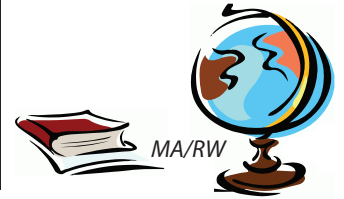


BEYOND THE BLACKBOARD



DISTRICT 24 – SCARBOROUGH AND EAST YORK



Volume 35 - Number 3

Winter 2016/2017

<http://district24.rto-ero.org>



**2016 - 2017 RTO/ERO
SCHOLARSHIP INFORMATION**

Application Deadline - Friday, March 3, 2017

HAVA ★ JAVA

Our New District 24 Social Event
for Coffee and Conversation

CHRISTMAS LUNCHEON

A Fun Start to the Festive Season

ANNUAL GENERAL MEETING AND SPRING LUNCHEON

Thursday, May 25, 2017 at Q-SSIS, 3474 Kingston Road, Scarborough

PROGRAM: We begin the day with our Annual General Meeting – on the second floor. There will be reports from our Committee Chairs followed by the election of the Table Officers for 2017 - 2018.

Doors open, 9:30 a.m.; Coffee, 10:00 a.m.; AGM, 10:30-11:30 a.m.; Bar opens, 11:30 a.m.; Luncheon, followed by entertainment, 12:20 p.m.

COST: \$25.00 [Members attending the full AGM meeting will have their \$25.00 cheque returned to them.]

[NOTE: If you are bringing a non-member, please remember to submit a separate cheque for their meal, as the luncheon cost cannot be refunded to non-RTO guests.]

CONTACT: Susan Watson – 18 Springbank Ave., Scarborough, ON M1N 1G3

PHONE: (416) 698-3030 E-MAIL: siwatson5@bell.net

MAKE CHEQUE PAYABLE TO: RTO — District 24

DEADLINE: Friday, May 12, 2017 *Please postdate your cheque(s) to this date.*

Coupon: *AGM / Spring Luncheon*

Thursday, May 25, 2017

Clip (or photocopy) this coupon and send it to Susan Watson (address above) with your cheque made payable to: **RTO – District 24**

Name (Print): _____ Phone #: _____

E-Mail: _____ Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$25.00 = _____ (Please submit a separate cheque for non-RTO members.)

Special Needs / Dietary Allergies: _____

Would you like an e-mail confirmation: YES NO If **NO**, a stamped, self-addressed envelope is required for confirmation.

DEADLINE: MAY 12, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE



2016-2017 RTO/ERO SCHOLARSHIP

RTO/ERO awards up to 25 individual post-secondary scholarships of \$1,500 each to members' relatives.

ELIGIBILITY:

- Applicant is a resident, Canadian citizen or a landed immigrant.
- Applicant is a child, step-child, grandchild, great grandchild, son-in-law, daughter-in-law, niece, grandniece, great grandniece, nephew, grandnephew, or great grandnephew of an RTO/ERO member.
- In the case of teaching programs, applicant is enrolled in the last year of a program that will directly lead to a career in teaching in Canada and the completion of the program provides you with teaching credentials that are recognized by the appropriate provincial teacher regulatory body.
- In the case of all other programs, applicant is enrolled in the last year / semester of a program that is recognized at Canadian publicly-funded or not-for-profit college or university.

Further information and access to the online application form are available at:

<http://www.rto-ero.org/programs-services/scholarship-program>

APPLICATION DEADLINE: 4:30 P.M., FRIDAY, MARCH 3, 2017

Beyond the Blackboard

EDITOR-IN-CHIEF
Scott Baker

EDITORIAL BOARD
Bonnie Clarke
Donna Hubel
Annemarie McKee
Bill Sparks

CONTRIBUTING EDITOR
Marilyn Tregwin

Beyond the Blackboard is published as a members' newsletter by RTO/ERO District 24. The content of this newsletter may or may not reflect the position of RTO/ERO District 24 or the official position of RTO/ERO. Other RTO/ERO districts are welcome to use any material contained in this newsletter providing appropriate attribution is made regarding source.

PRINTING
Mi5 Print and Digital
Communications

Canada Post Canadian Publication
Mail Sales Product Agreement
40881027



Contents

Annual General Meeting and Spring Luncheon	2, 8
2016-2017 RTO/ERO Scholarship	2
President's Message – District 24 Highlights	4
District 24 Executive 2016 – 2017	5
New Members	6
In Memoriam	6
E-News	6
RTO/ERO Foundation News	7
Health Report – Health Matters	9
Pension and Retirement	11
Bridge Club	13
Program – RTO 2017 Trips and Events	14
Goodwill – Cards and Telephone	18
Nordic Pole Walking Club	19
Footloose – Dunfield Theatre, Cambridge Excursion	20
HAVA ★ JAVA	21, Back Cover
District 24 Christmas Luncheon	22, 23
Upcoming Events	Back Cover
Change of Address/Contact Information	Back Cover

ON OUR COVER: District 24 members Janice O'Brien, Bernice Chopowich, and Sharon Galiffi in festive spirit at the Christmas Luncheon. Story on page 22. Photo courtesy of Hal McCullough.

Beyond the Blackboard welcomes submissions from members of RTO/ERO District 24. We accept letters to the editor, article proposals, photos, and artwork. Do you have a story to tell, an experience to share, or a poem that you have written? Consider contributing your work for publication. Articles should be between 400 and 1200 words, and photographs and scanned images should be at least 300 dpi at 5"x7" size (please send photos/images as email attachments and do not reduce size when attaching). Send submissions to: d24.newsletter@rto-ero.org

We cannot guarantee that submissions will be published or published as received. The editors reserve the right to edit, condense, or reject letters or submissions.

Deadline for submissions for the next edition of *Beyond the Blackboard* is April 21, 2017.

PRESIDENT'S MESSAGE



DISTRICT 24 HIGHLIGHTS

BILL SPARKS - DISTRICT 24 PRESIDENT

I am writing this on the first of December 2016, so it takes a small leap of imagination to think of you all reading this in February 2017, but here goes.

It is Canada's 150th birthday, WOW!! It seems like just yesterday that we were planning the Centennial events in all our schools. My wife, Pat, and I celebrated our honeymoon that August in Montreal at Expo 67. I am anticipating with pleasure the expected wealth of activities to choose from as the whole country celebrates. It is wonderful to be a Canadian.

2017 has brought changes to the RTO/ERO health plan so I hope you have taken the time to read through the plan. Many of us will take the opportunity to explore Canada this year as part of that celebration and we will hope that we won't need the out-of-province portion of our health insurance, but it will be comforting to know it is there to protect us.

