact info is on page 17.

FACILITATOR: MARILYN TREGWIN

WAIVER ON OUR "ALL-ON-ONE" COUPON MUST BE SIGNED. The Waiver is on page 19.

DEADLINE: Friday, September 2, 2013



GODSPELL... Thursday, October 17, 2013 at St. Jacob's Country Playhouse

DEPART: Kennedy Commons at 8:30PM ; RETURN: 6:30PM

COST: **\$112.00**

PROGRAMME: Based on the Gospel according to St. Matthew, this contemporary retelling of the life of Jesus is a joyous celebration of life and love. This unforgettable production is at once humorous, dramatic, prophetic, and ultimately, deeply compelling. *Godspell* is the perfect production for those who love to hear the old timeless story – told in a fresh new way.

LUNCH: Benjamin Inn - make your choice there.

ADDITIONAL EVENT: Spend time at St. Jacobs Farmer's Market. Hundreds of food and craft vendors bring you Ontario's farm fresh produce, meat, cheese, baking and more. The main market building is a charming post and beam structure jam-packed with delectable foods on the first level. The second level is devoted to home decor and crafts.

CONTACT: JUDY-ANNE TUMBER ~ contact info is on page 17.

FACILITATOR: JUDY-ANNE TUMBER

WAIVER ON OUR "ALL-ON-ONE" COUPON MUST BE SIGNED. The Waiver is on page 19.

Deadline: Friday, September 17, 2013

**Upcoming: Our Fall Luncheon (October 24) and our Christmas Luncheon (December 4).
Coupons for these activities will appear in our Summer newsletter!!**



THE WAIVER: Acknowledgement, Waiver and Release... ~ Provincial Executive, January 2010



The participant in (the "Event") acknowledges and agrees that RTO/ERO, including District 24, will not be responsible for any loss, injury or damage of any nature, including death, howsoever arising in connection with this trip/excursion/event. Participants in the Event are therefore hereby advised to carry their own insurance in connection therewith.

By signing the activity coupon and in consideration of the participant's attendance at the Event, the participant hereby releases and forever discharges RTO/ERO, District 24, and their respective directors, officers, members, agents, employees and volunteers (collectively, the "Releasees") from any and all actions, causes of action, claims, and demands (collectively, the "Claims") from any loss, injury or damage of any nature, including death which has arisen or may arise from the participant's attendance at the Event, unless such loss, injury or damage has arisen as a result of the sole negligence of one or more of the Releasees. Any claims arising out of the participant's attendance at the event will be governed by the laws of Ontario, Canada, and the participant consents to the exclusive jurisdiction of the Courts in Ontario, Canada in any such action.

"ALL-ON-ONE" TRAVEL AND LUNCHEON REGISTRATION COUPON



- ✓ Use this coupon for *ANY of the trips and activities* listed below. Please print in BLOCK LETTERS.
- ✓ Fill in the appropriate spaces for the activity (activities) in which you wish to participate, check your entrée (where applicable), and mail this coupon along with your cheque(s) to:
JUDY-ANNE TUMBER, 192 CAMPBELLTOWN ROAD, OTONABEE-SOUTH MONAGHAN, ON K9J 6X7 1.705.295.1995
- ✓ If you are selecting more than 1 activity, please send a separate cheque for each activity!
- ✓ Cheques should be made payable to: **RTO – DISTRICT 24. DATE YOUR CHEQUE(S) WITH THE ACTIVITY'S DEADLINE DATE.** (The deadline date is shown in brackets after the activity.)

NAME:

PHONE NUMBER ☎: E-MAIL ✉:

(Include your e-mail address to receive an e-mail confirmation prior to your trip. Otherwise you must include a stamped, self-addressed envelope.)

ADDRESS:

SPOUSE/GUEST NAME(S):

GUYS AND DOLLS: Tickets @ **\$144.00** EA = (D: FRIDAY, MARCH 8, 2013)

FIDDLER ON THE ROOF: Tickets @ **\$157.00** EA = (D: FRIDAY APRIL 5, 2013)
 ENTRÉE CHOICE (✓): CANNELLONI OR SUPREME OF CHICKEN

AGM / SPRING LUNCHEON: Tickets @ **\$20.00** EA = (D: FRIDAY, MAY 10, 2013)

YES, I AM PLANNING ON PARTICIPATING IN THE GOLD/STERLING SILVER FUNDRAISER FOR THE CHARITABLE FOUNDATION (✓):

OLIVER: Tickets @ **\$126.00** EA = (D: FRIDAY, MAY 17, 2013)
 ENTRÉE CHOICE (✓): CHICKEN OR LASAGNA

LADY MUSKOKA BOAT TOUR: Tickets @ **\$103.00** EA = (D: FRIDAY, AUGUST 9, 2013)
 ENTRÉE CHOICE (✓): SALMON..... OR CHICKEN OR STEAK

THREE MUSKETEERS: Tickets @ **\$144.00** EA = (D: FRIDAY, SEPTEMBER 2, 2013)

GODSPELL: Tickets @ **\$112.00** EA = (D: FRIDAY, SEPTEMBER 17, 2013)



I/WE ACKNOWLEDGE THAT I/WE HAVE READ AND UNDERSTOOD THE RTO/ERO WAIVER.

SIGNATURE(S):

(all participants must sign!)

➤ The Travelogue & Luncheon has its own coupon. See page 20.

HM 28.1.13



COUPON: LUNCHEON & TRAVELOGUE

FRIDAY, APRIL 25, 2013

~ Cut out (or photocopy) this coupon and send it with your cheque.

NAME:

PHONE #:

SPOUSE/GUEST NAME:

.....

OF SPACES: @ \$25.00 EA =

DEADLINE: FRIDAY, APRIL 5, 2013

MAIL CHEQUE AND THIS COUPON TO ANNE MARIE AT:
ONE GUILDCREST DRIVE
SCARBOROUGH, ON M1E 1E2

NOTE: A STAMPED, SELF-ADDRESSED ENVELOPE IS NEEDED FOR YOUR CONFIRMATION FOR THIS ACTIVITY.

No WAIVER NEED BE SIGNED.



RECRUITMENT DRIVE

Just as "Beer is not just a breakfast drink", likewise "RTO is not just a medical insurance plan".



You do not have to be a member of the Insurance Plan to be a member of RTO/ERO, and enjoy the many benefits, such as Luncheons, Excursions, Theatre trips, Clubs, etc.

We are actively recruiting new Members for our district, and would appreciate your help in reaching retired members of the Educational Community who are not members.



REMEMBER... non-teachers are eligible to join RTO/ERO as associate members.

Have them contact any member of our District 24 Executive to discuss membership benefits.

~ Les Coombs, Membership and Recruitment Chair

FYI

BREAST CANCER SUPPORT GROUP MEETING

The meetings are held the last Wednesday of every month, except December, at 7:30 PM at the McCowan Retirement Centre (formerly the Kingsway Arms), 2881 Eglinton Avenue East at McCowan Rd. in Scarborough. There is a bus stop at the corner of Eglinton Ave. and McCowan. Free parking is available on the south side of the building.

For more information, please call:
Marilyn: 416.284.9984
Peggy: 416.269.7575



VIRTUAL SHOEBOX

Further to making sure "your affairs are in order" as per our insert on IMPORTANT DOCUMENTS, the Canadian Life and Health Insurance Association Inc. (CLHIA) has developed a VIRTUAL SHOEBOX to help the user(s) keep track of her/his important personal and family documents - anything from insurance policies, bank accounts and mortgages to health records.



If you are interested, visit this interactive tool at:

http://www.clhia.ca/domino/html/clhia/CLHIA_LP4W_LN_D_Webstation.nsf/page/3ACC3C6961D3C64B852578FC0053AD16?OpenDocument

~ Fernando Gonçalves, D24 Member-at-Large

GOLDEN YEARS GROUP FOR THE VISUALLY IMPAIRED

Meets monthly at the Birkdale Community Centre.

For more information contact Elaine Aprile by phone at: 416.267.2670 OR by e-mail at: elaineaprile@sympatico.ca



CLUB 48

Club 48 is an association of retired teachers who meet socially nine times a year from October to June, usually the afternoon of the second Wednesday of the month.

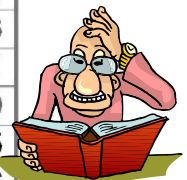
For further information contact: Christine Newhouse at: 416.924.5226.



★ THIRD PARTY ITEMS ARE PRESENTED FOR INFORMATION ONLY. ENDORSEMENT IS NEITHER INTENDED NOR IMPLIED.