As a new and voracious reader in my early youth, after devouring all the OZ, Hardy Boys, and Roy Rogers books at the library, I found the science fiction section and instantly became a life-long fan. It is fascinating to think back to

reading 1984 or 2001 plus many premillennial dates and thinking them impossibly far into the future. We are now in 2017 and well past all those prognostications. I have several shelves of favorite sci-fi authors in paperback. It is amusing to reread some of those older novels and see how

little the present matches their creations, and, at the same time, how many things we have in our daily lives that are far beyond any of their imaginings. I often tell groups that I want to be retired longer than I worked. I'm half-way there already, and I hope I make

it, while looking forward to the changes that two decades ahead might bring, most of which no current sci-fi authors are envisioning.

As a new year's resolution, perhaps you may think of some way you can participate in our activities, or, even better, help in the creation of them. We are always looking for volunteers for our Executive and committees. Those of us doing so find it quite rewarding. Have a great 2017!

————— “ —————
Happy New Year
————— ” —————

OBTAINING PERMISSION FROM MEMBERS WHEN SHARING PERSONAL INFORMATION

In accordance with privacy legislation, RTO/ERO members must provide their written permission before personal information, such as milestone birthdays, may be shared at District Events as well as acknowledged in RTO/ERO publications and websites, including their photograph. These forms will be provided at upcoming events. For general 'crowd' photos, where there will be no identification of a specific member(s), the form will not be necessary.

DISTRICT 24 EXECUTIVE 2016 – 2017

TABLE OFFICERS:

PAST PRESIDENT: Donna Hubel
dhub@sympatico.ca (416) 490-1861

PRESIDENT Bill Sparks
wgasparks88@gmail.com (416) 293-7477

FIRST VICE-PRESIDENT: Gary Fick
garyrto@rogers.com

SECOND VICE-PRESIDENT: George Denny
havendayle@rogers.com (905) 420-1435

TREASURER: Bonnie Clarke
blblclarke@gmail.com (416) 609-3635

SECRETARY: Chris Elliot
chris.elliott99@hotmail.com (416) 497-6192

COMMITTEE CHAIRS:

ARCHIVES: Gloria Wilson-Forbes
orpahwilson@gmail.com (416) 721-1530

FOUNDATION LIASON: Gary Fick
garyrto@rogers.com

GOODWILL PHONES: Lynne Horvath
lynn.horvath58@gmail.com (647) 483-7377

HEALTH: Marilyn Tregwin
m.tregwin@gmail.com (416) 493-3757

NEWSLETTER: Scott Baker
d24.newsletter@rto-ero.org (905) 655-5547

POLITICAL ADVOCACY: George Denny
havendayle@rogers.com (905) 420-1435

RWTO REP: Linda Jarvis
linjar@rogers.com (416) 293-8689

SOCIAL CONVENOR: Susan Watson
siwatson5@bell.net (416) 698-3030

BOOK CLUB:
Gloria Courtney mgcourt@bell.net
June Bourdon jdBourdon@hotmail.com

MEMBERS-AT-LARGE:

Elaine Aprile elaineapril6@gmail.com (416) 267-2670

Phyllis Hill hillphyllis@hotmail.com (647) 374-7976

Wendy Hooker wendyhooker@rogers.com (416) 266-4682

MEMBER-AT-LARGE EMERITUS:

Margaret Nicolson (416) 759-5560

AWARDS: George Denny
havendayle@rogers.com (905) 420-1435

GOODWILL CARDS: Marilyn Hodge
marilynahodge@gmail.com (416) 284-9984

GOLF CONVENER: Les Coombs
lesonriviera@gmail.com (416) 261-0568

MEMBERSHIP: Les Coombs
lesonriviera@gmail.com (416) 261-0568

PENSIONS/RETIREMENT CONCERNS: Terry Smith
chooch120@hotmail.com (416) 438-0430

PROGRAM: Paula Chambers
paula.chambers@rogers.com (416) 208-0202

SERVICE TO OTHERS: George Denny
havendayle@rogers.com (905) 420-1435

WEBMASTER: Annemarie McKee
amckee.rto@gmail.com

NEW MEMBERS

The executive welcomes all new members to RTO/ERO District 24 and invites them to become active participants in all of our activities.

Elaine Anderson
Raymond H. Barr
Sherry Bedford
Teresa Bigras
Mary H. Billinghamurst
Cindy Brandon
Regina Callaghan
Sharron Case
Catherine Clarke
Joseph D'Aquila
Michelle Davidson
Mary Douglas-Kadey
Susan Dykstra
Urma Ellis
Mary Faragher
June Fillmore
Margaret Glenesk
Heather Gray

Lorraine Green
Mark Heritage
Louise Hiltunen
Eduardo Jaen
Randolph Karamath

Ruth MacDonald
Pam Mackay
Margaret MacKinnon
Peter McBride
Neil McCallum

Betty Boi Phan Ong
David Pollard
Ruth Ann Rowland
Rosemary Ryan
Heather Sherk
Frances Service
Geraldine Snowden
Laura Somerville
Sofie H. Sommer
Pauline Tetley
Janet Thorsley
Donna Turnbull
Mona Turner
Mary Walker
Randi Walker
Lydia Warren
Janice Webster
Sylvia Weir

“
**Whether you are a new retiree or
have moved from another district,
we hope that you enjoy District 24.**
”

Pradeep Kaur
Dianalyn Kennedy
Jane Kirkwood-Lazizzera
Mary Louise Langton
Marilyn Lowe

Kathy McLaughlin
Kimberley Miller
Evelyn Morris
Maxine Johnson Murray
Susan Noonan

IN MEMORIAM

It is with great sadness that we inform you of the passing of the following members of District 24. We extend our heartfelt sympathy.

William Case
Gwenyth M. Cockburn
Anthony Ellis
Sandra J. Fearon
Lucille Ferguson

Mary Louise Fritz
Morley Gibson
William R. Guest
John E. Humphries
Beverley Joan Jaen
Helen G. Lavender

Gloria P. Lumb
Audrey M. MacDonald
Sheila McAuliffe
Elroy J. MacKinnon
William L. Morris
Eleanor B. Parkinson

Anna C. Robertson
Marilyn Souther
Arlene J. Strachan
Beverley Tenenbaum
Robert Wills

DISTRICT 24 E-NEWS AND WEBSITE

During the first week of each month RTO/ERO District 24 sends out a monthly E-News by e-mail. It is another way of communicating with our members.

These e-mails are in addition to our District 24 Spring, Summer and Fall Newsletters, and provide reminders about district events and programs, as well as news from district and provincial meetings. The communication e-mails are sent out by our webmaster, Annemarie McKee. To register for E-News contact Annemarie at: amckee.rto@gmail.com.



WELCOME TO OUR NEW WEBSITE @ <https://district24.rto-ero.org>

It has been redesigned to look more like the website of our parent organization, RTO/ERO Provincial.

The main menu tabs at the top are now shared with RTO/ERO Provincial. With the help of the RTO's IT Department and Laurie Fountain, we unveil our new site! While there are still things to be added, hopefully you will find our site helpful in obtaining information about our District 24 – Scarborough/East York, as well as at the Provincial level of RTO/ERO.



FOUNDATION NEWS

GARY FICK – DISTRICT 24 SECOND VICE-PRESIDENT

The following are excerpts from the latest release from the RTO ERO Foundation:

Jo-Anne Sobie will take on the role of full time Executive Director, effective immediately. “We are thrilled that Jo-Anne Sobie has agreed to lead the Foundation through its next phase of growth”, said Joanne Murphy, President of the Foundation Board. “She brings with her a deep understanding of the charitable sector and a passion for raising funds to support research and training in the aging sector.”

FOUNDATION ANNOUNCES \$150,000 IN NEW GRANTS

The Foundation is pleased to announce the funding of its first project addressing the challenges of social isolation in older adults.

This inaugural grant of \$50,000 is awarded to the Hamilton Council on Aging to support the Hamilton Seniors’ Social Isolation Project, a collaboration between seven community organizations. The project aims to measurably reduce the rates of seniors’ social isolation, where risk factors for isolation – such as living alone, disability, poor health, language barriers, poverty, and lack of access to services and supports – are most prevalent.

Following the vigorous peer review of 20 funding proposals, the Foundation’s Grants Review Committee, made up of experts in the field of aging, recommended that five grants be approved.

These include:

- Ryerson University, AGE and McMaster University to evaluate a standardized, online Dementia Education.
- Program for post-secondary health care students. The project aims to build students’ capacity to support patients with dementia who display challenging behaviours with non-medical intervention.
- The Northern Ontario School of Medicine, University of Guelph, University of Ottawa, and Lakehead Universities to develop a toolkit for healthcare professionals caring for older LGBT adults facing the end of their lives. This novel project incorporates both research and training, and will benefit LGBT seniors across Ontario – in urban, rural and remote communities.
- Mount Sinai Hospital and the University of Toronto to evaluate a Geriatric Education Program for Orthopedic Surgery Residents. This mandatory Orthogeriatrics rotation aims to strengthen geriatric competencies among orthopedic trainees, leading to a new generation of orthopedic surgeons better equipped for the care of our growing older adult population.
- Baycrest Hospital, the University of Toronto, Meighen Manor, and Re kai Centres at Sherbourne Place and Wellesley Central Place, to investigate the benefits of using cognitive stimulation with elderly long term care residents during friendly visits by volunteers. The Project aims to show that the use of cognitive stimulation exercises used in conversation with residents will lead to improved behaviours, mood and quality of life.

Funds will be awarded following Ethics Board Approval from each grantee.

DR. ROCHON, RTO/ERO CHAIR IN GERIATRIC MEDICINE, SPEAKS TO SENATE

Dr. Rochon spoke about the changing nature of our aging population, particularly those 85 years and older, and those in the oldest age category – our centenarians.



Here are some of the facts:

- There are currently more than 750,000 people aged 85 and older in Canada
- There is limited research data on these older adults
- 40% of this population take 10 or more drug therapies
- In the past 15 years, there has been more than a 70% increase in those reaching 100, with 5,825 centenarians currently living in Canada
- More than 100 centenarians are members of the Retired Teachers of Ontario, 70% of whom are women
- With less than 100 geriatricians in Ontario, and over 1.8 million seniors over 65, we need to ensure that every clinician caring for older adults is competent in geriatric principles and practices

Dr. Rochon's research will document changes to the size of the centenarian population over the past 15 years; and will create a profile of centenarians to better understand who they are, and what care they are receiving.

A SPECIAL THANK YOU TO JOHNSON INC.

In all the excitement about sharing our 2016 grant announcement at Senate, another big announcement was made more quietly. Following a meeting with the senior team at Johnson Inc. we were thrilled to subsequently learn that they have agreed to shorten the period of their ongoing pledge to the Foundation from 5 to 4 years, resulting in a donation of \$75,000 in each of 2017 and 2018.

IT'S IN THE MAIL

The *Fall Foundation Mail Campaign for Donor Renewal and New Donor Acquisition* is now in the mail, with a total of 9,000 requests going to members who have not as yet made a personal donation to the Foundation, and an additional 1,000 letters going to current and past donors.

How To Donate:

There are many ways you can make a donation:

- Online (including one-time, monthly, In Memory and In Honour) at:
<https://www.rto-ero.org/support-the-foundation/ways-to-give>
- Phone: (416) 962-9463 or 1 (800) 361-9888
- Email: jsobie@rto-ero.org
- Mail: Cheques payable to: RTO/ERO Foundation, 300 - 18 Spadina Road, Toronto ,ON M5R 2S7

2017 ANNUAL GENERAL MEETING AND SPRING LUNCHEON

Time has come to once again be thinking about our *District 24 Annual General Meeting and Spring Luncheon*. Before we know it, the cold and snow will be behind us, the crocuses and daffodils will begin to bloom and we will be thinking of old friends whom we would like to visit.

The *Annual General Meeting and Spring Luncheon*, will be held on Thursday, May 25, 2017, at the Qssis Banquet Hall, 3474 Kingston Rd. Cost of the AGM and Luncheon is \$25.00 (refundable to members).

For details, please refer to page 2. Remember to indicate clearly on your registration form any special needs or food allergies that you might have.

HEALTH REPORT



HEALTH MATTERS

MARILYN TREGWIN - DISTRICT 24 HEALTH REPRESENTATIVE

Appreciation is extended to Joan Varley, for organizing the refreshment table at the Annual District 24 Health Seminar and writing the following Health Seminar report, and to Gloria Courtney, for providing and taking care of our audio visual needs.

12th ANNUAL HEALTH SEMINAR

Once again District 24 held a very successful Health Seminar in October. “Keeping Healthy from the Bottom Up” was presented by Sonia Maragoni, President of the Ontario Society of Chiropractors and a practising Chiropractor. “Excellent, Very good, It was great,” were some of the comments expressed by the attendees as they were leaving.

Chiropractors provide comprehensive care of the feet. A sample of their area of expertise includes palliative care for the feet (including nail cutting), walking assessments to help prevent falls, and treatment for diabetic complications (not a comprehensive list.) Chiropractors are able to prescribe medication and inject cortisone.

As well as discussing some common conditions affecting the feet, Sonia provided pointers on purchasing shoes. All brands have good footwear and some not so good items. Footwear

should hold your foot in place and provide a firm foundation that absorbs the shock from impact.

Sonia invited a few fellow chiropractors from the Scarborough area to attend. Following a lively question and answer session during which more general information was provided in answer to specific questions, a meet and mingle began. During this time, Sonia and her colleagues were available to discuss more personal questions one-to-one. As always, coffee and “carbs” were enjoyed by the participants.