Solution to the Sudoku on page 5:

9	2	1	6	7	3	8	5	4
4	7	6	1	8	5	9	2	3
5	8	3	2	9	4	6	7	1
7	5	8	3	6	2	4	1	9
3	6	4	7	1	9	2	8	5
2	1	9	5	4	8	7	3	6
6	3	7	9	2	1	5	4	8
1	4	2	8	5	6	3	9	7
8	9	5	4	3	7	1	6	2



- ☺ Never do today that which will become someone else's responsibility tomorrow.
- ☺ Remember that age and treachery will always triumph over youth and ability.

Membership in District 24 as of
January 31, 2013: 2637

GOLF REPORT

"Spring" Ahead to "Fall"...

Please Read On

"Golf balls are like eggs. They're white, sold by the dozen and you need to buy fresh ones each week."



Spring days and warmer temperatures will soon entice us to spend more time in the outdoors. As you prepare the garden, plant and ready your golf clubs for good times ahead, I would like to invite you and your friends to join us to the **BREAKFAST FOR KIDS 16TH ANNUAL**

DISTRICT 24 GOLF TOURNAMENT. Please reserve **TUESDAY, SEPTEMBER 10TH, 2013** and meet us at Mill Run Golf Course. The support of members and friends during the past 15 years has helped make these tournaments enjoyable and a key part of assisting students.

Our tournaments have helped thousands of youngsters in the legacy Boards of East York and Scarborough. Each year several schools in our two legacy Boards are selected by the Toronto Partnership for Student Nutrition to receive the proceeds from our tournament. Last year's thankful recipients were: Crescent Town P.S. (TDSB - East York), Chester Le P.S. (TDSB - Scarborough), West Hill CI (TDSB - Scarborough), St. Edmund Campion (TCDSB - Scarborough). Last year our total contribution to the Student Nutrition Programmes in the schools amounted to **\$7,500.00!!**

Funds are generated from the players' fees, raffles, golf hole sponsors and a silent auction. Cash donations exceeding \$10.00 will receive a tax receipt. Donations to our prize table and/or silent auction are other ways members can show their support. I would be more than glad to pick up items for our tournament. Please contact me at 416.298.4996 OR by e-mail at: lothar.maier@yahoo.ca.



Teamwork has helped make this a **FUN** and **SUCCESSFUL** event in the past. Please join us to make our 2013 golf tournament the best one ever. I am once again asking for your support.

Please remember: "It's not a gimme if you're still away." ☘

~ Lothar Maier, Golf Convoener

A FEW SMILES...

Did you hear about the teacher who was helping one of her reception class pupils put on his boots? He asked for help and she could see why.



Even with her pulling and him pushing, the little boots still didn't want to go on.

By the time they got the second boot on, she had worked up a sweat.

She almost cried when the little boy said, "Teacher, they're on the wrong feet." She looked, and sure enough, they were.

It wasn't any easier pulling the boots off than it was putting them on. She managed to keep her cool as, together, they worked to get the boots back on, this time on the correct feet.

He then announced, "These aren't my boots."

She bit her tongue, rather than get right in his face and scream, "Why didn't you say so?" like she wanted to.

Once again she struggled to help him pull the ill-fitting boots off his little feet.

No sooner had they got the boots off when he said, "They're my brother's boots. My mum made me wear 'em." Now she didn't know if she should laugh or cry. But she mustered up what grace and courage she had left to wrestle the boots on his feet again.

Helping him into his coat, she asked, "Now, where are your mittens?"

He said, "I stuffed 'em in the toes of my boots."

She will be eligible for parole in three years.

TWO-LINERS:

- ☺ They say that alcohol kills slowly. So what? Who's in a hurry?
- ☺ One nice thing about egotists: They don't talk about other people.
- ☺ The difference between in-laws and outlaws? Outlaws are wanted.
- ☺ A fine is a tax for doing wrong. A tax is a fine for doing well.
- ☺ There are two kinds of people who don't say much: Those who are quiet and those who talk a lot.
- ☺ Before marriage, a man yearns for the woman he loves. After marriage, the 'Y' becomes silent.
- ☺ Archaeologist: Someone whose career lies in ruins.



SORRY FOLKS – IT'S THE IRISH IN ME...

THERE ARE 2 KINDS OF PEOPLE IN THIS WORLD:

THOSE WHO ARE IRISH AND THOSE WHO WISH THEY WERE.

HAPPY ST. PATRICK'S DAY!



FROM YOUR EDITOR

So far this has been quite the winter! Temperatures have been "all over the map" and there's been a lot less snow than normal. For those of us who don't like winter, this has been great. For those of you are into winter activities then this winter weather must be a disappointment for you.

We hope you find the two pull-out sections in this newsletter to be of value to you: **a)** our DISTRICT CONSTITUTION - the necessary piece of work to help run our organization, and **b)** IMPORTANT DOCUMENTS with information that you should be leaving your family so that they know your wishes in the event of you become incapacitated.



Some of you may have noticed that the website on the front page and in the page footers has changed. In the past, the 4 Toronto Districts have maintained their own site - a site that has cost each of the districts some money each year. We are now being hosted on the Provincial website

which will save us that money. Of course, this has meant a new address for us: <http://scarborough24ey.erorto.org>. Might I suggest that you enter it in your computer and then bookmark the site, or add it to your list of favourites? (NOTE: there is **NO www** in our address!) Notice that you go directly to Scarborough and East York's website!

This will be a useful site to have on hand for those who have chosen to get the newsletter on-line instead of having the paper copy mailed out to them. The number of members who ask for the newsletter continues to rise - we are now up to **236!** Collectively, those members are saving District 24 over \$1600.00 a year on newsletter costs - monies that can be directed to other areas of our budget.

Have you given me your name yet to add to our growing list of on-line readers? It's really quite simple! All you need do is send me your: name, full home address, and e-mail address and a quick note to say you'd like to read the newsletter on-line. I can then add your name to the list. There are advantages to doing this:

- ✦ It's faster - no need to wait for Canada Post to deliver your newsletter.
- ✦ It saves paper.
- ✦ It saves our forests.
- ✦ It saves wildlife habitats.
- ✦ It's better for the environment.
- ✦ It saves the District money.
- ✦ Once downloaded, you can save it on your computer for easy future reference - and have no piles of paper newsletters to store.
- ✦ You can check out all the other photos from District activities that did not make it into our newsletter.
- ✦ If you are going away for an extended period, you can still get your newsletter and not have to wait for it to be forwarded to you by the postal service.
- ✦ If you're a couple and you are both receiving a copy of our newsletter, you could easily arrange to receive one paper copy and one e-mail copy. (OR two e-mail copies...)



- ♥ When you send your e-mail address, I will contact you and let you know that you have been added to our No Newsletter list.
- ♥ When Harmony informs me that our newsletter has been delivered to the Post Office, I will send you an e-mail to let you know that you can access our newsletter (along with directions on how to do so... it is really easy!)
- ♥ Remember... **THE CHOICE IS YOURS!** Should you find that the e-mail version does not suit your needs, simply let me know and I'll put you back on the paper copy list.

Contact Hal at: hal@powergate.ca.

Please use the subject: **RTO - No Newsletter**. ☘

~ Hal McCullough

Over the past several issues we have had members who have written about their experiences whilst travelling the world. If you go on a trip that you think other D24 members would enjoy reading about, please contact me at hal@powergate.ca. You can regale us with your "trip across Canada, or your "trip around the world"!



Send me your write-up (e-mail or Canada Post) - with photos if you have them. Photos look best in the newsletter when they're in the highest resolution possible - preferably as they come from your camera. Resist the urge to reduce then for easier e-mailing. You may need to send them in more than one message... they will bounce back to you if you fill up my in-box. No e-mail? Send photos by Canada Post - we can scan them and return them to you.

FROM YOUR WEBMASTER

It's roughly 4 months between newsletters. A lot can happen in that time. Keep informed! Keep yourself up-to-date with what's happening in District 24! It's easy to do - just sign up to get our **E-NEWS**.

We currently have **640 members** (almost 25% of our membership) receiving our **E-NEWS!** If you have friends who have just retired or who taught in the legacy boards of Scarborough or East York that do not currently receive our **E-NEWS**, please encourage them to do so.

Would you like to contribute to our **E-NEWS**? Share a line to let our readers know what you are doing? Maybe write an article that may be of interest to your retired colleagues? Provide us with pictures to share perhaps?



All they have to do is send **me** their name and their e-mail address, with a short line saying they'd like to get our **E-NEWS**. That's all there is to it!! It really is that simple.