To find a Chiropractor in your area you may contact the College of Chiropractors of Ontario. They have a list of all licensed practitioners in Ontario. Similarly, the Canadian Federation of Podiatric Medicine maintains a list that is country wide.

Joan Varley

GET MEDICAL ADVICE FROM TELEHEALTH ONTARIO

Telehealth Ontario is a free, confidential service you can call to get health advice or information. A Registered Nurse will take your call 24 hours a day, seven days a week at:

- Toll-free: 1-866-797-0000
- Toll-free TTY: 1-866-797-0007

How It Works:

When you call, a Registered Nurse will ask you to answer questions so they can assess your health problem and give you advice. Telehealth Ontario nurses will not diagnose your illness or give you medicine. They will direct you to the most appropriate level of care or may put you in contact with a health professional who can advise you on your next steps.

The nurse will help you decide whether to:

- Handle a problem yourself.
- Visit your doctor or nurse practitioner.
- Go to a clinic.
- Contact a community service.
- Go to a hospital emergency room.

You can contact Telehealth Ontario when you have health-related questions or concerns about:

- Illness or injury that may need medical care.
- Illnesses that don't go away or reoccur.
- Food and healthy living.
- Teen health and issues.
- Depression, suicide, and mental health concerns.
- Medications and drug interactions.
- Breastfeeding.

In a medical emergency don't call Telehealth — Call 911 immediately

Safe Medication Use for Seniors

DID YOU KNOW?

- Medication is more than just the drugs your doctor prescribes. It includes over-the-counter products, vitamins and minerals, herbal and natural health products.
- Medication must never be shared. What helps you may seriously hurt someone else.
- Your medication records are kept confidential and are not shared among pharmacies. To have a complete medication record you should have your prescriptions filled at the same pharmacy every time.
- Up to 50% of all medication is taken incorrectly. You should know what your medication is for, and how to take it.
- Problems with medication account for 1 in every 7 emergency admissions of persons over the age of 65 years.
- Some foods, drinks and over-the-counter products can interact with your prescription medication and could cause serious harm to your health. This includes alcohol, vitamins and mineral, herbal and natural health products.
- The same medication may have a different shape, colour or size and can have more than one name. Most of us know them by brand names, but they also have a generic or chemical name.
- Herbal and natural health products can have strong effects on the body. They are not the same as prescription medication. Do not replace or change your present medication without consulting your doctor or pharmacist.

SOME SUGGESTIONS:

- Keep (and carry) an up-to-date record of your prescription medication and non-prescription products, allergies, illnesses, and other health information.
- Use your medication as directed. Do not stop or change your medication without asking your pharmacist or doctor.
- If you miss a dose, ask your pharmacist or doctor what to do.
- Be sure to know the name and purpose of each medication you are taking – ask your pharmacist.
- Know how and when to take medication. Medication affects each person differently.
- Unless otherwise instructed, finish any antibiotic prescription you receive – don't stop when your symptoms improve.
- Tell your doctor and pharmacist immediately if you experience new or unexpected side effects from any medication.
- Do not transfer or mix medication into other containers. If you wish to use a pill organizer ask your pharmacist for advice.
- If you have difficulty opening the safety cap on your medication bottle, ask your pharmacist for an easy off or flip top lid.
- Do not put medication in the garbage or down the toilet or sink. Your pharmacist has a medication disposal system.
- Ask questions – your health is nothing to guess about. Your pharmacist and doctor are there to assist you!

Source: *Ontario Pharmacists' Association: <http://www.opatoday.com>*



RTO/ERO Group Benefits Program
Régime collectif d'avantages sociaux d'ERO/RTO
ADMINISTERED BY / ADMINISTRÉ PAR **Johnson Inc.**

In November you received a new Group Benefits card which you should be carrying now, as it identifies new policy and contact numbers for Allianz Global Assistance (note new plan number 7106) as offered via our new insurance underwriter, Sun Life Financial. All other information remains the same, so if your

pharmacy or dental office has your information on file, you do not need to show them your new card. This calendar year, your Prescription Drug benefit has been increased to \$3300; the Paramedical Practitioners' maximum is now \$1300; and the Dental plan reimbursement is updated to the 2017 Fee Guide.

Refer to your copy of Update 2017 for information about Venngo Membership Perks, a new feature of our EHC plan, then be sure to activate your account online at <http://www.rto-ero.venngo.com> (with your certificate number), to take advantage of the many discount programs available to you and your immediate family.

PENSION AND RETIREMENT



CONCERNS COMMITTEE

TERRY SMITH – DISTRICT 24 PENSION AND RETIREMENT REPRESENTATIVE

The Pension and Retirement Concerns Committee (PRCC) has held its September committee meeting. This liaison report reflects the ongoing work of the committee.

STRATEGIC PLAN

In April, the PRCC committee developed the strategic plan for its committee and submitted it to the RTO/ERO's Executive for review and approval.

Priorities:

The PRCC committee has identified three main categories in which we will concentrate during the next year:

1. Policy:

The Pension and Retirement Concerns Committee developed a policy concerning Defined Benefit Pension Plans and asked that the Provincial Executive consider including this definition in the "Policy" section of RTO/ERO's Constitution. We feel that it would be appropriate for the organization to make a clear statement as to why we promote and we defend DB plans.

2. Resource Paper:

We have undertaken a study of the literature in order to draft a paper that will explain, in layman's terms, some of the jargon around pensions. The next provincial elections are rapidly approaching. It is important for the executive, liaison officers and members-at-large to be able to explain what we mean by defined benefit plans and how they are different from other plans such as target or shared benefit plans. During past elections, some political party's election platforms came out openly criticizing DB plans, and promises have been made to review the province's participation in these. This document is to be shared with members through the Political Advocacy Committee for use if the debate resurfaces.

3. Resource Materials:

Staging Our Aging: We have continued the work on the *Staging Our Aging* endeavour. The McMaster Aging Portal has become an integral part of this reference document as it has proven to be a reliable source of information. Although the format will be developed later so that it can fit the needs of the updated website, the content has been

updated and is ready to share with other committees. We will be asking them to add content as it pertains to their own committee. The aim is for members or district leaders who are looking for specific information to have a one-stop reference place.

Fact Sheets: We have continued our three-year cycle to update the fact sheets, and have identified areas where new fact sheets would be needed. It was also noted that certain fact sheets contain information that need an annual review. For example, the CPP and Old Age Security numbers are changed on a regular basis. These will be updated more frequently.

Self-Assessment Tool: The committee became aware of a self-assessment tool used by the British Columbia Retired Teacher's Association. The aim of this document is to give potential members a resource document so they can prepare effectively for their retirement. We have studied it and after having received permission from the authors, we have decided to adapt it for Ontario.

PENSION CONCERNS

Inflation Protection

The decision by the Partners Committee of our pension plan to use some of the 13.2 billion dollar surplus to readjust the pensions of members who have retired after 2009 was well received. These members have seen their pensions reset to the level where they would have been had they not been affected by the conditional inflation, thus reinstating their ability to maintain the standard of living and keep up with the real inflation rates. The 90% conditional indexing is a step forward towards full inflation protection.

Ongoing Work

As part of our ongoing work we continue to monitor outside organizations to determine where resources are available and to identify trends that could affect our members.

DID YOU KNOW?

The *Long-Term Care Homes Act* (LTCHA) has as its fundamental principle that a long-term care home is “primarily the home of its residents”. As such, residents do not lose any rights that they might otherwise have in living on their own, including the right to have visitors of their choosing.

Homes are not entitled to restrict visiting hours or dictate where visits will take place. Visitors cannot be restricted to lobbies or “supervised” areas as this is also interference. At times, a family member, attorney for personal care, or a substitute decision-maker may attempt to restrict a resident’s visitors or his/her ability to go on outings with certain people. These people cannot restrict a person from visiting. If a resident wants to see someone, he or she is entitled to that visit at any hour of the day. If you have difficulty in having your rights respected, you can contact the *Advocacy Centre for the Elderly*, a community based legal clinic for senior citizens (<http://www.advocacycentreelderly.org>).

For more information, read the article *Can I Visit Mom* (<http://www.advocacycentreelderly.org/appimages/file/FINAL%20Newsletter%20Spring%202016%2010Jun2016.pdf>)

Source: *Advocacy Centre for the Elderly*

CONCLUSION

As this was the last meeting of RTO’s cyclical year, two members will be leaving the Committee.

Don Farquharson of District 28, Region of Durham, finishes a five-year mandate. He has always helped advance the cause of retired teachers by his in depth commitment and research.

Liz Whiton of District 12, Norfolk, finishes a three-year mandate and has brought a different perspective to our committee. Always willing to learn something new, she has enlightened the committee with the views of a newly retired teacher and administrator.

We want to thank you both for the hours you have spent so that our member’s pension concerns would be addressed. We thank you both for your friendship.

Georgina Eldridge of District 36 (Peterborough) and Gwen Scriven of District 23 (North York) have joined the PRCC. Welcome to both of you.

Frequently Asked Questions (FAQs)

Question:

If I divorce, can I have my pension recalculated?

Answer:

A recent plan amendment allows us to recalculate your pension if your former spouse waives his or her entitlement to a spousal survivor pension. They will recalculate your pension, effective the first of the month following the month in which we receive the waiver. The recalculation results in the removal of the actuarial reduction for a higher survivor election and/or the adjustment for the 10-year pension guarantee.

To waive his or her entitlement to a spousal pension:

- Your former spouse must submit a waiver form created by the Financial Services Commission of Ontario (FSCO Family Law Form 8), and
- A waiver must be specified in your settlement agreement.

If you remarry, you can provide a survivor pension to a new spouse on or before 90 days after we receive a valid waiver without being required to complete a medical.

Source: OTPP

Pension and Retirement Concerns Committee Members

Roger Régimbal (Chair), District 27, Ottawa-Carlton
Don Farquharson, District 28, Region of Durham
Doug Nosal, District 11, Waterloo
Liz Whiton, District 12, Norfolk
Malcolm Beddoe, District 10, Grey and Bruce
Morris Tait, District 30, Northumberland

Provincial Executive

Marin Higgs, President, District 36, Peterborough
Rich Prophet, District 3, Algoma

The above report was received November 2016 and has been reprinted with the permission of the Provincial Pension and Retirement Concerns Committee.



DO YOU HAVE A QUESTION FOR THE PENSION AND RETIREMENT CONCERNS COMMITTEE?

Contact Terry Smith, your liaison member.

RTO/ERO DISTRICT 24

BRIDGE CLUB

Our district's Bridge Club meets every Tuesday, 12:30 - 3:30 p.m., at Ellesmere Community Centre, 20 Canadian Rd., just opposite Costco near Warden and Ellesmere, for bridge and friendship. For more information, phone Terry or Dale Smith, (416) 438-0430.

The RTO Bridge Club certainly enjoys getting together and we hope everyone enjoyed the holidays with their friends and family.



The bridge club had their annual pot luck luncheon in December. It was very well attended. We all enjoyed the delicious lunch and still had enough energy left to play some bridge hands. Watch for an update in the coming months on people who bid and made a slam.



You can tell from the smiling faces that we are a fun group.

*If you know how to play bridge, and would like to join us in the new year,
please contact Terry or Dale Smith!*

PROGRAM



RTO 2017 TRIPS AND EVENTS

PAULA CHAMBERS – PROGRAM COMMITTEE CHAIR

All cheques must be postdated to the Cut-Off date and made out according to the “Make Cheques Payable to” instructions for each event.

WHEN FILLING OUT EVENT COUPONS PLEASE FOLLOW THE GUIDELINES BELOW:

1. A separate cheque postdated to the Cut-Off date is required for each event. Be sure to carefully follow the “*Make Cheques Payable to*” portion of the event coupon.
2. The name of each person participating in the event must be included on the coupon.
3. When applicable, an RTO/ERO member may bring guests.
4. All participants must sign the event coupon to indicate that they have read and understood the ***RTO/ERO Acknowledgement, Waiver and Release***.
5. Ensure that an e-mail address or stamped, self-addressed envelope is provided with your cheque and event coupon, and that “***Release of Contact Information***” box is checked in order to receive a receipt.
6. Ensure that your postdated cheque and event coupon are sent to the contact/facilitator indicated in the event description.

All in your party must sign the trip coupon to acknowledge that they have read and understood the waiver on page 14. All attending must agree to provide contact information to Mary Morton Tours. They will be issuing receipts directly to participants as per new TICO regulations.

ACKNOWLEDGEMENT, WAIVER AND RELEASE

Provincial Executive, January 2010

The participant in (the “Event”) acknowledges and agrees that RTO/ERO, including District 24, will not be responsible for any loss, injury or damage of any nature, including death, howsoever arising in connection with this trip/excursion/event. Participants in the Event are therefore hereby advised to carry their own insurance in connection therewith.

By signing the activity coupon and in consideration of the participant’s attendance at the Event, the participant hereby releases and forever discharges RTO/ERO, District 24, and their respective directors, officers, members, agents, employees and volunteers (collectively, the “Releasees”) from any and all actions, causes of action, claims, and demands (collectively, the “Claims”) from any loss, injury or damage of any nature, including death which has arisen or may arise from the participant’s attendance at the Event, unless such loss, injury or damage has arisen as a result of the sole negligence of one or more of the Releasees.