My e-mail address is: amckee.rto@gmail.com. ☘

~ Annemarie McKee

DISTRICT 24 EXECUTIVE 2012 – 2013

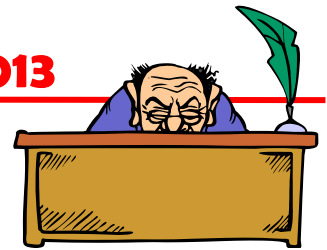


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1ST VICE PRESIDENT:
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WE ARE LOOKING FOR A
MEMBER TO FILL THIS POSITION



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WE ARE LOOKING FOR A
MEMBER TO FILL THIS POSITION



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SERVICE TO OTHERS:
VACANT
WE ARE LOOKING FOR A
MEMBER TO FILL THIS
POSITION



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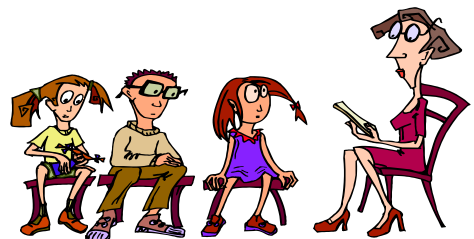


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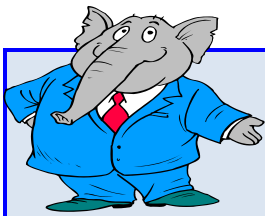
EX-OFFICIO...



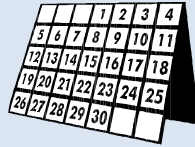
BILL SPARKS
wgasparks@sympatico.ca
416.293.7477



Teachers plant seeds of
knowledge that bloom forever.



DATES To REMEMBER



EVERY TUESDAY BRIDGE CLUB (BEGINS 12:30 PM)
 MARCH 7 EXECUTIVE MEETING - EVERYONE WELCOME
 APRIL 11 EXECUTIVE MEETING - EVERYONE WELCOME
 APRIL 12 SHAW: *GUYS AND DOLLS*
 APRIL 25 SG&CC: LUNCHEON & TRAVELOGUE - GERMANY
 MAY 8 STRATFORD: *FIDDLER ON THE ROOF*
 MAY 16 EXECUTIVE MEETING - EVERYONE WELCOME
 MAY 14-15 SPRING SENATE
 MAY 23 QSSIS: **AGM/**SPRING LUNCHEON
 JUNE 13 EXECUTIVE MEETING - EVERYONE WELCOME
 JUNE 19 PENETANGUSHENE: *OLIVER + KEEWATIN (SHIP)*
 SEPT 5 EXECUTIVE MEETING - EVERYONE WELCOME
 SEPTEMBER 10 15TH ANNUAL B4K GOLF TOURNAMENT
 SEPTEMBER 11 LADY MUSKOKA BOAT TOUR
 OCTOBER 8 STRATFORD: *3 MUSKETEERS*
 OCTOBER 17 ST. JACOBS: *GODSPELL*
 OCTOBER 24: QSSIS: FALL LUNCHEON
 DECEMBER 4: SG&CC: *CHRISTMAS LUNCHEON*

1ST DAY OF THE MONTH: **E-NEWS** E-MAILED
 5TH LAST DAY OF THE MONTH: DEADLINE FOR NEXT **E-NEWS**

SEASONS CHANGE ON: MAR 20; JUNE 21; SEPT 22; DEC 21
DAYLIGHT SAVING TIME: BEGINS MAR 10; ENDS NOV 3

➔ EXECUTIVE MEETINGS ARE HELD AT THE **MCCOWAN RETIREMENT RESIDENCE** (FORMERLY **KINGSWAY ARMS**) ON SOUTHWEST CORNER OF MCCOWAN AND EGLINTON.

RTO/ERO: Here for you now... Here for your future
DISTRICT 24: WHERE OLD AND NEW FRIENDS MEET.



CHRISTMAS LUNCHEON WEDNESDAY, DECEMBER 5, 2012



~ all photos by Hal McCullough

~ additional photos inside our newsletter and more on our website

THE CONTENT OF THIS NEWSLETTER MAY OR MAY NOT REFLECT THE POSITION OF RTO/ERO DISTRICT 24 OR THE OFFICIAL POSITION OF RTO/ERO.
 OTHER RTO/ERO DISTRICTS ARE WELCOME TO USE ANY OF THE MATERIAL CONTAINED IN THIS NEWSLETTER PROVIDING APPROPRIATE ATTRIBUTION IS MADE REGARDING SOURCE.

ARE YOU MOVING? YOU NEED TO CONTACT DIANNE VEZEAU AT RTO. PLEASE SEE PAGE 6 FOR HER CONTACT INFORMATION.

RTO/ERO DISTRICT 24
c/o HAL McCULLOUGH
62 CHESTER CRES
PORT PERRY, ON L9L 1K8

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**THE DEADLINE FOR SUBMISSIONS FOR SUMMER'S *BEYOND THE BLACKBOARD* IS:
 FRIDAY, MAY 31, 2013**