Any claims arising out of the participant’s attendance at the event will be governed by the laws of Ontario, Canada, and the participant consents to the exclusive jurisdiction of the Courts in Ontario, Canada in any such action.

Mrs. Henderson Presents

Wednesday, March 22, 2017 – Mirvish Productions, Royal Alexandra Theatre, Toronto

DEPART: 10:30 a.m. Kennedy Commons **EXPECTED RETURN:** 6:00 p.m.

COST: \$149.00

LUNCH: *Hothouse Café*. Select from the Group Tour Menu.

PROGRAM: It's London, 1937, and recently widowed eccentric Laura Henderson is looking for a way to spend her time and money when her attention falls on a rundown cinema in Great Windmill Street. Hiring feisty impresario Vivian Van Damm to look after the newly renovated Windmill Theatre, the improbable duo presents a bill of non-stop variety acts. When Mrs. Henderson comes up with the idea of the Windmill Girls – glamorous young women posing as nude statues – audiences flock. And as the Blitz hits London, the Windmill provides a refuge for all, boasting the spirit-raising slogan “We Never Close.”

FACILITATOR: Marilyn Tregwin – 41 Ravenscliff Cres., Scarborough, ON M1T 1R7

Phone: (416) 493-3757 E-Mail: m.tregwin@gmail.com

MAKE CHEQUE PAYABLE TO: MARY MORTON TOURS. Send cheque and coupon to Marilyn Tregwin.

DEADLINE: February 15, 2017. *Please postdate your cheque to this date.*



Singin' in the Rain

Wednesday, April 12, 2017 – St. Jacobs Country Playhouse, St. Jacobs

DEPARTURE: 9:00 a.m. Kennedy Commons **EXPECTED RETURN:** 6:30 p.m.

COST: \$123.00

LUNCH: *The Stone Crock*. Please choose *Pork Schnitzel* or *Chicken* on the coupon.

PROGRAM: Making a splash from the moment it premiered, this sensational stage adaptation of the celebrated and beloved film showers you with everything you could wish for in a hit musical! 1920s Hollywood is the setting for this zany, light-hearted romantic comedy about the early days of sound film, when a movie studio found itself scrambling to salvage the career of its chipmunk-voiced silent picture star. Hilarious situations, snappy dialogue, and a hit-parade score of Hollywood standards including “*Good Morning*,” “*Make 'em Laugh*,” and “*Moses Supposes*,” make *Singin' in the Rain* the perfect entertainment for any fan of the golden age of musicals.

FACILITATOR: Paula Chambers – 6 Colinroy Street, Scarborough, ON M1C 5G6

Phone: (416) 208-0202 E-Mail: paula.chambers@rogers.com

MAKE CHEQUE PAYABLE TO: MARY MORTON TOURS. Send cheque and coupon to Paula Chambers.

DEADLINE: February 24, 2017. *Please postdate your cheque to this date.*



Million Dollar Quartet

Thursday, May 4, 2017 – Dunfield Theatre, Cambridge

DEPARTURE: 9:15 a.m. Kennedy Commons **EXPECTED RETURN:** 7:15 p.m.

COST: \$135.00

LUNCH: *The Black Shop*. Please choose *Pork Schnitzel* or *Salmon* on the coupon..

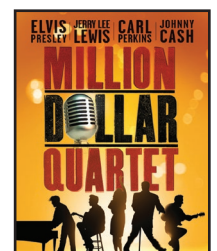
PROGRAM: This musical was inspired by the electrifying true story of the legendary 1956 recording session at Sun Records in Memphis. History was made when an extraordinary twist of fate brought together then-rising star Johnny Cash, unknown Jerry Lee Lewis, veteran musician Carl Perkins, and chart-topper Elvis Presley for the first and only time. This powerhouse musical is jam-packed with an incredible roster of musical talent and all the hip-shaking, guitar-twanging hits that made these rock'n'roll giants famous. A Tony Award-Winning musical.

FACILITATOR: Paula Chambers – 6 Colinroy Street, Scarborough, ON M1C 5G6

Phone: (416) 208-0202 E-Mail: paula.chambers@rogers.com

MAKE CHEQUE PAYABLE TO: MARY MORTON TOURS. Send cheque and coupon to Paula Chambers.

DEADLINE: March 20, 2017. *Please postdate your cheque to this date.*



Guys and Dolls

Wednesday, June 21, 2017 – Festival Theatre, Stratford

DEPARTURE: 9:00 a.m. Kennedy Commons **EXPECTED RETURN:** 7:30 p.m.

COST: \$165.00

LUNCH: *Festival Inn Buffet*

PROGRAM: *Guys and Dolls* is considered by many to be the perfect musical comedy.

The opening has every gambler in New York and across the country waiting for Nathan Detroit to announce the location of his craps game. There's only one problem: Detroit doesn't have the \$1,000 needed to start the game. He comes up with the idea to bet a \$1,000 that fellow-gambler Masterson couldn't convince a girl of Detroit's choosing to go with him to Havana by the next day. Detroit selects Sarah, an upstanding member of the Salvation Army. As Masterson plans to seduce Sarah and get her to Havana, Detroit figures he's made a bet he can't lose. En route to Stratford, there will be a stop in Shakespeare at the Mennonite bakery and at the cheese shop.

FACILITATOR: Marilyn Tregwin – 41 Ravencliff Cres., Scarborough, ON M1T 1R7

Phone: (416) 493-3757 E-Mail: m.tregwin@gmail.com

MAKE CHEQUE PAYABLE TO: MARY MORTON TOURS. Send cheque and coupon to Marilyn Tregwin.

DEADLINE: May 5, 2017. *Please postdate your cheque to this date.*



Niagara Wine Tour

Thursday, September 21, 2017 – Niagara Peninsula, Ontario

DEPARTURE: 9:00 a.m. Kennedy Commons **EXPECTED RETURN:** 6:00 p.m.

COST: \$114.00

LUNCH: *Niagara Culinary School*

PROGRAM: Last year's trip to Prince Edward County was a great success. This fall, we will be visiting wineries in the Niagara region. Did you know that Niagara wines have won international blind taste tests? Riesling, chardonnay, pinot noir and ice wine are some of the regions finest wines. The unique micro-climate of the land bordered by the lake on one side and the escarpment on the other allows cool climate wines to mature in a protected environment with ideal soil conditions. Join us for an informative day of vineyards and tastings. Find out which wine is matched to your lunch at the Niagara Culinary School. Select VQA bottles to bring home.

FACILITATOR: Paula Chambers – 6 Colinroy Street, Scarborough, ON M1C 5G6

Phone: (416) 208-0202 E-Mail: paula.chambers@rogers.com

MAKE CHEQUE PAYABLE TO: MARY MORTON TOURS. Send cheque and coupon to Paula Chambers.

DEADLINE: August 21, 2017. *Please postdate your cheque to this date.*



Me and My Girl

Friday, October 6, 2017 – Festival Theatre, Shaw Festival, Niagara-on-the-Lake

DEPART: 9:15 a.m. Kennedy Commons **EXPECTED RETURN:** 7:15 p.m.

COST: \$150.00

LUNCH: *Prince of Wales Hotel*

PROGRAM: This performance is a joyous *Pygmalion*-inspired musical comedy from the thirties. It follows the fortunes of Bill Snibson, a proud Cockney who is amazed to learn that he's actually the fourteenth Earl of Hareford. But if he wants to claim his title, it looks as if he will have to shed his old life – and love. With well-loved classic songs including “*The Lambeth Walk*” and “*Leaning on a Lamp Post*,” *Me and My Girl* was brilliantly updated by Stephen Fry in 1986 for a run that won a hatful of Olivier, Drama Desk, and Tony Awards.

FACILITATOR: Marilyn Tregwin – 41 Ravencliff Cres., Scarborough, ON M1T 1R7

Phone: (416) 493-3757 E-Mail: m.tregwin@gmail.com

MAKE CHEQUE PAYABLE TO: MARY MORTON TOURS. Send cheque and coupon to Marilyn Tregwin.

DEADLINE: August 22, 2017. *Please postdate your cheque to this date.*



Coupon: **Mrs. Henderson Presents**

Wednesday, March 22, 2017

Clip (or photocopy) this coupon and send it with your cheque made payable to:
Mary Morton Tours

Name (Print): _____

Phone #: _____

E-Mail: _____

Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$149.00 = _____

Would you like an e-mail confirmation: YES NO

If **NO**, a stamped, self-addressed envelope is required for confirmation.

Please check the following to give permission to share your contact information.

I (we) give permission to share contact information with the travel agency organizing this trip.

I acknowledge that I have read and understood the RTO waiver on page 14.

Signature(s): _____
Member Spouse/Guest

DEADLINE: FEBRUARY 15, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE

Coupon: **Singin' in the Rain**

Wednesday, April 12, 2017

Clip (or photocopy) this coupon and send it with your cheque made payable to:
Mary Morton Tours

Name (Print): _____

Phone #: _____

E-Mail: _____

Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$123.00 = _____

Lunch: Pork Schnitzel _____ or Chicken _____ (indicate numbers if more than one ticket)

Would you like an e-mail confirmation: YES NO

If **NO**, a stamped, self-addressed envelope is required for confirmation.

Please check the space following to give permission to share your contact information.

I (we) give permission to share contact information with the travel agency organizing this trip.

I acknowledge that I have read and understood the RTO waiver on page 14.

Signature(s): _____
Member Spouse/Guest

DEADLINE: FEBRUARY 24, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE

Coupon: **Million Dollar Quartet**

Thursday, May 4, 2017

Clip (or photocopy) this coupon and send it with your cheque made payable to:
Mary Morton Tours

Name (Print): _____

Phone #: _____

E-Mail: _____

Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$135.00 = _____

Lunch: Pork Schnitzel _____ or Salmon _____ (indicate numbers if more than one ticket)

Would you like an e-mail confirmation: YES NO

If **NO**, a stamped, self-addressed envelope is required for confirmation.

Please check the space following to give permission to share your contact information.

I (we) give permission to share contact information with the travel agency organizing this trip.

I acknowledge that I have read and understood the RTO waiver on page 14.

Signature(s): _____
Member Spouse/Guest

DEADLINE: MARCH 20, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE

Coupon: **Guys and Dolls**

Wednesday, June 21, 2017

Clip (or photocopy) this coupon and send it with your cheque made payable to:
Mary Morton Tours

Name (Print): _____

Phone #: _____

E-Mail: _____

Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$165.00 = _____

Would you like an e-mail confirmation: YES NO

If **NO**, a stamped, self-addressed envelope is required for confirmation.

Please check the space following to give permission to share your contact information.

I (we) give permission to share contact information with the travel agency organizing this trip.

I acknowledge that I have read and understood the RTO waiver on page 14.

Signature(s): _____
Member Spouse/Guest

DEADLINE: MAY 5, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE

Coupon: **Niagara Wine Tour**

Thursday, September 21, 2017

Clip (or photocopy) this coupon and send it with your cheque made payable to:
Mary Morton Tours

Name (Print): _____

Phone #: _____

E-Mail: _____

Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$114.00 = _____

Would you like an e-mail confirmation: YES NO

If **NO**, a stamped, self-addressed envelope is required for confirmation.

Please check the space following to give permission to share your contact information.

I (we) give permission to share contact information with the travel agency organizing this trip.

I acknowledge that I have read and understood the RTO waiver on page 14.

Signature(s): _____
Member Spouse/Guest

DEADLINE: AUGUST 21, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE

Coupon: **Me and My Girl**

Friday, October 6, 2017

Clip (or photocopy) this coupon and send it with your cheque made payable to:
Mary Morton Tours

Name (Print): _____

Phone #: _____

E-Mail: _____

Spouse/Guest Name (Print): _____

No. of tickets: _____ @ \$150.00 = _____

Would you like an e-mail confirmation: YES NO

If **NO**, a stamped, self-addressed envelope is required for confirmation.

Please check the space following to give permission to share your contact information.

I (we) give permission to share contact information with the travel agency organizing this trip.

I acknowledge that I have read and understood the RTO waiver on page 14.

Signature(s): _____
Member Spouse/Guest

DEADLINE: AUGUST 22, 2017. PLEASE USE THIS DATE ON YOUR CHEQUE

GOODWILL



GOODWILL CARDS

MARILYN HODGE – GOODWILL CARDS COMMITTEE CHAIR

In November 2016, 96 Christmas cards were sent out to District 24 members who were 85 and/or 90 years, as well as 8 sympathy cards and 12 thinking of you and/or get well cards.

When I am notified, get well, thinking of you or sympathy cards are sent to members or their families. Please inform me if you know of anyone who should receive a card.

Thanks are extended to all of you who let me know who needs a card.

Please use the subject line RTO – Goodwill Cards

If you know of anyone who should receive a Get Well or Thinking of You card, or the family of a District 24 member who should receive a sympathy card, please contact Marilyn at (416) 284-9984 or e-mail: mjhodge@sympatico.ca



GOODWILL TELEPHONE

LYNNE HORVATH – GOODWILL TELEPHONE COMMITTEE CHAIR

Our annual Goodwill Telephone campaign is about to start again in the spring. We still need more new volunteers to help us contact 1200 members who have retired on or before 1999.

We attempt to contact our senior members by telephone or by mail. Last year we sent out over 350 cards to members who do not live within the GTA. We currently have 45 phone lists and will probably have more this year. If you have a few hours to spare to assist us, please contact Lynne Horvath at 647-483-7377 or lynne.horvath58@gmail.com.

Thanks to all our volunteers who continue to help us with our calls!

RTO/ERO DISTRICT 24

NORDIC POLE WALKING CLUB

PAULA CHAMBERS – PROGRAM COMMITTEE CHAIR

Our Nordic pole walking Club has now been walking on a weekly basis for over a year. Weekly emails go out to everybody registered and give information on where we will be meeting.



This fall, on one of our Wednesday walks, we joined a group from Rouge Valley. We walked on the trails near the zoo and had a hiking experience. This experience exposed RTO members to one of the other walking groups in Scarborough. Although the terrain was a little more hilly than we are used to, we survived. I have received information from the Rouge Valley walking group to distribute to our members about the walks on Saturdays and Sundays.

Since most District 24 members prefer our usual flat, paved surfaces, that is what we will continue to walk on. I encourage people to purchase ice grips for winter walking. Thompson Park and Cedarbrook Park are both plowed in the winter and we will walk there when conditions are good. Otherwise, we will walk indoors on the track at the Pan Am Centre. Please send me an email if you are interested in joining us on our Wednesday morning walks.

Paula Chambers — paula.chambers@rogers.com

EXECUTIVE MEETINGS

All District 24 members are welcome to attend Executive Meetings. We will be meeting on Thursdays; April 6 and June 8, 2017, at the Cedarbrook Lodge Retirement Residence, 520 Markham Road, Scarborough. Refreshments are at 9:00 a.m., with the meeting beginning at 9:30 a.m. and ending around 12 noon.

The Cedarbrook Lodge Retirement Residence is located on west side of Markham Road, south of Lawrence Ave. E. Please use only the designated visitor parking spaces.

Ask for directions to our meeting room at the main desk.

RTO/ERO DISTRICT 24 EXCURSIONS

FOOTLOOSE

DUNFIELD THEATRE

PAULA CHAMBERS - PROGRAM COMMITTEE CHAIR

The final District 24 theater trip for the season was on Thursday, October 13, 2016, to the Dunfield Theatre in Cambridge to see Footloose. RESTAURANT & WINE BAR



Our day began at the outlet mall where we did some early Christmas shopping. Lunch was at the Black Shop restaurant. It was outstanding and we will definitely be returning to this restaurant next season. As usual, our seats at the theatre were excellent. The singing and dancing in the performance was top-notch. Overall, we enjoyed the play very much. On our return trip we took the 407 and cut off a lot of time. What a wonderful way to end our season.



RTO/ERO DISTRICT 24



HAVA ★ JAVA

The inaugural RTO District 24 Hava ★ Java meeting was held on Monday, November 28, 2016.



Hava ★ Java was off to a terrific start with twenty-two District 24 members in attendance. It was enjoyable to connect and converse with fellow RTO members and make new acquaintances. Parking was plentiful, and a variety of coffee, tea, and baked goods were available to our members.

District 24 invites all members to attend future Hava ★ Java meetings and enjoy a hot beverage and bakery item “on us!” Tentatively, the Hava ★ Java get-togethers will be on the last Monday of each month from 10:30 a.m. to 12 noon.



Please plan to join us on the following dates:

- Monday, January 30, 2017
- Monday, February 27, 2017
- Monday, March 27, 2017
- Monday, April 24, 2017
- Monday, May 29, 2017
- Monday, June 26, 2017



For location and further details, please refer to the back cover.



RTO - DISTRICT 24 Christmas Luncheon



On Wednesday, December 7, 2016 , the RTO District 24 Christmas Luncheon was held at the *Scarboro Golf and Country Club*. The beautiful Christmas decorations and seasonal music made for a delightful pre-Christmas afternoon event.

Over 190 members and guests thoroughly enjoyed a bountiful luncheon and were totally impressed with the professionalism of the staff at *The Club* and their accommodation of our members.





District 24 expresses thanks to Noreen and Les Coombs for their work in organizing and facilitating this event.

Photography courtesy of Hall McCullough



Hava ★ Java

A New Event for District 24

This get-together, at Calabria Bakery, 1770 Midland Avenue in Scarborough (between Lawrence Ave. E. and Ellesmere Rd. on the west side), provides an opportunity for District 24 members to meet, socialize, and renew past friendships, as well as network with members and convenors of various activities.

District 24 would like to have our get-togethers on the last Monday of each month from 10:30 a.m. - 12 noon.

Upcoming Hava ★ Java Events

- Monday, January 30, 2017
- Monday, February 27, 2017
- Monday, March 27, 2017
- Monday, April 24, 2017
- Monday, May 29, 2017
- Monday, June 26, 2017

We hope that you will join us for a coffee and pastry which will be subsidized up to \$3.00 by RTO/ERO District 24.

There is parking at the front and back of the bakery.

Annual General Meeting – Thursday, May 25, 2017: See Page 2 for Details

Change of Address? Are you moving?

Is there a change in your contact information? Contact Dianne Vezeau at the RTO/ERO Provincial office:

**In writing: 18 Spadina Road,
Toronto ON M5R 2S7**

By phone: 1 (800) 361-9888, ext. 223

By e-mail: dvezeau@rto-ero.org

The Provincial office does not accept notices regarding address or contact information from third parties, such as District Executive members. Changes must come directly from the member or from the member's Power of Attorney (accompanied by a Power of Attorney form if RTO does not have one currently on file).

Upcoming Events - Dates to Remember

- | | |
|-------------|--|
| January 30 | District 24 HAVA ★ JAVA – All are invited
– Calabria Bakery, 1770 Midland Avenue |
| February 27 | District 24 HAVA ★ JAVA – All are invited
– Calabria Bakery, 1770 Midland Avenue |
| March 22 | Mrs. Henderson Presents
– Royal Alexandra Theatre, Toronto |
| March 27 | District 24 HAVA ★ JAVA – All are invited
– Calabria Bakery, 1770 Midland Avenue |
| April 6 | District 24 Executive Meeting – All are invited
– Cedarbrook Lodge Retirement Residence |
| April 12 | Singin' in the Rain
– St. Jacobs County Playhouse, St. Jacobs |
| April 24 | District 24 HAVA ★ JAVA – All are invited
– Calabria Bakery, 1770 Midland Avenue |
| May 4 | Million Dollar Quartet
– Dunfield Theatre, Cambridge |
| May 25 | District 24 Annual General Meeting and Luncheon
– Qssis Banquet Hall |
| May 29 | District 24 HAVA ★ JAVA – All are invited
– Calabria Bakery, 1770 Midland Avenue |
| June 8 | District 24 Executive Meeting – All are invited
– Cedarbrook Lodge Retirement Residence |